

WINE AND WHISKEY WALK AT WEST GLEN ON SEPT. 23. SEE DETAILS INSIDE.

SEPTEMBER 2022

CITYVIEW

Your city. Your style. Your news. We are Des Moines!

Art... OUTDOORS

A photographic feature of public art — and art in public places — in central Iowa.

FEATURE

Educator exodus.

What's causing staff shortages and teacher burnout?

FOOD DUDE

Irina's Steak and Seafood.

Second location offers expanded choice of prime steaks.

COLLECTIONS AND HOBBIES

Stubs of memories.

Terry Bentall saves concert tickets dating back to 1968.

MORE OFFERS!



Hot Tub
GIVEAWAY

**GRAND PRIZE DRAWING:
FRIDAY, SEPTEMBER 30 - 9PM**

One winner will receive a 6-person hot tub! Plus, 15 winners will share \$5,000 in free slot play!

SWIPE FOR ENTRIES ALL MONTH

FREE ENTRY
every day

BONUS ENTRY
with every
100 slot base
points earned

20X ENTRIES
every Monday,
Tuesday &
Wednesday



Actual product may vary.

HOT TUBS - POOLS - SAUNAS

DRF SPORTSBOOK

Special New Customer Offer
Open an Account at ia.drf.com

\$300

NO FRET BET

Promo Code: **DRF300**



SCAN FOR DETAILS

TERMS AND CONDITIONS APPLY. VISIT IA.DRF.COM FOR DETAILS. GAMBLING PROBLEM? CALL 1-800-BETSOFF OR VISIT BETSOFF.ORG.



MORE
OFFERS · VALUE · REWARDS

SIGN UP FOR THE A-PLAY® CLUB!

Sign up & receive up to
\$100 FREE SLOT PLAY!

It's Free!

NEW MEMBERS RECEIVE UP TO



See the A-Play Club for details. New members only.

LAKESIDE
HOTEL-CASINO
OSCEOLA, IOWA

777 Casino Drive, Osceola, Iowa | 877-477-5253

Must be 21 years of age or older with a valid ID and A-Play® Club Rewards Card. The offer is non-transferable and based on rated casino play. See the Lakeside Guest Services Center for complete details. Management reserves all rights to modify or cancel this promotion at any time. Terms and conditions apply. Gambling problem? Call 1-800-BETS-OFF or visit BETSOFF.ORG.

FROM THE PUBLISHER

More public art. Fewer public teachers. Disappearing summer help. And LOOK!

There was a time in many Iowa communities when public art was something spraypainted on a railroad underpass or on a water tower. Thankfully, times have changed. Elected officials — and even many taxpayers — now see the value in having art displayed in public places. We share examples of these in our photo feature of publicly displayed art in this issue. ...

With summer winding down, that means the kids are back in school. But who is teaching them? News of a teacher shortage has been widespread, but what has caused it? And what is being done to rectify it? Find out what local schools are doing in our feature story this month. ...

On a related note, what do local business owners and managers do when their summer help goes back to the classroom but their doors are still open for business? It is a dilemma that many business owners and managers who rely on summer help have to deal with this time of year. Learn about their challenges — and their solutions — in the pages of CITYVIEW's Business Journal section this month. ...

Love food? Want to find out about the many restaurant options that exist in central Iowa? Look no further than our RELISH magazine, which is inserted in this month's issue of CITYVIEW. ...

Join us as we Belly Up to a new hot spot, Aura, which opened in the former home of Trostel's Dish. ...

Some of our more seasoned readers may recall a publication called LOOK magazine that had a national audience and was produced locally in the Register and Tribune offices. Kristian Day interviews some of the folks who put it together and shares their memories in his Des Moines Forgotten column. ...

And we take a spin in a Lexus ES 300H hybrid this month in our Cars in the City column.

Find all this and much more in the following pages of your locally owned and operated CITYVIEW magazine.

Thanks for reading. ■

Shane Goodman
President and Publisher
 Big Green Umbrella Media
 shane@dmcityview.com
 515-953-4822, ext. 305



Start your morning off right with an update from
the daily umbrella

Brief updates on local news, weather, events, career opportunities and the morning chuckle.

Delivered Mondays through Fridays to your inbox.

SCAN HERE

Brought to you by the publisher of CITYVIEW and the Iowa Living magazines.









A lot has changed in 25 years, but what hasn't changed is our commitment to providing excellent service to our customers.

We Need YOUR Vote for BEST Local Auto Shop!



515-225-9090

www.westsideautopros.com

Your premier auto repair and service shop serving Des Moines & Clive!

**CALL
ROTO-ROOTER
TODAY**
for all
your
plumbing
needs!



**Serving Polk, Dallas, Warren,
Guthrie, Madison & Clarke Counties**



**NOW
HIRING**
service techs
and plumbers!

**Clogged Drains - Full Service Plumbing - Hydro-Jetting
Camera Inspection and Locating Sewer Lines
Sump Pumps - Water Heaters**



**OPEN 24/7
INCLUDING HOLIDAYS**
515-278-5668
rotorooterdesmoines.com

CITYVIEW

Your city. Your style. Your news. We are Des Moines!

EDITOR / PUBLISHER
Shane Goodman

VICE PRESIDENT
Jolene Goodman

STAFF WRITER
Sofia Legaspi Dickens

EDITORIAL CONTRIBUTORS

Douglas Burns
John Busbee
Kristian Day
Jim Duncan
Brian Duffy
Randy Evans
Greg Ganske
David Rowley
Ashley Rullestad
Colson Thayer
Joe Weeg
Jackie Wilson

SALES MANAGER
Pat Checketts

ACCOUNT EXECUTIVES
Megan Pugh
Nick Noah

DESIGN MANAGER
Celeste Tilton

ADVERTISING DESIGNER
Jayde Vogeler

DIGITAL
Beckham Miller

BUSINESS OFFICE
Brent Antisdell

DISTRIBUTION
Mike Chiston



ADDRESS: 8101 Birchwood Court, Suite D, Johnston, Iowa 50131

PHONE: 515-953-4822 **FAX:** 515-953-1394

WEB: www.dmcityview.com

EMAIL: editor@dmcityview.com

CITYVIEW is delivered throughout central Iowa to more than 750 locations every month. To request delivery of CITYVIEW to your business, or to inquire about our distribution services, call 515-953-4822, ext. 304. Annual mailed subscriptions are available by mail at a rate of 12 issues for \$29. CITYVIEW is a monthly magazine published by Big Green Umbrella Media Inc., an Iowa corporation. Contents 2022 Big Green Umbrella Media, Inc. All rights reserved. Nothing may be reprinted in whole or in part without permission of the publisher. First copy of CITYVIEW is free at the newsstand. Subsequent copies are \$5 each. Copies of past issues, as available, may be purchased for \$5 each (plus shipping if required) from the CITYVIEW offices. One copy per reader, please. It is unlawful to remove copies in bulk; violators will be prosecuted to the fullest extent of the law. Editorial Policies: Contact the publisher for permission to reprint articles, cartoons or any other portions of the paper. CITYVIEW is not responsible for unsolicited manuscripts. All letters received become the property of the publisher. We reserve the right to print letters in condensed form and to edit them for libel.



TO SUBSCRIBE:

SCAN HERE



**\$29 per year
for 12 issues
mailed**



Scan the QR code, mail in this form, call (515) 953-4822 x316, or online at www.dmcityview.com.

YES! Send me an annual subscription (12 issues) for \$29. My payment is as follows:

Check enclosed or Credit card

Full name _____

Address _____ City/State/Zip _____

8101 Birchwood Court Suite D _____ Card # _____ Exp. _____ 3 digit code _____
Johnston, Iowa 50131

Phone # _____ Email _____

Signature _____



Downtown Car Service

**Everything you need to maintain your car.
Close to where you live or work downtown.**

- ✓ Conveniently located just North of the Principal campus.
- ✓ Professional, fair priced alternative to the dealership.
- ✓ We'll drive you safely home or to work and pick you up.

**Concerned about the need or price for a repair? Call us to
speak immediately with our experts about your service choices.**



Please Call 515-243-8185

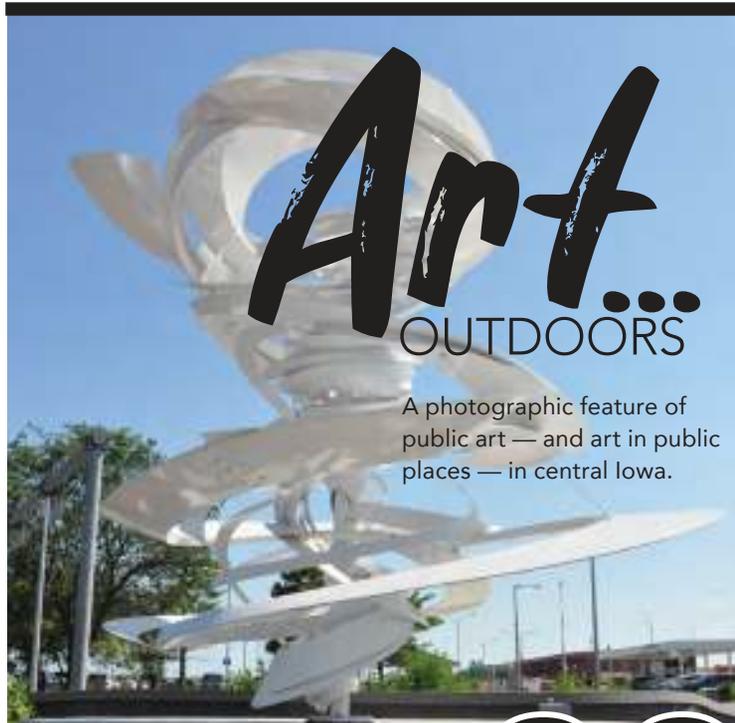


901-8th Street, Downtown, Des Moines www.beckleyauto.com

CONTENTS

CITYVIEW

SEPTEMBER 2022



Art... OUTDOORS

A photographic feature of public art — and art in public places — in central Iowa.

FEATURE

22

ART... OUTDOORS

A photographic feature of public art — and art in public places — in central Iowa.

FEATURES

- 22 ART... OUTDOORS**
A photographic feature of public art — and art in public places — in central Iowa.
- 32 BACK TO SCHOOL FOR BUSINESSES**
Dealing with shifting schedules for student employees
- 66 EDUCATOR EXODUS**
Local schools face staffing shortages and teacher burnout.

NEWS & COMMENTARY

- 12 STRAY THOUGHTS**
A welcome antidote for what ails our spirits
- 13 GUEST COLUMN**
Marijuana should be legal. Moderation in all things.
- 14 CIVIC SKINNY**
Palmer postpones retirement. Campaign dollars climb. VA clinic opens.
- 18 POLITICAL MERCURY**
What it's like being falsely tagged as a child molester

EAT & DRINK

- 63 BELLY UP TO:**
Aura offers good vibes
- 76 FOOD DUDE**
Irina's Steak & Seafood
- 78 LUNCH WITH**
Bill Luchsinger and Karen Strohbeen at Zanzibar

SPECIAL SECTIONS

- 40 50 FAVORITE PLACES FOR A DRINK**
- 50 MOSCOW MULE MAYHEM WINNER!**
- 54 WINE & WHISKEY WALK**
- 79 ULTIMATE TACO CHALLENGE**
- 101 GET THE JOB**
An unhappy workforce can cost money

ARTS & ENTERTAINMENT

- 82 FILM REVIEWS**
"Dragon Ball Super: Super Hero"
- 84 ART NEWS**
Victorian and Romantic ages revisited
- 85 IOWA ARTIST**
Pat Millin
- 90 BOOK REVIEWS**
"Lute" and "Starry Messenger: Cosmic Perspectives on Civilization"
- 92 CENTER STAGE**
Western theatrical energy continues to grow tall
- 96 CARS IN THE CITY**
Lexus ES 300H

MUSIC

- 80 SOUND CIRCUIT**
Greta Van Fleet
- 80 SOUND ADVICE**
The High Crest, Sara Routh and more

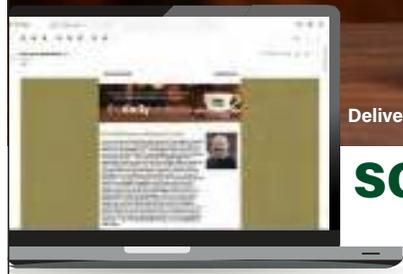
PERSONALITIES

- 88 JOE'S NEIGHBORHOOD**
"Butter and love, baby"
- 94 DES MOINES FORGOTTEN**
LOOK Magazine
- 97 YOUR NEIGHBOR**
Retiring doesn't mean retreating
- 98 PEOPLE & PETS**
Snakes and cats coexist
- 99 COLLECTIONS & HOBBIES**
Stubs of memories

- 100 WALKS OF LIFE**
Garden harvest

Start your morning off right with an update from
thedailyumbrella

Brief updates on local news, weather, events, career opportunities and the morning chuckle.



Delivered Mondays through Fridays to your inbox.

SCAN HERE

Brought to you by the publisher of CITYVIEW and the Iowa Living magazines.





HIRE AN AWARD WINNING LAW FIRM

Have you been injured in a car,
motorcycle or truck accident?

**We Can Help You Recover
Money to Regain Your Life**

CALL 515-INJURED

We pride ourselves on customer service. That is one reason our clients have voted us Best Law Firm for seven years in a row! There will be no fee unless we recover money for you. Free home or hospital visits available.



**THANK YOU FOR
VOTING US BEST
LAW FIRM 7
YEARS IN A ROW!**

FREE CONSULTATIONS



Thank you for voting us
**BEST LAW FIRM
7 YEARS IN A ROW!**

BAER LAW OFFICE

838 5th Avenue, Des Moines • kbaer@baerlawoffice.com

FREE PARKING *www.BaerLawOffice.com*

KIM BAER, Attorney
Over 32 years of experience

(515) 279-2000



Classic!
retirement living at its best

Calvin Square brings new independent senior living options to Calvin Community's campus.

Living in a spacious townhome or luxury apartment puts you in the heart of Des Moines' iconic Beaverdale neighborhood, less than a block from locally-owned shopping, dining and services.



Calvin Square offers one and two-bedroom apartments and townhomes with private elevators.



Spacious floor plans with features designed for older adults lay the foundation of comfort at Calvin Square.



For details call
Shelly Charter
515.633.2566

Take a virtual tour today!
calvinsquare.com



ASK CITYVIEW

By CITYVIEW staff

Ask CITYVIEW anything by emailing editor@dmcityview.com.

Q.

I noticed the glass mural that used to be displayed downtown along the Des Moines River is still gone. Will it be back?

A.

Titled "Expansion" and designed by Japanese-American artist Jun Kaneko, the iconic mural was removed last December and sent to Germany for repairs. Parts of the mural were smashed with rocks during the city's period of civil unrest in 2020.

"Expansion" was installed in October 2013 on the north exterior wall of the Court

Avenue Pump Station. The artwork displays 45 different colors of hand-blown glass bands illuminated with 39,060 LED lights.

The initial damage to the glass cost more than \$90,000. After the panels were removed for repair, it was discovered that the lighting also needed to be replaced. According to a spokesperson from the Greater Des Moines Public Art Foundation, "Expansion" is expected to be reinstalled this October.



Photo courtesy of GDMAF

Q.

From where does the Des Moines Art Foundation receive its funds?

A.

Formerly a commission of the City of Des Moines, the Greater Des Moines Arts Foundation (GDMAF) is now a separate nonprofit organization. The Foundation is allocated funding through the City's budget in order to employ an executive director, cover administrative costs and present some programming. The Foundation was allocated \$200,000 this year from the City of Des Moines, according to Board President Susan Fitzsimmons, who further explained that 60% of that sum is designated for administrative purposes and 40% used for programming. Any other funds needed are privately raised, including through individuals, philanthropic organizations, corporations and grants.

Fitzsimmons has been board president since January, the same month Executive Director Jessica Rowe resigned. An ongoing search for a new executive director is expected to conclude this month.

Q.

What is the difference between the terms "public art" and "art in public places"?

A.

The terms are often used interchangeably. Both refer to art pieces that are both visually and physically accessible to the public — generally, but not always, installed outdoors. According to GDMAF's website, "art in public places" is a more general term (for example, an existing sculpture being placed on a street corner). On the other hand, "public art" is more in tune with its community. Often, public art is specifically designed for its installation site, reflecting its environment, history and potential audience. Regardless of its category, art that reaches beyond the boundaries of traditional galleries and museums has been shown to enrich communities and encourage neighborhood pride. ■

TO THE READERS OF CITYVIEW...
WE CARE WHAT YOU THINK

BEST

OF DES MOINES

VOTE



NOW

Show the love to your favorite local businesses and have your voice heard in 2023. We ask you to again **VOTE** for the best haunts, the best dog groomer, the best nonprofit, the best trivia night, the best physical therapist and more. Let's celebrate Des Moines. Let's define what we love most about living here.

GO TO [DMCITYVIEW.COM](https://dmcityview.com)

VOTING ENDS MONDAY, NOVEMBER 14.

YOUR VIEW

Letters are edited for space, spelling and clarity.

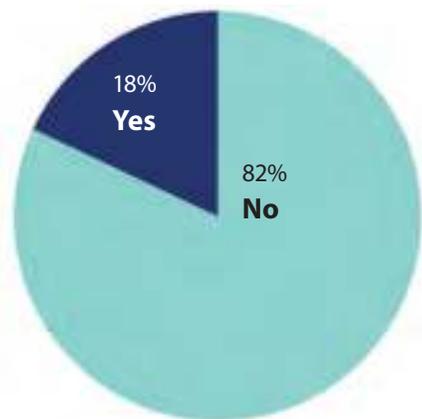
Join the conversation!

Do you have a comment or photo you'd like to share with the readers of CITYVIEW through this page? Use the hashtag #dmcityview on Facebook, Instagram or Twitter — or email editor@dmcityview.com.

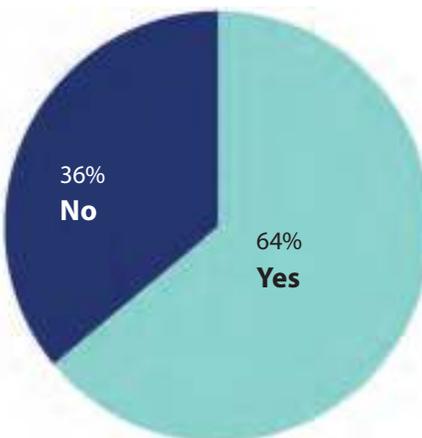
POLL POSITION

Results from last month's polls at www.dmcityview.com

Do you water your lawn?



Do you think we are heading toward an economic recession?



LETTERS TO THE EDITOR

Obsolete?

In "Little Red Corvette" [Aug. 2022], Jackie Wilson reports the 2022 Coupe 1 LT Model goes 0 to 60 mph in 2.9 seconds. But is it obsolete, since the Tesla Model X Plaid reaches it in 2.5? Not quite — the Corvette wins at the quarter mile (9.01 to 9.9 sec). Let's just say "obsolescent," like the Baby Boomers who buy this ride. (I could have related "The Elephant and The Mouse" joke that involves a red Corvette convertible, but it is unsuitable for a family newspaper.)

"Hi" to Jim Duncan, the world's best food writer and the world's worst food photographer. -*Jim Zeller*

Offended by Duffy

I would've hoped that your publication would be more bipartisan, but instead after looking at the August edition I feel attacked politically! I am currently looking at this Duffy's View political cartoon of which you dedicated the entire page to. In trying to promote Des Moines, you should be thinking about everybody. -*Nancy Aldrich*



I was horrified

Thank you for the theater location correction! I was horrified, yes, that's the correct description of my feelings

when I read the story. My afterthoughts quickly went to "probably" the story's origination having come from someone in a generation after the baby boomers — those of us who actually went to the theater and remember the theater's connectedness with other businesses and people within the community. -*Sharon Johnson*

Prodigious output

Jim Duncan's columns and articles in CITYVIEW are always a delight and a treat, but his prodigious output in the August issue was a bountiful cornucopia.

What from another writer might have been just a mere intro to the magazine's "Ultimate Taco Challenge" was, in his hands — as was the case when he wrote about Steak de Burgo ahead of that challenge — not only a comprehensive history of the food item but also a compendium of commercial emporia throughout the Des Moines area that are serving that food.

Plus, his review of MinGaLaBar not only introduced readers to the arrival of Burmese dining in Des Moines, but also was a mouth-watering description of what the restaurant has to offer. And, finally, thank you for bringing me up to date on my Dowling High School classmate Jerry Talerico, who paid loving tribute to the "old school" Des Moines restaurants he grew up with: Babe's and Christopher's (where both of my parents also worked), Rocky's, Noah's Ark, Chuck's and his dad's Vic's Tally Ho.

But, by the way: Red and Joe Giudicessi's eatery at the Iowa State Fair was not a "concession stand." It was a full-sized, stand-alone restaurant inside the Varied Industries Building — at least, it was in the 1970s. I remember it well, because I worked there one summer bussing tables and replenishing the food service line. -*Tim Sacco*

FACEBOOK COMMENTS cityview magazine (comments unedited)

Cityview Magazine: What are your favorite public art pieces around Des Moines?

Danny Carman: The giant black dong in the sculpture garden

Bruce Espe: Water works park

Adam J. Moraine: "Nomade" and "Love" at the Pappajohn Sculpture Park.

Ray G Lakers: Merle Hay naked bike guy

Pat Dickerson: El Bait Shop

Cityview Magazine: What SHOULD be sculpted in butter at the Iowa State Fair?

Jeremiah Morris: Women's reproductive rights

Jeff Carlson: Zero things. Save money. Why waste butter?

Shawn Fox: Butter sculpted to look like a box of butter. It'd be so ironic.

Laura Lynn Dehnke: A giant skateboard, to represent the largest national park

David Hicks: Slipknot, all 9.

Ashton Hoffman: The wave at the children's hospital!

Jeremie Taylor: They should make a butter sculpture of folks making butter sculptures.

Matt Lamb: Chip and Dale from the hit 90s cartoon Chip N' Dale Rescue Rangers.

Jane Burns Lawson: A can of Busch Latte

Cinemaize: Famous Fictional Iowa Natives like Miss Piggy, Hawkeye or The Flash. John Wayne from one of his Westerns would be good too.

Chuck Utech: I would like to see a butter farm to table. Butter animals and veggies and then like a butter chicken sandwich

Matt Weis: Mobility scooter

Johnathan Colton: Herky or Cy

Kendra Schiebel Essink: Butter French bulldog

Greg Januska: Joni Ernst's hairdo.

William Mittler: Marlon Brando and Maria Schneider

RETWEETS (comments unedited)

@emanbelanger: mayor, handing me tissues: you do understand what a "town crier" is, yes?

@Kendrayonce: as a job-stealing immigrant, I now have 36 jobs and counting. I keep them in my basement like some kind of job dragon. what u gonna do?

@matt_obrien: chips are basically like "do you want to eat a potato one page at a time"

@fartoothinky: Once in third grade I karate kicked at a popular girl because she was making fun of me and my shoe flew off and went directly into her mouth. So, yes, I guess you could say I know a thing or two about martial arts.

@geekysteven: What Abba never mentioned is that Dancing Queen is really a figurehead position. All the real power is in the hands of Dancing Parliament.

@YourMomsucksTho: if you ate peanuts out of those bowls on bars in the 80's or 90's you're a little gross for doing that but you're also immune to pretty much every virus or disease ever

@a_simpl_man: I like how the inventor of the word "though" was done after just 3 letters but just kept going.

@TheRealPalMal: Friend: Good for you for working out.

Me: I said I done squat today.

@TapasGirl2: I thought I liked salads...turns out, I like croutons and ranch dressing.

CHOMP ON OVER...
COME EXPLORE OUR STORE!

Learning Post & Toys

Thank you for shopping local!

50% OFF
FALL SIDEWALK
SALE

NEW
ITEMS
ADDED
DAILY!

**Learning
Post Toys**

Educational Products, Classroom Supplies,
Toys, Games, Books, Puzzles, and more!

2761 100TH STREET, URBANDALE

(515) 331-8008 • LEARNINGPOSTTOYS.COM

LOCALLY OWNED SINCE 1977

Take a
"SELFIE"
with our
pet T-Rex!

Dinosaurs
Galore!



STRAY THOUGHTS

BY RANDY EVANS

A welcome antidote for what ails our spirits

Two examples of support for each other

Not all of the best medicine comes with a prescription from a physician.

Don't read this to mean I am advocating treating coronavirus with ivermectin, a drug more often used on horses. That's not what is on my mind today.

Recent news has left many of us discouraged. Floods, wind storms, shootings, politicians, pestilence, and on and on. It is not surprising the news has jolted many people's psyche.

But I have found other news that gives me a boost of positive energy that is worth savoring and sharing:

A real winner

Athletic competition these days is filled with too many examples of unsportsmanlike conduct. I remember the awful scene captured on a spectator's cellphone video last winter when players were walking through the customary handshake line after a high school basketball game in central Iowa.

For whatever reason, one student punched an opposing player in the face, knocking him to the floor unconscious. It shocked fans and was national news. Two weeks ago, there was another unexpected sports incident. This time, it left many people cheering.

The event occurred at a regional baseball championship game between teams of 12-year-olds from suburban Houston, Texas, and Tulsa, Oklahoma. There was a lot on the line — a trip to the Little League World Series for the winner, and for the loser, the end of the baseball season and thoughts forever of what might have been.

Kaiden Shelton, playing for the Texans, lost control of a pitch to batter Isaiah Jarvis. The ball quickly sailed high and inside and struck Isaiah in the front of his helmet. The helmet flew off. Isaiah fell to the ground, clutching his head for a few terrifying moments.

He then got to his feet and moved on to first base. Seeing Kaiden was in distress over what occurred, Isaiah then walked to the pitcher's mound. In another league at another time and under different circumstances, that could have led to an argument, or worse. Instead, Isaiah gave Kaiden a comforting hug.

Kaiden repeatedly expressed his regret and asked Isaiah how he was feeling. Isaiah later told reporters, "I was making sure he was OK and was telling him it was fine."

Kaiden Shelton and his Texas teammates went on to win and advance to the Little League World Series in Williamsport, Pennsylvania. But Isaiah Jarvis and his classy actions after being beamed had baseball fans, and non-fans, across the nation calling him a winner, too.

Stephen Skocik, an official of the Tulsa Little League, told the Washington Post, "This is why we play. We're trying to make major league people."

Isaiah's father, Austin Jarvis, put it this way: "Being a good person is more important than being a great player."

A needed lift

Traveling by horse-and-buggy may not be your cup of tea. Forgoing electricity might not ring your bell. But the Amish people of Davis County taught all of us a wonderful lesson this month when it came time to move a large barn on a farm west of Bloomfield.

The lessons were not the finer points of building construction or engineering, although the barn-moving project was fascinating. The barn is 40 feet wide, 80 feet long and stands 18 feet tall at the sidewalls.

Owner Freeman Beachy estimates the structure weighs 10 tons. He has a new house and wanted the barn closer to the new location to shelter his horses, buggies and hay.

That new location is about 900 feet from where the barn had been standing. That distance is the length of

three football fields.

Amish ingenuity was put to the test when the mover Beachy lined up was not going to be able to get to the job as quickly as the Davis County farmer wanted. So, Beachy put the word out to families in a dozen Amish churches across southern Iowa that he needed help.

About 300 volunteers were lined up, literally and figuratively, to lift the barn in unison and walk it about one-fifth of a mile to the waiting foundation.

The Herculean task took about 20 minutes. Then, with the barn securely in place, the sweaty laborers gathered inside to offer a song of thanks the project had gone safely. The song this 300-voice Amish choir chose for their impromptu thanksgiving was in the spirit of the event — the German song, "Gott ist die Liebe," or "God Is Love."

After the song to nourish the movers' souls, it was time for ham sandwiches and homemade ice cream to nourish their bodies. Beachy's wife, Edna, with help from women in the area, had 500 hot sandwiches and 32 gallons of cold dessert waiting for everyone.

B.J. Grant of Bloomfield was one of the few "English" to help with the move. "English" is an Amish term for those who are not Amish.

Amish or not, Grant had the best takeaway from the barn-moving: "This event should be an example for the community as a whole on how to work together without jealousy or envy. In the English world that doesn't happen, but in the Amish community, they support each other," he told the Bloomfield Democrat.

When we keep our eyes open, we can find news that helps provide a welcome antidote to what is poisoning our lives these days. ■

Randy Evans can be reached at DMRevans2810@gmail.com.





We specialize in innovative Mexican food and our famous Seafood Fajita.

PATIO SEATING AVAILABLE

elmuchachoalegreiowa.com
4570 University Ave, West Des Moines

LUNCH SPECIALS

MONDAY THROUGH FRIDAY STARTING AT \$8.99

DINNER SPECIALS EVERY DAY

20 oz MARGARITAS \$4.99
Mon-Thurs. | Frozen or on the rocks

NO CREDIT CARD FEES!

Call today and receive a

FREE SHOWER PACKAGE

PLUS \$1600 OFF



1-855-517-1892

With purchase of a new Safe Step Walk-In Tub. Not applicable with any previous walk-in tub purchase. Offer available while supplies last. No cash value. Must present offer at time of purchase. CSLB 1002165 NSC0 0002999 0003445

GUEST COMMENTARY

BY GREG GANSKE

Marijuana should be legal. Moderation in all things.

The market should be regulated on both the state and federal levels so customers can be aware of safe dosages and be free of worries of contamination by buying only authorized product.

Last September in an essay I wrote for The Des Moines Register, I advocated the legalization of recreational marijuana (“It’s time to legalize recreational marijuana in Iowa and nationally,” Sept 26). In the past week, the editorial board of USA TODAY raised similar concerns in calling for federal legalization of marijuana.

I am not advocating marijuana use any more than I advocate the use of alcohol, to which I compared it. People ask me if I still hold that view in light of more recent medical information on the dangers of chronic marijuana use.

I still do, with caveats.

I have been concerned about the health consequences of drugs for a long time. When in Congress, I gave a general assembly talk at a Council Bluffs high school on the dangers of drug abuse. I outlined the addiction problems and health issues of methamphetamine, cocaine and heroin, among other recreational drugs. The students were bored and restless so I switched tactics. I said, “If you boys want bigger breasts and smaller testicles, just smoke a lot of grass.” Needless to say, they all sat up and paid attention!

I explained how THC, the active chemical in marijuana, can, especially with teenage boys, act like a feminizing hormone and cause gynecomastia and smaller testicles. In my medical practice, when I saw teenage boys for breast enlargement, I always asked them if they were smoking a lot of grass. If they were, I explained how the THC could be contributing and that they should give it up for six months before we decided on surgery. I explained that, if they quit the marijuana, the breast enlargement might reside on its own.

I still think that the balance sheet shows that alcohol causes significantly more health problems than marijuana and that the legal penalties for marijuana possession are disproportionate, especially given the impact on minority populations. I continue to hold that legalization would help regulate its use and decrease the chances of contamination with other drugs such as fentanyl,

which can be deadly.

In my previous op-ed, I acknowledged that “both marijuana and alcohol can have bad health effects.” What is changing is that higher-potency THC is causing more people to become addicted around the world. Compared with those who use lower-potency marijuana for sleep, such as the 5-mg to 10-mg gummies retired Iowa State University professor Dick Haws discussed in his recent essay (“For me, marijuana gummies are worth the drive and the taxes,” July 31), using higher-potency marijuana is more likely to cause addiction and mental health problems. A recent study published in *Lancet Psychiatry* showed that high-potency cannabis increases your chances of cannabis dependency syndrome fourfold.

People can become addicted to many things, but these things are not equally addictive. In the past, only 3% to 4% of people who tried marijuana met criteria for cannabis use disorder, but 20% or higher of those who try cocaine get addicted. That risk increases with the use of higher-potency THC.

Physical withdrawal from marijuana is not particularly life-threatening compared with withdrawal like delirium tremens from alcohol or narcotic withdrawal with significant cardiovascular changes. Nevertheless, it can cause anger, aggression, irritability, anxiety, nervousness, decreased appetite and sleep difficulties. It can also cause physical symptoms such as headaches, nausea, vomiting and abdominal pain. We are learning that higher concentrations of THC increase not only the chance of withdrawal but the severity of it.

This is not just smoke in the wind! According to a 2020 British study, THC concentrations in a gram of herbal cannabis have increased by 2.9 milligrams annually, while cannabis resin extracts, which are typically more potent than the flower, have increased about 5.7 mg each year.

Coupled with this change in potency is the invasion of drug cartels into rural California growing higher-concentration plants. This is not your ma-and-pop plot of 50 plants of the variety the baby

boomers smoked in the ’70s. Just recently, California authorities in one raid confiscated 15.5 tons of marijuana worth \$1.2 billion. The cartels are growing so much marijuana that they are stealing huge amounts of water from drought-stricken farmers, in the range of 2 to 3 million gallons of water per day.

If the crime caused by cartels in the rural areas and the loss of water to farmers isn’t bad enough, this high-potency marijuana is illegally hitting the streets, and sometimes contaminated with fentanyl.

While recreational marijuana is now legal in the majority of states, most have found that illicit markets are still larger than the legal ones. The USA TODAY editorial blames high taxes on legal marijuana and bureaucracies slow to set up authorized stores, monitor growers and regulate manufacturers. The combination of higher-potency THC with cartels flooding the markets with cheap, unsafe marijuana must be met with even more aggressive law enforcement of marijuana cultivation.

The best way to do this is to regulate the market on both the state and federal level so that customers can be aware of safe dosages and be free of worries of contamination by buying only authorized product. Government should lower taxes to make legal product more competitive with street marijuana, streamline the bureaucracies in licensing, strictly enforce age limits to those 21 and older, destroy illegal mass marijuana cultivation, and punish those illicit mega-growers with stiff prison sentences.

We regulate the production of alcohol and tobacco; we should do a better job with marijuana. So, yes, I still favor state and federal marijuana legalization, maybe even more so, but with provisos as we further consider the health effects of marijuana.

Aristotle’s principle of moderation in all things applies to use of marijuana as it does to alcohol. ■

Dr. Greg Ganske is a retired surgeon and former U.S. congressman from Iowa in 1995 to 2003.



CIVIC SKINNY

BY CITYVIEW STAFF

Palmer postpones retirement. Campaign dollars climb. VA clinic opens.

The Prairie Meadows Board of Directors recently voted to extend the contract of CEO **Gary Palmer**, who had formerly planned to retire at the end of 2023.

“I had a group of Prairie Meadows board members ask if I’d stay a little bit longer, and I told them I’d think about it,” Palmer told CITYVIEW. “And I got back with them and told them I’d stay a few more years.”

The decision came during an unexpected board meeting on Aug. 12. When the meeting was called to order, the board immediately went into closed session for about one hour. Palmer and the recording secretary exited the meeting room as well. When the public meeting resumed, a motion to extend Palmer’s contract to Dec. 31, 2026, was passed unanimously. An ongoing search for an executive vice president, who presumably would have become CEO after Palmer’s retirement, was postponed in a motion passed 8 to 4 — a previous motion to terminate the search failed 6 to 6. Palmer said that an individual had not yet been identified in that

search.

Palmer is paid an annual base salary of \$641,000 and received an \$800,000 bonus earlier this year. He said all terms of his contract will remain “exactly the same.”

“It’s pretty simple,” he said. “I guess instead of going fishing, I’m going to go work for a couple more years.”

Palmer became a full-time staff member with Prairie Meadows in 1998 and was named CEO in 2006. ...

As Election Day creeps closer, campaign contributions creep up. Once again, we’ve perused the most recent receipts reported by the Federal Election Commission to bring you big contributions of interest.

So far, U.S. Rep. **Cindy Axne** has spent \$1.7 million on her reelection campaign, with \$3 million left on hand, as of the latest reporting period. Those numbers have grown thanks to donations including \$2,900 from **Stuart Feldstein**, executive vice president of Albaugh, LLC, who gave the same amount to **Mike Franken**; \$2,000 from West Des Moines real estate broker **Jan Stanbrough**; and \$3,000 from past president of Simpson

College, **Stephen Jennings**.

Axne’s Republican challenger, **Zach Nunn**, has spent a total of \$841,233 on his campaign, with \$301,803 cash on hand. Recent contributions have included \$5,000 from local restaurateur **Mike Limani**; \$2,900 from **Gerald Kirke**, owner of Kirke Financial; and \$5,600 from **Denny and Candy Elwell** of commercial real estate acclaim.

In his bid against incumbent U.S. Senator **Chuck Grassley**, Admiral **Mike Franken** has amassed approximately \$4.6 million in contributions. Within the last few months, receipts of note have included \$2,800 from **Fred Hubbell**; \$2,900 from Des Moines lawyer **James A. Benozzi**; \$1,000 from **Frances Rockey**, a professor at Drake University; and \$1,000 from **Bruce Hughes**, a neurologist with MercyOne in Des Moines. **Richard C. Eychaner** donated \$2,900 each to Franken and Axne — Eychaner Properties manages several around the metro, including the 300mlk building downtown.

FAMILY OWNED
OVER 50 YEARS OF EXPERIENCE

VOTED AS
DES MOINES’
**BEST LOCAL
FLOORING
STORE!**
IN 2022



VOTE NOW
FOR 2023!

Louies
Floor Covering

Your complete flooring store since 1964

515-243-8608

louiesfloorcovering.com
2709 Ingersoll Ave., Des Moines



During the most recent fundraising period that concluded June 30, Franken had raised \$1.75 million compared to Grassley's \$609,000. While the majority of Franken's funds are provided from small individual donations, the last election filing cycle revealed that nearly 40% of Grassley's funds raised came from PACs and political forums. These have included: \$1,000 from real estate company Zillow; \$5,000 from Hy-Vee; \$2,500 from Stanley Black & Decker; \$2,500 from UPS; \$1,000 from Best Buy; \$5,000 from Koch Industries; \$5,000 from Land O'Lakes, in addition to \$5,000 given in the primary election; \$5,000 from General Motors; \$2,500 from Target, totaling \$8,500 to Grassley's entire reelection campaign; and \$1,000 from Walmart.

Still, that's not to say Grassley hasn't received support from individuals. **BJ Baker**, CEO of Baker Group, donated \$2,900, on top of his \$2,900 contribution for the primary. **Thomas Moreland** gave \$1,500 — he's the president of healthcare employment agency Camillus Staffing, also known as Nextaff of Des Moines. Another \$1,000 came from **Terry Lillis**, former executive vice president and chief financial officer of Principal, and another from **John Briggs**, retired CFO of Hy-Vee.

Let's not forget about state elections. **Donald Lamberti**, founder of Casey's, contributed \$10,000 toward House Speaker **Pat Grassley's** reelection bid. **Wayne Reames**, an attorney with Belin McCormick in Des Moines, donated \$2,550 to Attorney General **Tom Miller's** campaign. **Harry Bookey**, founder of BH Management, gave \$2,500 each to Iowa House hopefuls **Molly Buck** and **Heather Matson**. And finally,

Joe Riley, chief operations officer and president of agriculture company Rantizo, contributed \$2,000 toward **Rob Sand's** run for State Auditor.

In the gubernatorial race, incumbent **Kim Reynolds** reported a total of \$633,024 in cash contributions during the latest reporting period, totaling \$5.24 million cash on hand. Large contributions included \$25,000 from **Mike Bennett**, CEO of Terra Industries, and \$25,000 from **Doug McAninch**, CEO of McAninch Corporation. Reynolds' challenger, Democrat **Deidre DeJear**, reported \$255,746 in cash contributions during the latest reporting period, with cash on hand totaling \$503,314. DeJear's largest contributions were three \$5,000 checks — one from Kum & Go CEO **Tanner Krause**, one from **Deval Patrick**, former Massachusetts governor, and one from **Jennifer DiBrienza** of Palo Alto, California. ...

CITYVIEW mourns the loss of **Dorothy Harrison**, who passed away Aug. 1, just a month shy of her 100th birthday. According to her obituary, she was planning a big party for that special day, and she was a little put out when she realized on her deathbed at Boone County Hospital that she couldn't quite make it. But a touch of pneumonia and a few other maladies didn't blight her outlook. She was cracking wise and smiling with her daughter, **Jill**, and son, **Ross**, as she rested comfortably knowing her birthday would still be celebrated.

Dorothy worked for the editorial department of The Des Moines Register for 17 years, an occupation that helped her figure out what was wrong with the world — and what was right about it. There were Pulitzer Prize

winning editorial writers in the department back then. She absorbed their views of politics and local and world events. She provided organizational support and goodwill to those writers so they could excel in their craft, and they loved her for it. In her later years, Dorothy was quite content, seated in her primary chair before her large windows, deep into a mystery novel or a news magazine. If it rained, that was fine by her. Snow, even better. Life was good to her, and she enjoyed it immensely. ...

Following two years of construction, including several months of delays, the VA of Central Iowa opened its new Primary Care Clinic in south Des Moines. The clinic is located at 1211 E. Army Post Road, occupying a 42,000 square-foot building that was formerly a Toys "R" Us in the Southridge Mall complex.

The move vacated 19,000 square feet of space for upgrades and alternative services at the current VA Medical Center in Beavertdale, which will continue to provide specialty care. Patients gradually transitioned to their primary care providers in the new location during the months of July and August.

"Some of our veterans have been getting primary care in Beavertdale for 30 or 40 years, or more," said **Bobbi Karr**, director of the South Des Moines Clinic. "We were very concerned that moving to the new location would cause some veterans some confusion. But we put a plan together to make sure our veterans knew when and where they should get their primary care. We've been ecstatic with the results." ■

Got Skinny? Email tips to editor@dmcityview.com

An intimate venue in the heart of the midwest

Stout Visuals Photo & Film

Vote us as the Best Local Wedding Venue and Special Event Space!

THREE SISTERS BARN
WEDDINGS & EVENTS

Can accommodate up to 354 guests
Open Catering Policy
No hidden fees for use of the venue
Includes tables and seating, set up and break down, and cleaning

CALL TODAY TO SCHEDULE A TOUR!
(515) 717-0757

Marissa Kelly Photography

21663 R AVE, DALLAS CENTER | WWW.3SISTERSBARN.COM

A FANTASTIC SHOPPING EVENT

IOWA'S LARGEST

ARTS & Crafts SHOW

OVER 250 EXHIBITORS

SEPTEMBER 23-25

\$1 OFF ADM. WITH THIS AD

VARIED INDUSTRIES BLDG. IOWA STATE FAIRGROUNDS DES MOINES, IOWA Fri. 5-9; Sat. 9-5; Sun. 10-4	ADM. Just \$7.00 (10 & under free) FREE PARKING - Free Shuttle Bus Service from North Parking Lot on Both Friday & Saturday.
--	--

"Where You Can Buy That Quality, Handmade Product At An Affordable Price."

Garden Art, Oak Furniture, Paintings, Ceramics, Jewelry, Metal Art Sculptures, Pet Products, Etched & Stained Glass, Yard Art, Pottery, Blown Glass, Candles, Clothing, Floral Wreaths, Toys & Dolls, Baskets, Rugs, Glassware, Purses, Ornaments, Food and Many More Original Products. All Handmade by the exhibitor. Callahan Promotions, Inc. 563-357-1986

For A Chance To Win \$50 Gift Certificates, Visit Our Facebook Page at Callahan Promotions, Inc.

DUFFY'S VIEW

BY BRIAN DUFFY

BUS DRIVER SHORTAGE AFFECTING CENTRAL IOWA SCHOOLS.

WHEN I TELL MY KIDS THAT I HAD TO WALK 5 MILES TO SCHOOL THEY'LL NEVER BELIEVE ME.



QUALITY SERVICE.

Hometown care.



FULL SERVICE AUTO REPAIR SHOP

- TIRES
- BRAKES
- TRANSMISSIONS
- EXHAUST
- ALIGNMENTS
- AND MORE!

Historic
Valley Junction

Burch
Auto Repair

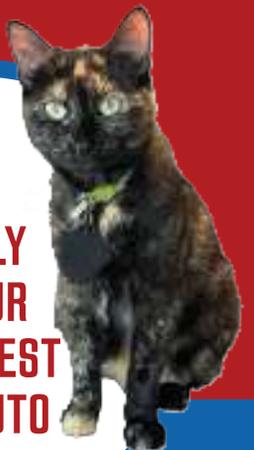
Family Owned

1021 Railroad Ave, West Des Moines
515-505-8483

WWW.BURCHAUTOREPAIR.COM

We're a small, independently owned full-service shop located in historic Valley Junction. We take pride in being able to offer our customers a detailed and personalized approach to automotive repair. With a single point of contact, you'll work directly with the technician who will be fixing your car. They'll address all of your questions and concerns as well as provide you with a full Health Evaluation of your vehicle, complete with pictures of areas of concern. At Burch Auto Repair we strive for transparency. We won't ever try to "sell" you something you don't need and we work hard to prevent small problems from developing into big problems. Simply put, we are honest, knowledgeable, and motivated to provide you with the best customer experience possible!

**MOMO
AND THE
TEAM HUMBLY
ASK FOR YOUR
VOTE FOR BEST
LOCAL AUTO
SHOP.**



POLITICAL MERCURY

BY DOUGLAS BURNS

What it's like being falsely tagged as a child molester

How Michigan Senator Mallory McMorrow battled the ugliest of political attacks

A head-spinning, bizarre twist to one of the ugliest political episodes in these most uncivil of times is that the Michigan state legislator, Republican Lana Theis, falsely accused her Democratic colleague, Mallory McMorrow, of wanting to molest children. Theis had spoken with McMorrow weeks before the fundraising email about having dinner. The two women, one Republican, the other Democrat, were to do so with their husbands, McMorrow said in Iowa following a major Democratic event here.

Theis used an April fundraising email as a vehicle to charge that McMorrow, a state senator, wanted to “groom and sexualize kindergartners.” The reason, Theis cited: McMorrow’s support of LGBTQ+ rights.

“Look, I mean it was horrible,” McMorrow said in an interview with media following the recent northern Iowa Democratic Party Wing Ding in Clear Lake. “I learned about it, and I’m a mom of a 1-year-old. This is effectively a colleague accusing me of grooming children to molest them with no basis in reality.”

McMorrow said she spent time with her daughter on the evening the attack went public.

“I just started crying, and my mom asked me, ‘How can you still do this?’” McMorrow said.

Did McMorrow ever think about quitting?

“Of course,” she said. “I mean this is not what you sign up for.”

Instead, McMorrow responded with a forceful speech that went viral. It has more than 15 million views on Twitter alone. In the now-iconic speech, McMorrow debunked the savage lie linked to her name, called out the strategy of using such lies, and turned the incident around, raising her profile and national profile.

But the lie lurks on the Internet, in places easy to find, and in spots far, far darker. Friends worry about her safety, McMorrow said.

“Their fear was somebody was going to come to my house and open fire, and that is where these attacks lead,” McMorrow said in response to questions from Political Mercury following the Clear Lake speech. “Luckily, we have not gotten to a place where it has



Mallory McMorrow said the deployment of outrageous character assassination, of lies the tellers know are untrue but traffic in anyway, must end politically, with the removal from power of politicians who use such tactics.

gotten that bad, but every now and then, I will post on my Twitter account or Instagram story some of the emails that we get, and they’re really vicious.”

McMorrow said the deployment of outrageous character assassination, of lies the tellers know are untrue but traffic in anyway, must end politically, with the removal from power of politicians who use such tactics.

“The reason that it’s happening, that it’s moving into the mainstream, is because this version of the Republican Party thinks it’s a winning strategy.”

McMorrow said she spent relatively little time in the crucible compared to gay colleagues and Black Americans who have to endure insult and fear 24/7.

In her Clear Lake speech, McMorrow said the

goal of the modern Republican Party is to wear down opponents with awful allegations, to make the process so miserable that their opponents, Democrats or more moderate Republicans, quit.

But the nation is largely populated by what McMorrow described as a “decent majority,” and she plans to stay in the fight.

Theis recently won a GOP primary. She has not apologized to McMorrow, and McMorrow says she’s not inclined to accept one. ■

Douglas Burns is a fourth-generation Iowa newspaperman. He and his family own and publish newspapers in Carroll, Jefferson and other neighboring communities.



Iowa's #1 Ford Lincoln Dealer*



"Family Owned And Operated Since 1980"

REPEATEDLY RECOGNIZED FOR A SUPERIOR SALES AND SERVICE EXPERIENCE

New **Fords** New **LINCOLNS**

Used Car Superstore
Service and Parts until Midnight
All Makes Quicklane
Auto and Tire Center
Collision Center-Work Guaranteed.



ON THE WAUKEE SIDE OF WEST DES MOINES

Thank You To Cityview Readers For Voting Stivers Ford Lincoln Best Auto Dealer Domestic For Ten Years In A Row.



Scott Politto, President
Stivers Ford Lincoln of Iowa



STIVERSFORDIA.COM
515.987.3697



*Sales ranking based on car and truck sales report of the Kansas City Region of Ford Motor Company and Lincoln Motor Company for 2021.

COMING UP

SUBMIT ENTRIES AND PHOTOS TO EDITOR@DMCITYVIEW.COM

NOTE: The following events and attractions are subject to cancellation or last-minute changes. Before attending, be sure to check with each event individually to verify its status, start times, offerings and other details.

THINGS TO DO



Photo submitted

RENAISSANCE FAIRE

Sept. 3-5, 10-11 and 17-18
Sleepy Hollow, 4051 Dean Ave.,
Des Moines

Travel back a few centuries at Sleepy Hollow's Renaissance Faire, held annually the first three weekends of September. Explore 18 acres that include a quaint English village, picturesque landscapes, two castles, 30 merchant shops, eight stages of entertainment, a joust arena, blacksmith's forge and pirates' cove. Costumes are optional but encouraged. Grounds are open 10 a.m. to 6 p.m., rain or shine. Admission covers the entire weekend. Purchase tickets and find information, including each weekend's theme, at sleepyhollowrenfaire.com.



Designed by Mollie Wallace

PORCHFEST DSM

Sunday, Sept. 11 from noon to 5 p.m.
Union Park, Des Moines

Des Moines welcomes its first annual PorchFest, a walking music festival performed from porches around the Union Park neighborhood. The free, family-friendly event will feature 45-minute sets from 18 local musicians, including The High Crest, Sara Routh, Ryan Doughty, Courtney Krause, Andrew Hoyt, Jack Curtis, Good Morning Midnight, Scott Eggleston, Abigail Phelps and others. Mo'Rub food truck will be centrally located. Bring seating, cash for musician tips, and friends! Porch map and additional information at porchfestdsm.org.

AN EVENING WITH THE INDIANAPOLIS QUARTET

Wednesday, Sept. 7 at 7:30 p.m.
Hoyt Sherman Place, 1501 Woodland Ave., Des Moines

Featuring the works of Schulhoff, Ullmann and Mendelssohn, this program will celebrate the timeless music that lives on despite the attempted erasure of Jewish art and culture that impacted these artist-composers and their legacy.

The Indianapolis Quartet performs to honor the triumph of human spirit exhibited in the life of David Wolnerman, Iowa's only living Holocaust survivor. Sponsored by Iowa Retina Consultants and The Jewish Federation of Greater Des Moines. Tickets cost \$25, \$30 or \$40 at hoytsherman.org.



Photo courtesy of Catch Des Moines

MUSIC IN THE GARDEN

Thursdays through Sept. 29 at 6:30 p.m.
909 Robert D. Ray Drive, Des Moines

Catch the last few shows of the Greater Des Moines Botanical Garden's summer series, with live concerts in the outdoor Koehn Garden. Doors open at 6 p.m. and music starts at 6:30 p.m., rain or shine. Bring your own seating or picnic blankets. Concert tickets are included with regular admission to the Garden. Performers include Parranderos Latin Combo on Sept. 8, Gina Gedler Duo on Sept. 15, Rachel Brook on Sept. 22 and The Feel Right on Sept. 29.



Photo submitted

IOWA CUBS

This month's home schedule
Principal Park, 1 Line Drive, Des Moines

Iowa's minor league baseball team affiliated with the Chicago Cubs. Home games in September will pit the I-Cubs against the Memphis Redbirds (Cardinals) and Toledo Mud Hens (Tigers). For more information, visit iowacubs.com.

- Tuesday, Sept. 13 at 6:38 p.m. vs. Redbirds
- Wednesday, Sept. 14 at 12:08 p.m. vs. Redbirds
- Thursday, Sept. 15 at 6:38 p.m. vs. Redbirds
- Friday, Sept. 16 at 7:08 p.m. vs. Redbirds
- Saturday, Sept. 17 at 6:08 p.m. vs. Redbirds
- Sunday, Sept. 18 at 1:08 p.m. vs. Redbirds
- Monday, Sept. 26 at 6:38 p.m. vs. Mud Hens
- Tuesday, Sept. 27 at 12:08 p.m. vs. Mud Hens
- Wednesday, Sept. 28 at 12:08 p.m. vs. Mud Hens



STEERTOBERFEST

Saturday, Sept. 10 from 4-10 p.m.
The Hall DSM, 111 S. 11th St.,
West Des Moines

Head to The Hall DSM for the biggest picnic in town, where they'll butterfly and roast an entire 1,200-pound cow over an open flame. Enjoy local food, live music and watch the CyHawk game at this family-friendly celebration. Proceeds will benefit the Justice League of Food in support of their culinary job training program for the most vulnerable members in the community. Find more information at facebook.com/thehalldsm.

COMING UP

SUBMIT ENTRIES AND PHOTOS TO EDITOR@DMCITYVIEW.COM



Photo courtesy of DMPA

SONIC BUTTERFLY

Thursday - Saturday, Sept. 15-17
Cowles Commons, 221 Walnut St.,
Des Moines

Des Moines Performing Arts presents several free performances of Sonic Butterfly, a 26-string acoustic, chromatic, long-string harp designed by Andrea Brook. The strings span out over the audience to create an immersive musical experience. More information at dmpa.org. Performances will be:

- Thursday, Sept. 15 at 6:30 p.m.
- Friday, Sept. 16 at noon, 3 p.m. and 6:30 p.m.
- Saturday, Sept. 17 at 10 a.m., noon and 3 p.m.



JAZZ AT CASPE TERRACE

Tuesday, Sept. 20 at 7 p.m.
33158 Ute Ave., Waukee

Dutch trumpeter Eric Vloeimans makes his fourth visit to Caspe Terrace, this time joined by accordionist Will Holshouser. The two recently completed their second recording, "Two for the Road." The concert will be followed by a meet-the-artist dessert reception. Tickets are \$30 and can be ordered by contacting Abe at 515-279-6452 or abegold1951@gmail.com.

LATINO HERITAGE FESTIVAL

Saturday - Sunday, Sept. 24-25
Western Gateway Park, 1000 Grand Ave., Des Moines
latinoheritagefestival.org

Experience a "Taste of Latin America" at Iowa's Latino Heritage Festival. Artist displays will showcase local Latino arts and crafts, food vendors will serve a diverse array of cuisine, cultural booths and demonstrations will represent several Latin American countries, and children's activities will keep the little ones entertained. Celebrate the 22 Latin countries represented in Iowa at this family-friendly event. Information at latinoheritagefestival.org.



Photo submitted

JAZZ, JEWELS & JEANS

Friday, Sept. 16 at 6:30 p.m.

Willow on Grand, 6011 Grand Ave., Des Moines

Oakridge Neighborhood will hold its signature fundraiser featuring jazz, cocktails, heavy hors d'oeuvres, and live and silent auctions of jewelry, experiences and other desired items. Attendees should expect the unexpected, with some unique surprises planned for the festive event where wearing jeans is encouraged. Proceeds from Jazz, Jewels & Jeans help support social service programs offered by Oakridge Neighborhood to residents and others in the community. Purchase tickets or make a donation at <https://one.bidpal.net/jjj2022>.



Photo courtesy of Oakridge Neighborhood

WORLD FOOD & MUSIC FESTIVAL

Friday - Sunday, Sept. 16-18

Western Gateway Park, 1000 Grand Ave., Des Moines

Travel the world with nearly 50 vendors representing 27 different countries at the annual World Food & Music Festival. On top of trying foods from the various vendors — 22 of which are new this year — attendees will enjoy live music, cultural demonstrations and interactive activities. More details to be announced at dsmpartnership.com/worldfoodandmusicfestival.



Photo courtesy of Greater Des Moines Partnership

WINE & WHISKEY WALK

Friday, Sept. 23 from 5-9 p.m.

West Glen Town Center, 5513 Mills
Civic Parkway, West Des Moines

If you like whiskey and wine, then you won't want to miss CITYVIEW's annual Wine & Whiskey Walk. Receive 10 drink tickets to redeem at participating stops for sample-size whiskey cocktails, and enjoy free wine samples at participating retail locations. Expect giveaways and prizes throughout the evening. Admission is \$20 in advance and \$30 at the event. Check in by the fountain on the east side of Salt of the Hearth. Register early at whiskeywalk.dmcityview.com.

WINDSOR HEIGHTS FALL FESTIVAL

Friday - Saturday, Sept. 23-24

Colby Park, 6900 School St., Windsor Heights

This brand-new festival will offer loads of family fun including live music, a petting zoo, bounce houses and fireworks. The popular WHAMM 5K race returns at 9 a.m. on Saturday; registration is \$15. A bigger and better-than-ever parade will be Saturday at 1 p.m. Tickets for the Windsor Heights Firefighters Association's pancake breakfast will be available at the door. More details at windsorheights.org.



Pexels

"Liftoff" by Alice Aycock, 2021. One of the most recent pieces commissioned by the Greater Des Moines Public Art Foundation. Located at the entrance of the DSM International Airport.

Art

OUTDOORS

A photographic feature of public art — and art in public places — in central Iowa.

By Sofia Legaspi Dickens

As temperatures cool down, it's the perfect time to venture outside and explore the hundreds of outdoor art pieces located around Des Moines.

From traditional murals and sculptures to more experimental installations that dance with light and sound, the benefits of public art are plentiful.

"It's a very unique expression of our community values, and it just engages the community more fully with what's around them," said Susan Fitzsimmons, board president of the Greater Des Moines Public Art Foundation (GDMPAF). "That all adds to the vitality of our community."

GDMPAF is only one of several public and private collaborations that deliver public art to the city. While many pieces are generated by large programs and corporations, others result through the efforts of local artists and nonprofits.

Multiple murals located beyond the downtown area were delivered through the Third Space, a public mural initiative. The program's organizer, Brian Bonanno, worked to create equity by filling the gap he noticed in many cities, where art investments are mainly concentrated along the downtown area.

"We were looking for ways to generate a positive presence on the street in the neighborhoods where we were working, create new points of pride in the community, and also reflect the diversity of neighborhoods where we were working," he said.

CITYVIEW compiled a small portion of the metro area's art pieces, from the iconic to the often-overlooked. The following list is by no means comprehensive but is simply a taste of the rich and vast range of outdoor art our city has to offer. Use this list as a starting point, engage and enjoy.

MURALS

Stroll or drive around Des Moines and you'll find a treasure trove of art-covered walls.



FEATURE STORY

"No Action Too Small" by Chris Vance, 2013. Three-stories tall and created from recycled paint collected at Metro Hazardous Waste Drop-Off. 300 E. Locust St. Photo courtesy of Metro Waste Authority



Untitled work by Jacob Kuperman. Created with a \$0 budget using leftover paint during Art Week Des Moines in 2020. Kuperman considers this piece unfinished and said he wishes funds could be raised to complete it. South wall of YMCA Supportive Housing Campus, 2 S.W. Ninth St. Photo by Sofia Legaspi Dickens



"Future" by Jill Wells, 2021. Covering 4,500 square feet and created with assistance from Marissa Hernandez. Evelyn K. Davis Center for Working Families, 1171 Seventh St. Photo courtesy of Jill Wells

HYVE
NOW AVAILABLE IN
0MG, 25MG & 50MG

WARNING: This product contains nicotine. Nicotine is an addictive chemical.

**CENTRAL IOWA
VAPORS**
IT'S NOT SMOKE, IT'S VAPOR

VOTE CENTRAL IOWA VAPORS FOR **BEST E-CIG STORE**
IN THIS YEAR'S BEST OF DES MOINES AWARDS

IOWAECIGS.COM

**RELIABLE
LOCAL
APPLE
SERVICE & REPAIR**

Our partnership with Apple and their authorization mean we can be your perfect **ALTERNATIVE** for the official Apple Store

iPhone Repair - MacBook Repair
Genuine Apple Parts - Apple Certified Technicians - Professional Apple Trainers

iTech Gurus

8475 Hickman Road | Urbandale | 515-897-0006
www.itechgurus.com

Centrally located in Urbandale.

LIGHT & SOUND

FEATURE STORY

Who says art is just for the eyes? Experience art in motion and with audio through these installations.



"Borealis" by Alex Braden, 2022. Shifting colors invoke images of the Northern Lights. Downtown at Eighth Street Viaduct, below the bridge at Eighth and Cherry Streets. Photo by Alex Braidwood/Group Creatives



"River Constellation" by the artist teams of Natalia Zubko and Beau Kenyon, 2019. Orbs pulse with light and musical compositions are motion-triggered as you walk through the installation. Near Lauridsen Amphitheater at Water Works Park, 2201 George Flagg Parkway. Photo courtesy of Greater Des Moines Public Art Foundation



"Prairie Song" by Reed Madden Designs, 2013. Steel blades of 20-foot-tall prairie grass sway in the breeze, with each leaf "rattling" like the sound of wind over grasslands. 1375 E. Court Ave. Photo by Sofia Legaspi Dickens

VALLEY JUNCTION

Farmers Market

Every Thursday
through
September 29
4-8 pm.

Over 75 produce,
baked goods, arts
& crafts vendors,
& food trucks

5th Street, West Des Moines

PRESENTED BY



EVERY THURSDAY
5:30PM-8:30PM

In the Beer Garden of Valley Junction Farmers Market
Railroad Park, West Des Moines

- 9/8 The Muddy Walter Band
- 9/15 Gut Feeling
- 9/22 Gimikk
- 9/29 The Matt Woods Band

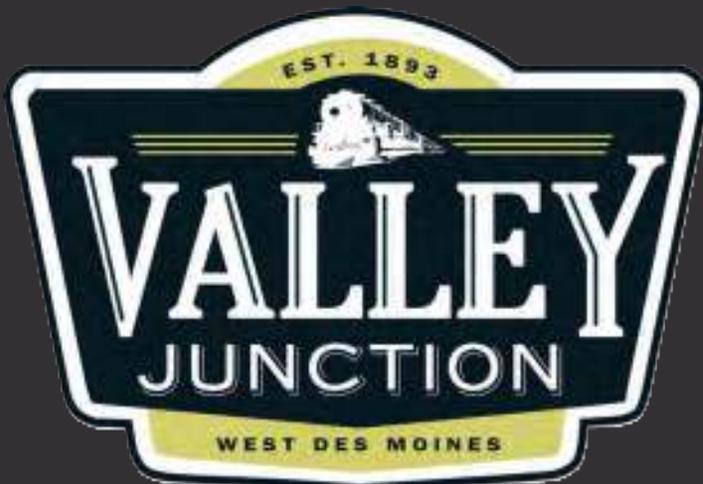
PRESENTED BY



Gallery Night

FRIDAY, OCTOBER 14
5-9PM

Valley Junction's
galleries come
together to showcase
new artwork by
regional, national, and
international artists.



VINTAGE IN THE VALLEY

Sunday, September 11 10am-5pm

HENRY GREGOR FELSON TRIBUTE CAR SHOW

Sunday, September 18 8am-3pm

VALLEYJUNCTION.COM

PRINCIPAL RIVERWALK

There are at least a dozen art pieces located downtown along the Des Moines River. Try to spot them all as you stroll along.



"Five Dangos" by Jun Kaneko, 2012. Ceramic forms mimicking Japanese dumplings and designed to "shake the air around it," according to the artist. West side of the Des Moines River on the HubSpot Plaza at Water Street and Court Avenue. Photo by Sofia Legaspi Dickens

BIKE TRAIL ART CORRIDORS

This year, Des Moines Park & Recreation installed 12 public art works along the Central Iowa Trail System, creating five art corridors at the Bill Riley, Carl Voss, John Pat Dorrian, Neal Smith and Walnut Creek trails.



"Then the World Healed" by Paula McArthur. Located on Carl Voss Trail near E. Park Avenue. Photo courtesy of Des Moines Parks & Recreation

**VOTE AGAIN FOR
DES MOINES' BEST
THRIFT STORE!**



**BEST THRIFT STORE
AND
BEST NONPROFIT**



8801 UNIVERSITY AVE, CLIVE
4353 MERLE HAY RD, DES MOINES
2900 SE GRIMES BLVD, GRIMES
MANYHANDSTHRIFT.COM

*We are
Igniting
Generosity*

VOTE FOR US IN 2023!



SHANGHAI

CHINESE & VIETNAMESE CUISINE

**DINE-IN OR
CARRY-OUT**

(515) 987-3111

33 NE Carefree Lane, Waukee • www.shanghaiwk.com

WED-THU 11am-2:30pm and 4:30-9pm • FRI-SAT-SUN 11am-9pm • MON-TUE closed

HEIRLOOM QUALITY WITH TODAY'S DESIGNS!

WE OFFER MANY STYLES - BUT JUST ONE STANDARD OF EXCELLENCE!



MORE THAN YOU EXPECT! COME SEE WHY!



Amish Haus
FURNITURE

3201 100th Street, Urbandale — www.AmishHausFurniture.com

Between Hickman & Douglas On 100th Street • (515) 270-1133 • Facebook: @amishhausfurniture

Serving All of Iowa. We Specialize in Making Furniture to Fit Your Lifestyle and Your Home!

BORROW & PAY

HERE

DUPACO

HOMEMADE MORTGAGES

GET MOVING!

Schedule an appointment at 800-373-7600, ext 204

From application to loan closing and making payments,

borrow right here and pay right here. Because with a homemade mortgage from Dupaco, payments and service remain local. You can count on it.



RACK-N-ROLL

East Village cyclists need not secure their bikes to just any old rack. These functional sculptures created by Iowa artists were unveiled during “Bike to Work Week” in 2006. Keep your eyes peeled; there are 11 bike racks in eight locations.



“Spotted Dog” by Matthew N. Kargol, East Locust and East Fifth streets. Photo by Sofia Legaspi Dickens

ART BUS SHELTERS

Des Moines Area Regional Transit Authority (DART) integrated public art into several bus shelters along the Sixth Avenue Corridor and Drake University.



“Thanks for the Memories” by Mollie Wallace. Drake campus side of University Avenue in front of Cowles Library, 2507 University Ave. Photo courtesy of DART

Your emotional well being matters.

Therapy can help you gain a sense of self control over your life and your emotional well being, to help you find and live your good life.

NOW OFFERING

- Expanded services for kids, adolescents & family
- Psychiatric Medication Management Services



Anna Zuidema
MA, LMHC, NCC



Emily Elliott
MA, tLMHC, NCC, tCADC



Deena Leonard
MS, LMHC



Jackie Dehner
MA, tLMHC, NCC



Meredith Stahl
MA, tLMHC, NCC



Ellen Petersen
MSW, LISW



Erin Knauer
MSW, LISW



Adreanne Perkins
PMHNP



Breanne Meisenheimer
LISW

www.goodlifetherapyia.com

5000 Westown Pkwy, Ste 104 & 340, West Des Moines • 515-679-3947



ART & SCULPTURE PARKS

For big doses of outdoor art, visit one of Des Moines' sculpture parks, both large and small.



↗ The pride of downtown Des Moines, the John and Mary Pappajohn Sculpture Park spans 4.4 acres with dozens of sculptures. Open sunrise to sunset — picnics encouraged! Located at 1330 Grand Ave. Pictured is "T8" by Mark di Suvero, 1985. Photo courtesy of Catch Des Moines



↖ The grounds surrounding the State Capitol may not be an official sculpture park, but more than 40 memorials, sculptures and fountains beg to differ. Pictured is "Shattering Silence" by James Ellwanger, 2009. Photo courtesy of Greater Des Moines Partnership



FEATURE STORY

↗ The South Des Moines Sculpture Park features a flying woman in red, a floating egg shape, oversized office supplies and other quirky pieces. Located at the corner of S.W. Eighth Street and McKinley Ave. ■



Become an Egg Donor



Our egg donor program provides the opportunity to hopeful parents who would otherwise have no way to fulfill their dream of building a family. Our goal is to offer egg donors a positive and rewarding experience while receiving a **\$5,000.00 compensation** for your time and effort.

MINIMUM REQUIREMENTS MUST BE MET:

- Between the ages of 21 and 34
- Physically healthy
- Have a BMI 19-29
- Non-Smoker
- Have regular, monthly menstrual periods
- Have both ovaries
- Psychologically healthy
- No current use of psychoactive drugs
- No history of substance abuse
- No family history of inheritable genetic disorders
- Willing to take injections
- Dependable, mature, and able to keep appointments

RECEIVE \$5,000 UPON COMPLETION OF EGG RETRIEVAL.


MID-IOWA FERTILITY
 Extraordinary care. Extraordinary results.

Learn more about the egg donation process, egg donor compensation and the egg donor requirements online at www.midiowafertility.com

Phone: 515-420-1625
 Toll Free: 1-888-306-3060

1371 NW 121st Street, Clive

**GIVE THE
 GIFT OF LIFE**

AROUND TOWN

PHOTOS BY NICK NOAH



Charlie Ramirez and Celestino Ramirez



Ella Orngard



Justin Britt



Alex Lihs and Anthony Paterno



Jason Beeman and JoAnn Beeman



Scott Booher

DOWNTOWN FARMERS MARKET

Historic Court District, Des Moines

Aug. 6, 2022



Nicole Jackson, Sean Holdridge and Grace Reiss



Jennifer Soder, Hannah Willey and Lawrence Soder

Vote Now!

BEST TATTOO SHOP & BEST PIERCING

WE TAKE FOREVER PRETTY SERIOUS.



3 LOCATIONS
TO SERVE
YOU BETTER

515-257-7940

3104 SW 9th St., Des Moines
1550 N Ankeny Blvd. #104, Ankeny
1800 NW 86th St. #9, Clive

www.luckygaltattoo.com



NEED TO FIX OR REMOVE A
BAD TATTOO?

WE HAVE A SOLUTION!

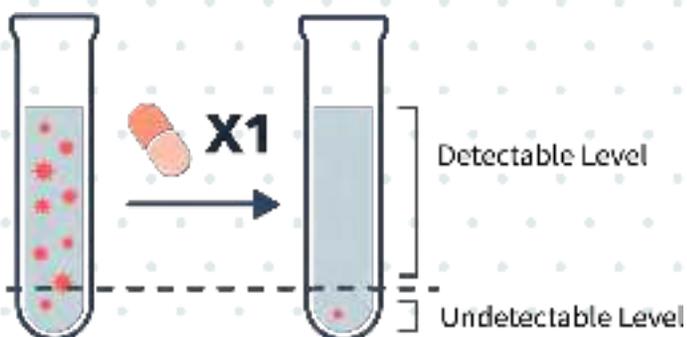
STOP IN TODAY

to consult with one of our *Certified Laser Removal Specialists* at our Ankeny location for more information or email us at lgaserremoval@gmail.com.



1550 N Ankeny Blvd #104, Ankeny
515-257-7940

We can stop HIV, Iowa.



A person living with HIV can take as little as one pill a day to help them achieve what's called an **undetectable viral load**.

When a person's viral load is **undetectable**, it protects their overall health. It also prevents HIV from passing to sexual partners!

**Undetectable =
Untransmittable**

Learn more at
stophiviowa.org



**STOP
HIV
IOWA**

A free resource for the central Iowa business community

CITYVIEW'S

BUSINESS JOURNAL



BACK TO SCHOOL for businesses

Dealing with shifting schedules for student employees

By Colson Thayer

“Everything revolves around school time,” said Ryan Harkema, superintendent of Ankeny Parks and Recreation.

Students returning to a daily school routine with sports practices and extracurriculars is a headache felt by parents and employers alike. Employers who depend on teenage staff during the summer months are left helpless when classes are back in session. Some employers must change and adapt their normal business operations when fall comes. Nonetheless, student employees are still an essential part to many metro Iowa communities.

Bill Lentz is Adventureland's general manager. He oversees more than 1,000 employees during peak season, 600 of whom are student-aged. Photo by Colson Thayer

Ankeny community pools

Ryan Harkema started working with Ankeny Parks and Recreation in 2015 with a background at the YMCA. Along with the Ankeny pools supervisor, he oversees staffing for both of Ankeny's pools: Cascade Falls Aquatic Center and Prairie Ridge Aquatic Center.

The pools department depends on a large number of student-aged employees to keep both pools open. The pools employ about 190 people each summer in positions that cover admissions, concessions and swim instruction and supervision.

About 90 of those employees are lifeguards for both pools. For full operations, the pools need 32 lifeguards a day. Without enough staff, the pools must make sacrifices and cuts to some of their amenities. For example, the 2022 season saw a 450-person limit at the Prairie Ridge Aquatic Center.

"Almost 99% of the staff are all focused on that same [school] time frame," Harkema said, explaining that the summer season is cyclical. "People are a lot more available in June and want to work. By the time August comes, the college people go back to college... and then all the practices start."

The pools begin their annual hiring and recruiting process in February. COVID-19 had drastically changed the pool scene in 2020, and people were cautiously returning in 2021. While demand for 2022 was up, the supply of lifeguards and staff was not. Harkema said they didn't receive as many applications as they had hoped.

In order to meet community needs, the pools created new solutions to attract and retain employees. New this year were two different incentives. The first was a \$25 stipend for those who wore swimsuits, namely, lifeguards and swimming instructors. The other was a \$125 reimbursement for lifeguards who took a lifeguarding class, were in good standing, and worked more than 200 hours over the summer. These incentives were to position the pools next to other Ankeny employers. Many companies that employ students will provide a free uniform or training, but the pools had previously required those investments from their employees.

The Ankeny pools complete 3,050 swim lessons within about two months. The eight-week course finishes during the first week of August each year. At that point, many college students decide to leave the pool and focus on returning to campus.

Harkema explained the frustration: "[College students] leave me and go drink [their] beer and play [their] sports. The 15- and 16-year-olds go to high school here."

The pools' youngest employees stay on through



Ryan Harkema is the Ankeny parks and recreation superintendent. Along with the pools supervisor, he manages the Ankeny pools staff. Photo by Colson Thayer

the end of the summer and play a pivotal role in maintaining operations. That is why the pools began hiring 14-year-olds this year. Meanwhile, one-third of the pools' lifeguards are 15.

When swim lessons end and college students leave, a drastic number of employees are gone. Ankeny is fortunate enough to have flexibility when it comes to having two pools. The city closes down the smaller aquatic center, Prairie Ridge, at the beginning of August. When Ankeny public schools are back in session, Cascade Falls switches to weekends only through Labor Day.

Staffing continues to be a challenge across all industries in a post-COVID world. Harkema mentioned their 72% retention rate as a point of pride.

"The incentive there is we've been bumping up raises, and they also get a return each year."

Staffing the pools has become increasingly difficult in recent years. Working at the pool for the summer is a job designed for students, but student responsibilities continue to build. Harkema believes the biggest change he has seen in the industry is that today's youth are more involved: practices are now year-round, and there is more happening in young people's lives.

Adventureland Park

Central Iowa's biggest destination for thrills and entertainment employs more than 1,000 people during its peak season. More than 600 of them are between the ages of 14-22. With that many student-aged employees, Adventureland must operate in sync with local school schedules.

"Going back to school is a challenge, especially for seasonal parks like ours," said Bill Lentz, Adventureland's general manager. "We stay open as long as we can."

Aug. 21 was the last day of daily operations for the park in 2022. From there, they only operated on the weekends. This year, park management hopes a large number of student employees will work weekends this fall during the new Phantom Fall Fest. However, Lentz recognizes that many of them will not want to work.

"A lot of them — once they go back to school, they're done working," he said.

Park attendance numbers go down in the fall as well, so Lentz does not need to worry about having every game or food stand open.

COVID-19 changed Adventureland's ability to employ enough staff.



Adventureland advertises flexible hours, a free season pass, end-of-season bonus program and other perks for its employees. Photo by Colson Thayer

“Our ability to operate is based on our ability to staff,” Lentz said.

Adventureland was more successful in its recruitment practices this year than they were in 2021. Incentives for employees change from year to year, but after Palace Entertainment’s acquisition of the park, the base wage increased. The park was also more aggressive in recruitment this year. They worked with the schools to communicate to students about summer opportunities at the park. Another factor that helped find enough staff was employing 14-year-olds. The practice has been around for a few years but has been increasing.

Aqua-Tots Swim Schools

Aqua-Tots is an open enrollment swim school operating year-round. There are 119 locations worldwide, with one located in Jordan Creek in West Des Moines. Brandon Ray serves as the regional manager for eight Aqua-Tots locations. During the summer, he served as the general manager for the West Des Moines location.

Ray estimated that 95% of his staff are between ages 14-19. Those employees have roles as both swim instructors and front desk staff. Ray recognizes that his staff members are heavily involved in school and extracurriculars at both the high school and college



Brandon Ray supervises eight Aqua-Tots locations across the U.S. This summer, he served as general manager at the West Des Moines location. Photo by Colson Thayer

level. Around mid-July, Ray begins to get a sense of what his staff’s schedules will look like in the middle of August. This timeline gives Ray two to three weeks to either hire more staff or switch schedules.

“But we’re constantly hiring — always,” Ray emphasized.

Employees who start with Aqua-Tots begin with a base wage, but their contract increases that wage by 50 cents after six months. There are also other incentives to keep employees working. The water staff get bonuses for perfect attendance, student referrals and subbing for others’ shifts. The front desk staff get bonuses for new enrollments and enrollments in their Fast Track program. Plus, both the water staff and front desk staff get bonuses for referring new hires. Ray said that 45-60% of the staff stay year to year.

The swim lesson schedule at Aqua-Tots is permanent. When the school year comes, the classes in the morning are taught by those who aren’t in school; otherwise, it is the responsibility of the manager to cover them. Most lessons are taught weekday evenings and weekends, when students are available to work. Typically, in the winter, Aqua-Tots does not have enough staff to meet demand and may consolidate some of its scheduling.

Coinciding with back to school, lesson attendance numbers do decrease in the fall.

“We see about a 7% decrease in the fall. This is

due to school and fall activities starting up,” said Ray. “We see a slight increase from that in the winter, as most parents want to have their kids ready for summer.”

Summer is the most popular season, requiring the most staff. To meet the demands of the summer months, Aqua-Tots hires seasonal staff.

“Normally what happens is we start with anywhere from three to five instructors, and by the time training is done, we either have three or four instructors,” Ray said.

When considering the worth of hiring employees who may only work for a few months, Ray said, “If I know we have someone who is gone during the school year, but we know they do so well in the summer... then, yes, it’s worth keeping them on.”

For Ray, the biggest issue is that the majority of the staff does not prioritize work over anything else. School, sports and extracurriculars often take precedence and push student’s part-time jobs out of the way.

This summer, the West Des Moines location was overstaffed, which created a headache when it came to giving employees their desired hours. However, the fall will bring the opposite problem.

“For the management side, it is a struggle just because you never know how many are going to up and leave.” ■

CITYVIEW'S BUSINESS JOURNAL
EXPERT ADVICE
 ON ISSUES THAT MATTER TO YOUR BUSINESS

TECHNOLOGY

How do I know my IT solutions are enough?

As we discussed last month IT can be simplified. We use applications to manage our customers, finances, employees, communications, marketing, production, the list goes on and on...

We know a solid foundation is built from rock, like anything, if you build with the most reliable resources, you are sure to have a better chance of getting it right. With the pace we discussed IT's even more important. You must be aware of what those resources are and sometimes it's hard to tell a flower from a weed.

Don't be afraid to challenge your IT team, Managed Service Providers, friend who helps fix your computers. The best results for your IT will come when you understand why you have, what you want, and who you need.

The services your business provides should constantly be evaluated to ensure they meet a need. With competition your services also need to make a difference. Your IT solutions should also.



Scott Hardee

Business Development Executive – Branch Manager



430 114th St., Urbandale,
 O: 515.644.7801 | C: 515.537.4176
www.platinum-corp.com

ACCOUNTING

Starting A Business?

The two ways to set up a business are the sole member LLC and incorporation. The sole member LLC is a great option if you plan for this business to be your primary source of income. This model provides strategies to reduce your self-employment tax. However, the LLC is not as easy to set up. You have to set up your LLC through the Secretary of State of Iowa, apply for an EIN number and set up a separate bank account. Then, you need to decide how want your LLC to be taxed.

Incorporation is another option, but not as popular as the LLC. You have to set up your corporation with the Secretary of State, apply for an EIN number, set up a separate bank account number, plus decide whether you want your business to be a C Corp or an S Corp. The S Corp is a flow through entity and, therefore, has no tax of its own, however, the C Corp is taxed at 21%.



Ann M. Hartz

CPA



7109 Hickman Rd., Urbandale
 515.259.7779
CPADesMoines.com

ADVERTISING

Branding is important to your advertising strategy

Brand advertising builds a connection with consumers over a long period of time. It establishes your identity and credibility in the market place, providing tremendous value to your business. Branding helps make the cash register ring.

Successful branding starts with a thorough understanding of your business. What is your niche? How are you better than you competitors? Why are your customers loyal? What do they say about you? Who are you or who do you want to be in the market place?

Are you quality, fast, cheap, friendliest, award-winning, dependable, giving back to the community, etc.? Through brand advertising, you control your story, image and reputation.

Pinpoint your brand and communicate it to your customers and community. Include brand advertising in your marketing strategy with the goals of 1) creating a positive impression, 2) increasing awareness, 3) supporting loyalty among current customers and 4) generating demand for your products and services.



JOLENE GOODMAN

Vice President



8101 Birchwood Ct Ste D, Johnston
 515.953.4822 x319
biggreenumbrellamedia.com

COMMERCIAL REAL ESTATE TRANSACTIONS IN POLK COUNTY FROM JULY 18, 2022 THROUGH AUG. 17, 2022

3605 MERLE HAY ROAD, DES MOINES
 SALE DATE: 2022-07-18
 SALE PRICE: \$500,000
 SELLER: SK INC
 BUYER: SAT KARTAR GROUP LLC
 SQUARE FEET: 1,981
 ACRES: 0.577

4410 MERLE HAY ROAD, URBAN DALE
 SALE DATE: 2022-07-18
 SALE PRICE: \$4,400,000
 SELLER: GABUS FAMILY PROPERTIES LLC
 BUYER: DARBUQUEENOF CARS LLC
 SQUARE FEET: 29,746
 ACRES: 5.524

2813 COTTAGE GROVE AVE., DES MOINES
 SALE DATE: 2022-07-19
 SALE PRICE: \$300,000
 SELLER: NETZEL DEVELOPMENTS LLC
 BUYER: 2813 COTTAGE GROVE LLC
 SQUARE FEET: 3,848
 ACRES: 0.229

4009 UNIVERSITY AVE., DES MOINES
 SALE DATE: 2022-07-19
 SALE PRICE: \$375,000
 SELLER: AP HOLDINGS LLC
 BUYER: 4009 UNIVERSITY GROUP LLC
 SQUARE FEET: 2,478
 ACRES: 0.165

2026 S.E. SIXTH ST., DES MOINES
 SALE DATE: 2022-07-20
 SALE PRICE: \$70,000
 SELLER: BOWEN, GARY
 BUYER: FOUR B PROPERTIES LLC
 SQUARE FEET: 6,880
 ACRES: 0.14

5500 WEST PARKWAY, JOHNSTON
 SALE DATE: 2022-07-20
 SALE PRICE: \$1,200,000
 SELLER: TIERNEY & MOELLER PROPERTIES LLC
 BUYER: TC ACCOMMODATOR 276 LLC
 SQUARE FEET: 10,240
 ACRES: 0.943

1444 ILLINOIS ST., DES MOINES
 SALE DATE: 2022-07-21
 SALE PRICE: \$1,088,000
 SELLER: CHBT PROPERTY HOLDING LLC
 BUYER: 1444 ILLINOIS LLC
 SQUARE FEET: 12,285
 ACRES: 0.629

4810 86TH ST., URBAN DALE
 SALE DATE: 2022-07-21
 SALE PRICE: \$1,300,000
 SELLER: COBB FARMS LLC
 BUYER: KENTFIELD PROPERTIES LLC PS-SERIE S
 4810 86TH
 SQUARE FEET: 4,968
 ACRES: 1.114

104 S.E. THIRD ST., ANKENY
 SALE DATE: 2022-07-22
 SALE PRICE: \$415,000
 SELLER: BDL HOLDINGS LLC
 BUYER: M&A CAPITAL PARTNERS LLC
 SQUARE FEET: 6,744
 ACRES: 0.447

1439 HENDERSON AVE., DES MOINES
 SALE DATE: 2022-07-25
 SALE PRICE: \$313,250
 SELLER: SIDDENS, BOB
 BUYER: HENDERSON HOLDINGS LLC
 SQUARE FEET: 3,510
 ACRES: 0.187

925 E. 22ND ST., DES MOINES
 SALE DATE: 2022-07-26
 SALE PRICE: \$170,000
 SELLER: LUCKY GAL II INC
 BUYER: MENDOZA INSURANCE AGENCY LLC
 SQUARE FEET: 960
 ACRES: 0.476

2525 DELAWARE AVE., DES MOINES
 SALE DATE: 2022-07-26
 SALE PRICE: \$4,950,000
 SELLER: COLORART, LLC
 BUYER: NL VENTURES XII DELAWARE LLC
 SQUARE FEET: 65,134
 ACRES: 3.219

2525 DELAWARE AVE., DES MOINES
 SALE DATE: 2022-07-26
 SALE PRICE: \$3,300,000
 SELLER: CARLSON, A OSCAR
 BUYER: COLORART, LLC
 SQUARE FEET: 65,134
 ACRES: 3.219

2701 DELAWARE AVE., DES MOINES
 SALE DATE: 2022-07-26
 SALE PRICE: \$2,000,000
 SELLER: AOC DES MOINES LLC
 BUYER: COLORART, LLC
 SQUARE FEET: 29,480
 ACRES: 2.296

2701 DELAWARE AVE., DES MOINES
 SALE DATE: 2022-07-26
 SALE PRICE: \$2,250,000
 SELLER: COLORART, LLC
 BUYER: NL VENTURES XII MORTON, LLC
 SQUARE FEET: 29,480
 ACRES: 2.296

8601 THOMAS AVE., JOHNSTON
 SALE DATE: 2022-07-27
 SALE PRICE: \$4,720,000
 SELLER: EIG14T FUND II JOHNSTON LLC
 BUYER: BS2-LITTLE MINDS LLC
 SQUARE FEET: 12,164
 ACRES: 2.049

5499 N.E. 14TH ST., DES MOINES
 SALE DATE: 2022-07-27
 SALE PRICE: \$2,900,000
 SELLER: 6450 LLC
 BUYER: SROA 5499 NW 14TH IA LLC
 SQUARE FEET: 39,150
 ACRES: 7.254

3244 N.W. PRAIRIE LANE, DES MOINES
 SALE DATE: 2022-07-27
 SALE PRICE: \$3,000,000
 SELLER: 6450 LLC
 BUYER: SROA 3244 NW PRAIRIE IA LLC
 SQUARE FEET: 41,400
 ACRES: 3.022

NO ADDRESS LISTED
 SALE DATE: 2022-07-27
 SALE PRICE: \$55,000
 SELLER: FOURSITE DEVELOPMENT LLC
 BUYER: SIGNATURE DEVELOPMENT OF IOWA LLC
 SQUARE FEET: 0
 ACRES: 0.72

NO ADDRESS LISTED
 SALE DATE: 2022-07-27
 SALE PRICE: \$495,000
 SELLER: RASPBERRY FARMS
 BUYER: HISTORIC VIEW LLC
 SQUARE FEET: 0
 ACRES: 9.174

CITYVIEW'S
BUSINESS JOURNAL

2022
 FROM
2022

BUSINESS PEOPLE WHO MADE A DIFFERENCE

PEOPLE MAKING A
DIFFERENCE

Good people are doing great things every day in your community. They truly are people who are making a difference, and we will recognize 22 business leaders in central Iowa for their efforts and accomplishments in an upcoming issue of CITYVIEW'S Business Journal.

Nominate your boss, your co-worker, your vendor or yourself — anyone whom you feel has made a positive impact on the business community in 2022.

Nominate now at www.iowabusinessjournals.com

SMALL BUSINESS ADMINISTRATION LOANS

Borrower Name	City	County	Cong. District	\$ Amount	Jobs Created	Jobs Retained	Existing Jobs	New Vs. Existing	Business Type
Essence Aesthetics and Health, PC	WAVERLY	BREMER	01	\$60,000	1	1	6	NEW BUSINESS	Other Personal Care Services
Woody's Warehouse, LLC	JESUP	BUCHANAN	01	\$375,000	0	1	1	NEW BUSINESS	Industrial Supplies Merchant Wholesalers
Teggatz Enterprises, Inc.	MASON CITY	CERRO GORDO	04	\$1,396,800	4	35	35	NEW BUSINESS	Remediation Services
Iowa Spring Manufacturing & Sales, Inc	Adel	DALLAS	03	\$3,137,000	26	0	124	EXISTING BUSINESS	Spring Manufacturing
Billy's Ice Cream Store, LLC	Adel	DALLAS	03	\$150,000	4	11	11	NEW BUSINESS	N/A
Ghosh LLC	Clive	DALLAS	03	\$350,000	1	26	26	NEW BUSINESS	Full-Service Restaurants
J & S Construction and Design LLC	BLOOMFIELD	DAVIS	02	\$150,000	0	6	6	NEW BUSINESS	Residential Remodelers
BCXCB LLC	SPIRIT LAKE	DICKINSON	04	\$85,000	0	12	12	NEW BUSINESS	Limited-Service Restaurants
Marvel Hotels LLC	Dubuque	DUBUQUE	01	\$3,937,000	2	20	20	NEW BUSINESS	Hotels (except Casino Hotels) and Motels
WK Dyersville, LLC	Dyersville	DUBUQUE	01	\$568,000	6	24	24	EXISTING BUSINESS	Offices of Optometrists
Nelson Septic Services, LLC	GARNER	HANCOCK	04	\$81,500	0	0	4	EXISTING BUSINESS	Septic Tank and Related Services
McDonald Investments, L.L.C.	DUNLAP	HARRISON	04	\$160,000	0	12	12	EXISTING BUSINESS	Drinking Places (Alcoholic Beverages)
Arbegast Properties III, LLC	IDA GROVE	IDA	04	\$1,830,000	0	3	3	NEW BUSINESS	Hotels (except Casino Hotels) and Motels
Iowa City Wine LLC	Coralville	JOHNSON	02	\$262,000	4	1	1	NEW BUSINESS	N/A
Taffe Wellness Center	ALGONA	KOSSUTH	04	\$610,000	2	5	5	EXISTING BUSINESS	Offices of Chiropractors
Coffee Emporium, LLC	CEDAR RAPIDS	LINN	01	\$85,000	0	9	9	NEW BUSINESS	Limited-Service Restaurants
Mustang Shading Systems, LLC	MOUNT VERNON	LINN	01	\$1,763,600	4	13	13	NEW BUSINESS	Window Treatment Stores
Mustang Shading Systems, LLC	MOUNT VERNON	LINN	01	\$250,000	0	0	13	NEW BUSINESS	Window Treatment Stores
Indigo Row Floral Design	Rock Valley	LYON	04	\$81,000	0	12	12	EXISTING BUSINESS	N/A
Southern Iowa Asphalt & Sealing	BUSSEY	MARION	02	\$63,400	1	1	0	NEW BUSINESS	Highway, Street, and Bridge Construction
Neighborhood Bakehouse LLC	RED OAK	MONTGOMERY	03	\$88,000	2	2	2	NEW BUSINESS	Retail Bakeries
True Pitch	ALTOONA	POLK	03	\$940,000	0	5	5	NEW BUSINESS	Sporting and Athletic Goods Manufacturing
True Pitch	ALTOONA	POLK	03	\$200,000	0	5	5	NEW BUSINESS	Sporting and Athletic Goods Manufacturing
Sweat Iowa, LLC	Ankeny	POLK	03	\$420,000	6	8	8	NEW BUSINESS	Diet and Weight Reducing Centers
SEC Holdings, LLC	Des Moines	POLK	03	\$310,000	10	0	3	EXISTING BUSINESS	Commercial and Institutional Building Construction
Matthew Rainey Insurance Services LLC	DES MOINES	POLK	03	\$269,000	8	2	3	EXISTING BUSINESS	Insurance Agencies and Brokerages
RUBYSPoon LLC	DES MOINES	POLK	03	\$36,000	2	2	2	NEW BUSINESS	Mobile Food Services
Wolf Construction Services, Inc.	West Des Moines	POLK	03	\$742,000	0	84	84	EXISTING BUSINESS	Commercial and Institutional Building Construction
Whizbang, LLC	Council Bluffs	POTTAWATTAMIE	03	\$85,000	0	5	5	EXISTING BUSINESS	All Other Amusement and Recreation Industries
Slavens Family Chiropractic, P.C.	Bettendorf	SCOTT	02	\$202,500	0	0	2	NEW BUSINESS	Offices of Chiropractors
Kamal Group, LLC	Davenport	SCOTT	02	\$2,500,000	0	12	12	NEW BUSINESS	Hotels (except Casino Hotels) and Motels
Eldridge Lumber Company	ELDRIDGE	SCOTT	02	\$3,876,000	1	19	20	NEW BUSINESS	N/A
JAX ELECTRICAL SERVICES LLC	ROLAND	STORY	04	\$30,000	2	0	4	EXISTING BUSINESS	Electrical Contractors
Freedom Self-Storage 24/7, L.L.C.	CARLISLE	WARREN	03	\$225,000	1	1	1	EXISTING BUSINESS	Lessors of Miniwarehouses and Self-Storage Units
Truman Automotive & Performance LLC	INDIANOLA	WARREN	03	\$190,000	2	1	1	NEW BUSINESS	General Automotive Repair


Affordable | Powerful | Easy to Use

Email Marketing For Your Business

- Account setup and integration
- Create monthly campaign and schedule launch
- Real-Time Reporting
- Unlimited database import
- Free strategic email marketing review
- Easy-to-use



Create responsive emails in minutes with our Email Studio

FREE Up to 100 Active Names

TOLL FREE: 515-480-1703 | GREENMAILINC.COM

Your Corporate Gifting Headquarters

Surprise & delight your clients, employees, and shareholders with a unique gift they've never received before.

- Automatic Gifting for Birthdays & Work Anniversaries
- Co-Branded Website for Employee Gift Selection
- Custom Gifts that include your promotional collateral
- Holiday Gifting Programs



NO CONTACT DELIVERY



Contact us at cheers@yourprivatebar.com to discuss your gift options!



CONNECTIVITY BUILT FOR BUSINESS

Running a business is a tough task. Mediacom Business' robust network functions as your I.T. department and strategic partner, so you can stay focused on the business at hand.

60 Mbps INTERNET

Business-grade speed with unlimited usage.

BUSINESS PHONE

High-quality calling to keep your team communicating.

BUSINESS Wi-Fi

Ideal for data-hungry customer devices.

ADVANCED DATA SECURITY

Stay protected and connected with innovative features.

\$149⁹⁵
A MONTH

CALL TODAY 866-393-4847

**MEDIACOM
BUSINESS**

A 3-year contract is required. Monthly package price is good for one year and thereafter increases \$10 each year during the contract term. If you cancel any of the services within the 3-year term, an early termination fee may apply. Does not include standard installation fee (\$19.95, more if special work is needed). Package price also does not include the following recurring monthly charges: (i) local broadcast station surcharges, or (ii) taxes, franchise fees and other amounts required by law to be collected or paid. Mediacom Business Advanced Data Security requires Mediacom Business Internet for additional monthly charge. Bundle Mediacom Business Wi-Fi service (\$12/mo.) with Advanced Data Security (\$12/mo.) for \$24/mo. For 1 year; thereafter, the standard rate of \$15/mo. shall apply for both services. For more information go to MediacomBusiness.com/total-solution-bundle. © 2022 Mediacom Communications Corporation. All Rights Reserved.

50

Favorite Places
for a Drink

Cheers!

The landscape of central Iowa includes an array of nightclubs, bars, taverns, dives and watering holes where alcohol is served. After-dark options include traditional sports bars, dance joints, cocktail lounges, karaoke establishments and even cafés with wine and beer menus. With all of these options, choosing just one can be overwhelming, so we made up a game to help you sort through the selections! Put a check next to each bar you've visited. Then tally your score to see if you need to leave the house a little more often or if maybe you should take a night off once in awhile. Either way, enjoy the test and have some fun with this guide and the offerings of the Des Moines metro area.

50 FAVORITE PLACES FOR A DRINK (IN ALPHABETICAL ORDER)

1717 BREWING CO.
322 E. Court Ave., Des Moines
515-243-7868
www.1717brewing.com
 Check if you've been here!



CONFLUENCE
1235 Thomas Beck Road, Des Moines
515-285-9005
www.confluencebrewing.com
 Check if you've been here!



AJ'S ON EAST COURT
419 E. Court Ave., Des Moines
515-282-1888
www.ajsbar.com
 Check if you've been here!



THE CONTINENTAL
407 E. Fifth St., Des Moines
515-528-2300
www.continental-lounge.com
 Check if you've been here!



AURA RESTAURANT & LOUNGE
12851 University Ave., Suite 400, Clive
515-225-6005
www.auradsm.com
 Check if you've been here!



DESTINATION GRILLE
2491 E. First St., Grimes
515-355-1153
www.destinationgrille.com
 Check if you've been here!



BEECHWOOD LOUNGE
416 E. Walnut St., Des Moines
515-288-2337
facebook.com/beechnwood.31
 Check if you've been here!



THE DUCKTAIL LOUNGE
1809 86th St., Clive
515-727-5670
www.theducktailounge.com
 Check if you've been here!



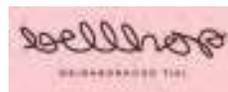
THE BEERHOUSE
4810 86th St., Urbandale
515-278-1821
www.beerhouseia.com
 Check if you've been here!



EAST SIDE EDDIE'S NEIGHBORHOOD BAR & GRILL
3517 E. 26th St., Des Moines
515-777-3401
facebook.com/east-side-eddies-neighborhood-bar-and-grill
 Check if you've been here!



BELLHOP
440 E. Grand Ave., Des Moines
facebook.com/bellhoptiki
 Check if you've been here!



FIESTA JALAPEÑOS
1975 N. Ankeny Blvd., Unit 113, Ankeny
515-630-1941 • www.fiestajalapenosia.com
508 N. Jefferson Way, Indianola
515-962-9422 • www.fiestaindianola.com
 Check if you've been here!



BIG GROVE BREWERY
555 17th St., Des Moines
515-777-2337
www.biggrove.com
 Check if you've been here!



FIRETRUCKER BREWERY
716 S.W. Third St., Ankeny
515-964-1284
www.firetrucker.com
 Check if you've been here!



BLUE AGAVE
9500 S.E. University Ave., West Des Moines
 Check if you've been here!



FONG'S PIZZA DOWNTOWN
223 Fourth St., Des Moines
515-323-3333
www.fongspizza.com
 Check if you've been here!



CAFFREY'S SPORTS PUB
1320 Hickman Road, Waukee
515-987-0552
www.caffreysportspub.com
 Check if you've been here!



FOUNDRY DISTILLING COMPANY
111 S. 11th St., West Des Moines
515-566-7654
www.foundrydistillingcompany.com
 Check if you've been here!



COA CANTINA
425 E. Grand Ave., Des Moines
515-280-3097
facebook.com/coacantina
 Check if you've been here!



G. MIG'S 5TH STREET PUB
128 Fifth St., West Des Moines
515-255-4550
www.gmigs.com
 Check if you've been here!



50 FAVORITE PLACES FOR A DRINK (IN ALPHABETICAL ORDER)

GLOBAL BREW TAP HOUSE

9500 University Ave., #1118, West Des Moines
515-264-2903
www.globalbrew.com
 Check if you've been here!

**MULBERRY STREET TAP**

206 Sixth Ave., Des Moines
515-985-2066
suretyhotel.com/mulberry-street-tavern
 Check if you've been here!

**THE HALL**

111 S. 11th St., Suite 200, West Des Moines
515-608-4100
www.thehalldsm.com
 Check if you've been here!

**THE NEW NORTHWESTERN**

321 E. Walnut St., Des Moines
515-410-1423
www.thenewnorthwestern.com
 Check if you've been here!

**HELLO, MARJORIE**

717 Locust St., Des Moines
515-369-2296
www.hellomarjorie.com
 Check if you've been here!

**THE OPERATING ROOM**

5515 Mills Civic Parkway No. 130, West Des Moines, 515-226-3333
1631 S.W. Main St., No. 105, Ankeny, 515-289-0051
facebook.com/theordsm
 Check if you've been here!

**HESSEN HAUS**

101 S.W. Fourth St., Des Moines
515-288-2520
www.hessenhaus.com
 Check if you've been here!

**POUR CHOICES**

1895 S.E. Grimes Blvd., Suite 101, Grimes
515-986-1927
www.pourchoicesbar.com
 Check if you've been here!

**IOWA DISTILLING COMPANY**

4349 Cumming Ave., Cumming
515-981-4216
www.iowadistilling.com
 Check if you've been here!

**PURA SOCIAL CLUB**

660 E. Fifth St., Des Moines
515-864-7120
www.purasocialclub.com
 Check if you've been here!

**IRINA'S STEAK & SEAFOOD**

6500 S. Prairie View Drive, Unit 100, West Des Moines
515-225-8020
www.irinassteakandseafood.com
 Check if you've been here!

**THE REPUBLIC ON GRAND**

401 E. Grand Ave., Des Moines
515-518-6070
therepublicongrand.com
 Check if you've been here!

**KINSHIP BREWING**

255 N.W. Sunrise Drive, Waukee
www.kinshipbeer.com
 Check if you've been here!

**RITA'S CANTINA**

401 S.E. Fifth St., Des Moines
515-777-1012
www.ritascantinadsm.com
 Check if you've been here!

**MAGGIE'S RUMBLE ROOM**

1430 Second Ave., Des Moines
515-245-9780
www.maggiesrumbleroommenu.com
 Check if you've been here!

**SALT OF THE HEARTH**

5513 Mills Civic Parkway, West Des Moines
515-457-7258
www.saltofhearth.com
 Check if you've been here!

**MICKEY FINN'S**

7020 Douglas Ave., Suite A, Urbandale
515-270-8738
facebook.com/MicFinn's
 Check if you've been here!

**STAR BAR**

2811 Ingersoll Ave., Des Moines
515-244-0790
www.starbardsm.com
 Check if you've been here!

**MIDDLEBROOK MERCANTILE**

4125 Cumming Ave., Cumming
515-981-0494
www.middlebrookmercantile.com
 Check if you've been here!

**THE STUFFED OLIVE**

208 Third St., Des Moines
515-243-4456
www.thestuffedolive.com/dsm
 Check if you've been here!



50 FAVORITE PLACES FOR A DRINK (IN ALPHABETICAL ORDER)

SULLY'S IRISH PUB
860 First St., West Des Moines
515-255-9970
www.sullysdesmoines.com
 Check if you've been here!



TWISTED VINE BREWERY
112 S.E. Fourth St., Des Moines
515-720-2940
www.twistedvinebrewery.com
 Check if you've been here!



TITO'S LOUNGE
3916 N.W. Urbandale Drive, Urbandale
515-348-9319
www.titosloungeiowa.com
 Check if you've been here!



WELLMAN'S PUB
2920 Ingersoll Ave., Des Moines, 515-245-9737
597 Market St., West Des Moines, 515-222-1100
www.wellmanspub.com
 Check if you've been here!



TOAD'S TAVERN
3002 State St., Des Moines
515-264-8623
www.toadstavern.net
 Check if you've been here!



THE WHISKEY HOUSE
2510 S.W. White Birch Drive, Ankeny
515-965-1261
www.thewhiskeyhouse.net
 Check if you've been here!



TONIC ON COURT
210 Court Ave., Des Moines
515-777-1182
facebook.com/toniccourt
 Check if you've been here!



WINESTYLES TASTING STATION
5515 Mills Civic Parkway, No. 120, West Des Moines, 515-224-9463
8460 Birchwood Court, No. 500, Johnston, 515-334-9463
1450 S.W. Vintage Parkway, No. 170, Ankeny, 515-963-9463
www.winestyles.com
 Check if you've been here!



TRUMAN'S KC PIZZA TAVERN
400 S.E. Sixth St., Des Moines
515-214-2759
www.trumanstavern.com
 Check if you've been here!



VISTA PUB
7205 Vista Drive, West Des Moines
515-528-2186
facebook.com/Vista-Pub-280868722081502
 Check if you've been here!



SCORECARD

Tally up all of your checkmarks: one point for each place you've visited. Then find out what your number says about you below.

50 — All-time legend status

Congrats. Your liver is made of iron, the local bouncers know you as Bobby Bottleservice, and you are on a first-name basis with every bartender in the 515.

40-49 — We're not worthy

No Google Maps necessary for you to navigate between the area's most hoppin' hot spots. You know the best bars and the worst. You know which offer free popcorn and which ones are overpriced. You don't drink and text, and you only do drama on Thursdays. Can we be drinking buddies?

30-39 — The social drinker

"Liquor before beer..." You never remember how that one finishes up, but it doesn't matter. Your internal fortitude is generally settled regardless of how you layer things. At least until it's 1 a.m., and you're buying a second round of "Mind Erasers" for your peeps — the ones you just made best friends with while waiting in line for the bathroom. They did hold your hair, after all.

20-29 — Basic

"Everything in moderation," they say. We don't know who "they" are, but if we did, you would have earned some serious brownie points with them for heeding their words of wisdom. Without a doubt, your Uber rating is stellar, and there is always a cold Bud Light in your fridge.

10-19 — Amateur hour

You're like Haley's Comet. You don't come out very often, but when you do, people make a big deal out of it. Or maybe you end up in jail; it could go either way. Take four aspirin before morning, and you'll be fine. Unless, of course, you need bail money. In which case, choose your one phone call wisely.

0-9 — Hermit

Spoiler alert: The Berlin Wall is no longer anything more than a heap of rubble. It is now safe to venture from your bomb shelter and rejoin society. Furthermore — despite what your mother says — good things do occasionally happen after midnight.



SPECIALIZING IN
MODERN AMERICAN
FARE FEATURING
FARM-TO-TABLE
INGREDIENTS



AT AURA, IT'S GOOD VIBES ONLY!



HAPPY HOUR
3-5:30PM MON-SAT



CATERING, PRIVATE PARTIES

INQUIRE TODAY ABOUT
JOINING OUR
AMAZING TEAM!



aura
RESTAURANT & LOUNGE

Reservations: 515-225-6005
12851 UNIVERSITY AVE #400, CLIVE
WWW.AURADSM.COM





VOTED CITYVIEW'S
**BEST EAST VILLAGE BAR
& BEST MARGARITA**

425 E GRAND AVE, DES MOINES
COACANTINADSM.COM



Proud to be one of...

50

Favorite Places
for a Drink



EST. 2020 DSM, IA
COA CANTINA

KEEPING IT HOT ALL YEAR ROUND
CITYVIEW'S RUNNER UP FOR BEST EAST VILLAGE BAR



Bellhop

NEIGHBORHOOD TIKI

440 E GRAND AVE, DSM BELLHOPTIKIDSM.COM

TAKE A *Vacation* FROM INFLATION

Proud to be one of...
50
Favorite Places
for a Drink



**EVERY HOUR
IS HAPPY
HOUR**
AT THE HALL &
THE BEERHOUSE


MULE MONDAYS
\$4
MULES

TITO'S TUESDAY
\$5
TITO'S

**WINE N WHISKEY
WEDNESDAYS**
\$2 OFF
ALL WHISKEY SHOTS
& DRINKS
& 1/2 OFF ALL WINE GLASSES & BOTTLES



THIRSTY THURSDAYS
\$2 OFF
ANY BEER

FIVE DOLLAR FRIDAYS
\$5
TITOS, CAPTAINS,
JACKS & MULES

VACAY SATURDAY
\$5
MOJITOS, MARGARITAS,
MULES & MAMA'S MIMOSAS

SUNDAY FUNDAY
25% OFF
PIZZA AND YOUR
ENTIRE BAR TAB



111 South 11th St, West Des Moines
515-608-4100

THE HALL thehalldsm.com

BEERHOUSE
RESTAURANT & SPORTS PUB

4810 86th St, Urbandale, IA | (515) 278-1821 | www.beerhouseia.com

— middlebrook —

MERCANTILE

MARKET & PROVISIONS



Now Open in Cumming

| 4125 CUMMING AVENUE |

Offering craft cocktails, beer, specialty wines,
as well as curated fine goods for your shopping pleasure
all in a unique event space. Come check it out!

More Info at **MIDDLEBROOKMERCANTILE.COM** **f** **ig**

Proud to be one of...

50

Favorite Places
for a Drink



AN EXQUISITE EXPERIENCE OF SAVORY DELICACIES

OF THE BALKANS & MEDITERRANEAN

HAPPY HOUR 2PM - 6PM

50% OFF Shareables
and Flatbreads

\$1 OFF Beer, Wine,
and Tito's Mules

NOW SERVING BRUNCH!

WE LOOK FORWARD TO SERVING AND SEEING YOU SOON!

TITO'S LOUNGE

3916 NW URBANDALE DR, URBANDALE
515.348.9319 ♦ TITOSLOUNGEIOWA.COM





Proud to be one of...

50

Favorite Places
for a Drink



THE PLACE FOR ALL IOWA & IOWA STATE FOOTBALL

& FREE PIZZA ON SATURDAYS ALL SEASON LONG!

During the Iowa & Iowa State games

SHUFFLEBOARD LEAGUES STARTING SOON!

Email k6tonic@gmail.com for information

TONIC
BAR
Court Avenue

Offering over 20 cold draft lines with seasonal and domestic beers, as well as delicious specialty cocktails.

210 Court Ave, Des Moines
toniccourt.com | (515) 777-1182



CHOOSE
POUR CHOICES
FOR YOUR

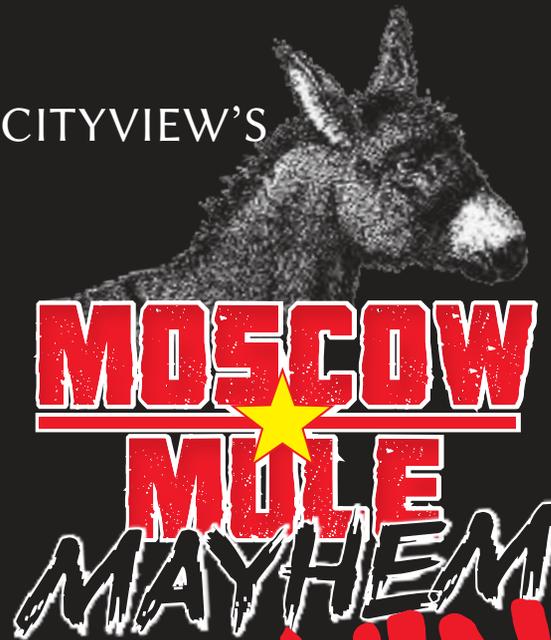
FAVORITE
MOSCOW
MULE!



NOW OPEN ON SUNDAYS! 11AM-4PM

515-986-1927
1895 SE Grimes Blvd Ste 101
Grimes
pourchoicesbar.com

CITYVIEW'S



WINNER!

POUR CHOICES
NEIGHBORHOOD BAR

1895 S.E. Grimes Blvd. #101, Grimes
www.pourchoicesbar.com | 515-986-1927

Vote for us!

IN CITYVIEW'S MOSCOW MULE MAYHEM!



THE HALL

Famous
flavored mules

original | blueberry
pineapple | watermelon | raspberry lime

111 South 11th St, West Des Moines || 515-608-4100 || thehalldsm.com





Join Us
 for good food
 with good friends



**MOSCOW
 MULE
 MAYHEM**

Winner!

OF CITYVIEW'S MOSCOW
 MULE MAYHEM 2022



1895 SE Grimes Blvd, Grimes
 515-986-1927 | pourchoicesbar.com



< Shop & Play >



Anna Serene
5525 Mills Civic Pkwy. #105
goinpostal.com
(515) 901-9405



Goin' Postal
650 S Prairie View Dr. #125
goinpostal.com
(515) 564-7447



The Great Frame Up
5515 Mills Civic Pkwy. #150
thegreatframeup.com
(515) 226-2310



Funny Bone
560 S Prairie View Dr. #100
desmoines.funnybone.com
(515) 270-2100



Look @ You
5545 Mills Civic Pkwy. #100
(515) 777-2815



Mercedes Nails
650 S Prairie View Dr. #115
mercedesnails.com
(515) 221-2259



Mint Piercing Studio
5525 Mills Civic Pkwy. #125
mintpiercing.com
(515) 333-8223



The Operating Room
5515 Mills Civic Pkwy. #130
operatingroomarcade.com
(515) 226-3333



Power Life Yoga
5465 Mills Civic Pkwy.
powerlife.com
(515) 564-7555



Rouge Style Company
5525 Mills Civic Pkwy. #110
rougestyleco.com
(515) 329-0113



The Spa at West Glen
5465 Mills Civic Pkwy. #250
spawestglen.com
(515) 225-2642



WineStyles
5515 Mills Civic Pkwy. #120
winestyles.com
(515) 224-9463



WORN
5515 Mills Civic Pkwy. #160
thewornstore.com
(515) 224-6880



XO Nails
5465 Mills Civic Pkwy. #140
(515) 223-9399

< Eat & >



Abelardos Mexican Food
5525 Mills Civic Pkwy. #130
abelardosmexicanfood.com
(515) 440-0323



Anna Dolce Ristorante
5585 Mills Civic Pkwy. #110
annadolceristorante.com
(515) 223-2302



Banana Leaf
5515 Mills Civic Pkwy. #140
bananaleafasian.com
(515) 440-0854



Coach's Pizza
560 S Prairie View Dr.
coachspizza.com
(515) 223-2233



Crumbl Cookies
5585 Mills Civic Pkwy. #140
Coming Soon!



El Fogon
5465 Mills Civic Pkwy. #101
elfogondsm.com
(515) 221-7981



Jimmy John's
5465 Mills Civic Pkwy. #125
jimmyjohns.com
(515) 440-6666



Scooters Coffee
5585 Mills Civic Pkwy. #170
scooterscoffee.com
(515) 339-5165



Shotgun Betty's
5535 Mills Civic Pkwy. #100
(515) 309-0744

Explore W



Welcome Back to West Glen Town Center

5465 Mills Civic Parkway #206, West Des Moines
westglentowncenter.com

& Drink



BeerStyles Taproom & Gastropub
 5513 Mills Civic Pkwy.
beerstyles.com
 (515) 453-233



The Breakfast Club
 5525 Mills Civic Pkwy #100
thebreakfastclubusa.com
 (515) 224-7030



Club Evny
 5485 Mills Civic Pkwy.
 (515) 371-0708



Hurts Donut Co.
 5513 Mills Civic Pkwy. #105
wannahurts.com
 (515) 267-1671



The Irish
 560 S Prairie View Dr.
theirishwdm.com
 (515) 225-1105



Irina's Restaurant and Bar
 650 S Prairie View Dr. #100
irinasrestaurantandbar.com
 (515) 225-8020



Smoothie King
 5545 Mills Civic Pkwy. #105
smoothieking.com
 (515) 223-1710



Totally Rolled Ice Cream
 5545 Mills Civic Pkwy. #103
totallyrolledicecream.com
 (515) 222-4422



Tonic Bar
 5535 Mills Civic Pkwy.
rileydrive.com
 (515) 225-2144

West Glen!

< Live & Work >



Conterra Ag Capital
 7755 Office Plaza Dr. S
conterraag.com
 (855) 381-3451



Country Financial
 650 S Prairie View Dr. #200
countryfinancial.com
 (515) 223-7182



Great Clips
 5465 Mills Civic Pkwy. #130
salons.greatclips.com
 (515) 224-5991



Heartland Barbers
 5465 Mills Civic Pkwy, #150
heartlandbarbers.com
 (641) 856-7203



Keffer/Overton Architects
 650 S Prairie View Dr.
k-o.com
 (515) 288-4821



LaFleur Chiropractic
 5465 Mills Civic Pkwy. #230
lafleurchiropractic.com
 (515) 564-7272



H&R Block
 5465 Mills Civic Pkwy. #145
hrblock.com
 (515) 440-1361



ReMax Precision/Oakstone Homes
 5465 Mills Civic Pkwy. #200
www.precisiondsm.com
 (515) 491-4319



Serenity Couture
 650 S Prairie View Dr. #101
serenitycouture.com
 (515) 309-6782



Sterling Financial Group
 5465 Mills Civic Pkwy. #255
 515-224-5278



Stowers & Nelsen PLC
 650 S Prairie View Dr. #130
stowerslaw.com
 (515) 224-7446



West Des Moines Chamber of Commerce
 650 S Prairie View Dr. #110
wdmchamber.org
 (515) 225-6009



Wild Rose Entertainment
 5465 Mills Civic Pkwy, #400
wildroseresorts.com
 515-248-1776

DO YOU LIKE WHISKEY?
DO YOU LIKE WINE?
THEN YOU'LL
LOVE THIS EVENT!



WEST GLEN TOWN CENTER
Friday, September 23 from 5-9 p.m.

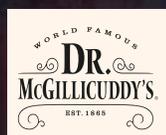
For a ticket price of **\$20** (\$20 in advance, \$30 at the event), attendees will receive **10** drink tickets that can be redeemed at participating stops for a sample size whiskey cocktail! Also enjoy free wine samples at participating retail locations!

PARTICIPATING BUSINESSES:

WELLMAN'S PUB & ROOFTOP, THE IRISH, SHOTGUN BETTY'S, CLUB ENVY, COACH'S PIZZA, TONIC, ANNA SERENE, ANNA DOLCE RISTORANTE, THE BREAKFAST CLUB, SALT BEERSTYLES

FOR INFORMATION, DRINK MENU AND TO PURCHASE TICKETS:
WHISKEYWALK.DMCITYVIEW.COM

EVENT SPONSORS:



THE EVENT WILL BE HELD RAIN OR SHINE

LEGEND

- Restrooms
- ATM
- Whiskey Stop
- Wine Stop
- Tickets Available
- West Glen Leasing Office



COME FOR THE DRINKIN' AND THE LAUGHIN' ...STAY FOR THE CARRYIN' ON!




SEE YOU AT WINE & WHISKEY WALK
FRIDAY, SEPT. 23



the IRISH
515.225.1105
www.theirishwdm.com

560 S. PRAIRIE VIEW DRIVE, SUITE 2015 IN WEST GLEN
WEST DES MOINES' FRIENDLIEST IRISH PUB AND CIGAR HANGOUT



the IRISH

560 S. Prairie View Drive, Suite 2015



WHISKEY STOP

SOUR APPLE MULE

Dr. McGillicuddy's Apple Whiskey, ginger beer, splash of simple syrup



Call West Glen home.

Discover an original.



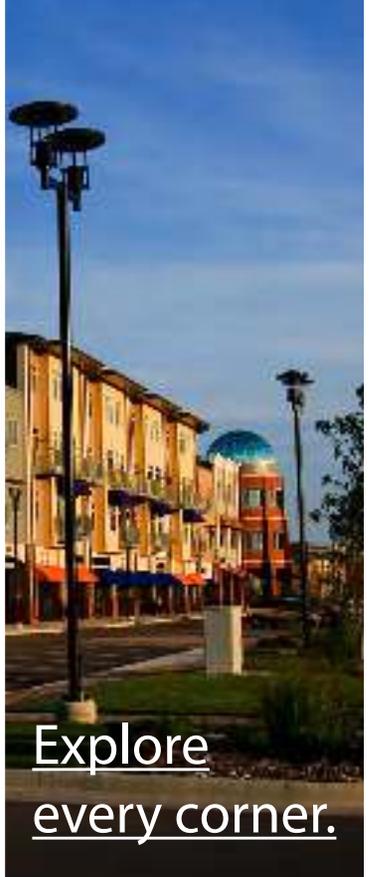
Eat, drink and be merry.



Fun for all.



Explore every corner.





5485 Mills Civic Parkway



WHISKEY STOP

PEACHY KING!

Dr. McGillicuddy's Peach Whiskey,
Buttershot Schnapps, Sierra Mist

THE WESTSIDE'S BEST NIGHTCLUB

EARLY ACCESS
DURING THE WINE & WHISKEY WALK
FRIDAY, SEPTEMBER 23

5485 MILLS CIVIC PKWY, WEST DES MOINES
FRIDAYS & SATURDAYS: 10PM - 2AM

Anna dolce
RISTORANTE

Open 7 Days a Week, 3pm - close
5585 Mills Civic Pkwy #110,
West Des Moines
515-223-2302
annadolceristorante.com



EXPERIENCE WELLMAN'S

W

WELLMAN'S PUB
WEST DES MOINES

597 MARKET STREET WEST DES MOINES
515.222.1100 • WWW.WELLMANSPUB.COM

FREE DESSERT WITH PURCHASE OF 2 ENTREES.
Must show Wine & Whiskey Walk Wristband.

The Breakfast Club

5525 Mills Civic Parkway



WHISKEY STOP

Maple Cold Fashioned

1.5oz Early Times Bourbon, .5oz Grand Mariner, 1.5oz cold brew, 2 dashes of bitters, .5oz maple syrup

Anna dolce RISTORANTE

5585 Mills Civic Parkway #110



WHISKEY STOP

ROMAN SOUR

Early Times Bourbon, lemon juice, egg white, Demerara, luxardo rinse, lavender bitters with a Chianti float

The Breakfast Club



BRUNCH
without **BOOZE**
.....
is just.. breakfast

stop in today!

two locations!
East Village
212 E 3rd St, DSM
West Glen Town Center
5525 Mills Civic Pkwy, WDM

Scan For Our Menu!
open daily 6am-2:30pm



Classic Italian Cuisine with a Modern Kick!
PRIVATE ROOM AVAILABLE FOR RENT



FREE DESSERT with purchase of 2 entrees.
Must show Wine & Whiskey Walk Wristband.

Anna dolce
RISTORANTE

Open 7 Days a Week, 3pm - close
5585 Mills Civic Pkwy #110,
West Des Moines
515-223-2302
annadolceristorante.com



5535 Mills Civic Parkway



WHISKEY STOP

*Not actual drink.

Drink name and recipe unavailable at press time.



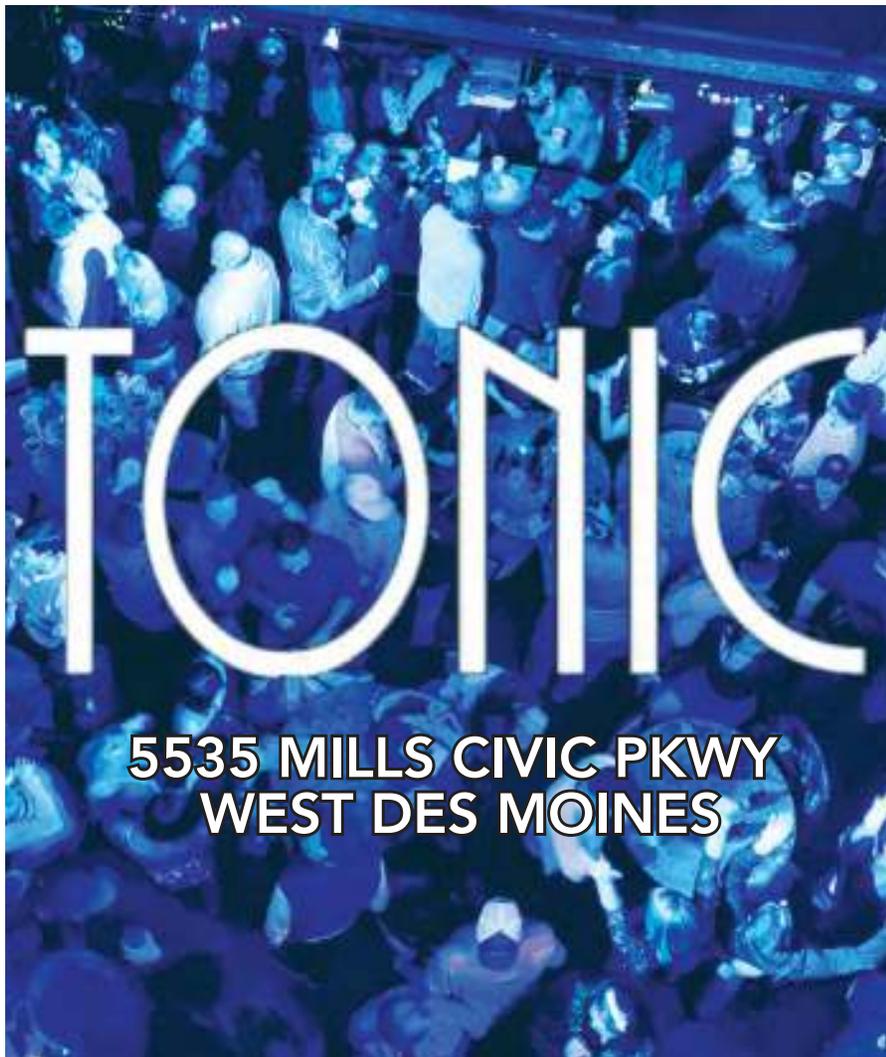
560 S. Prairie View Drive



WHISKEY STOP

Cranapple Splash

Dr. McGillicuddy's Apple Whiskey, cranberry juice, and a splash of Sierra Mist



TONIC

5535 MILLS CIVIC PKWY
WEST DES MOINES



DINE IN & CARRY OUT

APPS • SANDWICHES • PASTA • PIZZA • BEER • WINE

COACH'S PIZZA

560 SOUTH PRAIRIE VIEW DRIVE
WEST GLEN TOWN CENTER • 515-223-2233
WWW.COACHSPIZZA.COM • OPEN DAILY AT 4 P.M.



5535 Mills Civic Parkway, Suite 100



WHISKEY STOP

THE HONEY CRISP

Dr. McGillicuddy's Honey Whiskey, hard cider



WELLMAN'S PUB
WEST GLEN TOWN CENTER

597 Market St.



WHISKEY STOP

FRUIT SMASH!

Wheatly Vodka, lemonade, strawberry puree, orange juice, pineapple juice, mint leaf to top it off

It's better at Betty's...

SHOTGUN Betty's

Tuesday KARAOKE
Thursday LIVE MUSIC
Friday & Saturday DJ
...ALWAYS A DANCE FLOOR!

SHOTGUN BETTY'S
5535 Mills Civic Pkwy.
West Des Moines
West Glen Town Center
515-309-0744

W

WELLMAN'S PUB
WEST GLEN TOWN CENTER

FREE DESSERT
WITH PURCHASE OF 2 ENTREES.

Must show Wine & Whiskey Walk wristband

WINE & WHISKEY WALK

597 MARKET STREET • WDM • 222.1100
www.wellmanspub.com



5513 Mills Civic Parkway

5525 Mills Civic Parkway, Suite 105



WHISKEY STOP

Gold Rush

Bourbon, fresh lemon juice, honey syrup



WHISKEY STOP

Horsefeather

Whiskey, ginger beer, Angostura Bitters



WINE STOP

WineStyles Fruity

Aromas of dried cherries and fresh strawberries with flavors of sweet cola and a hint of spice



WINE STOP

WineStyles Crisp

Aromas of lemon, stone fruit and minerality, with flavors of creamy ripe pear and honeydew

5 YEARS OF BEERS!

Join us at BeerStyles the week of September 19th as we have a bunch of events planned for you!

SEPTEMBER 20TH KICKOFF PARTY

Games on the Green
Beer and food specials

SEPTEMBER 21ST WINE DINNER

Spanish wines paired with a Spanish inspired menu

SEPTEMBER 22ND FREE BEIGNETS

with purchase of entrée

SEPTEMBER 23RD CITYVIEW'S WINE & WHISKEY WALK

SEPTEMBER 24TH GRAND TASTING

with our sister company WineStyles (celebrating 16 years) 4-7pm

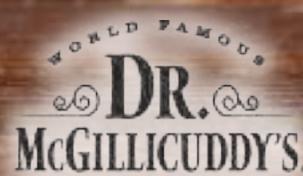
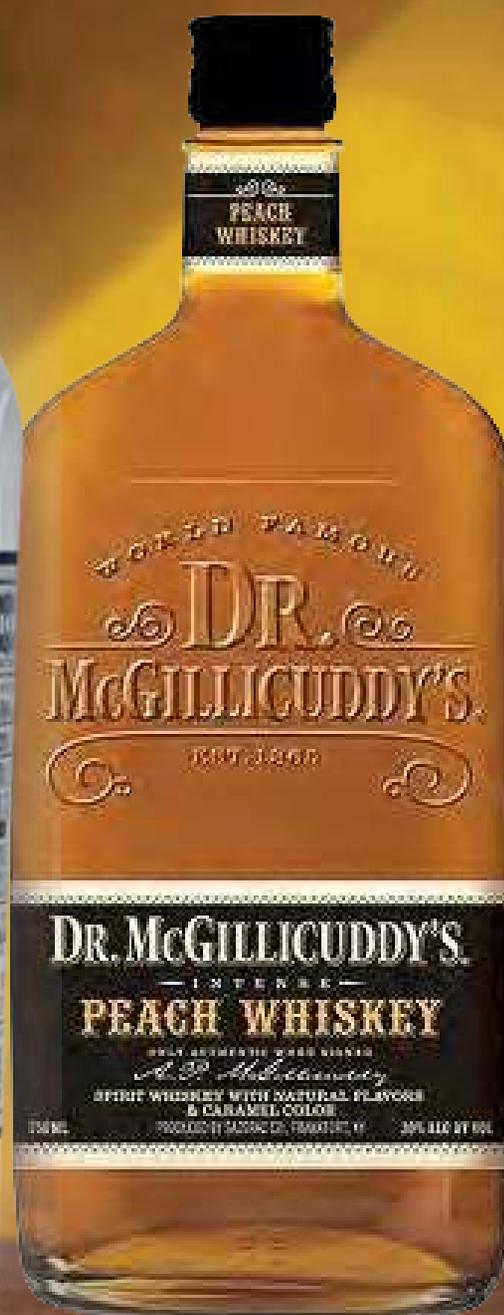
5513 Mills Civic Parkway, West Des Moines
beerstyles.com • 515-453-BEER (2337)



15% Off Entire Purchase During CITYVIEW's Wine and Whiskey Night!



THIS EVENT IS PROUDLY SPONSORED BY THESE PREMIUM SPIRITS



BELLY UP TO:

aura RESTAURANT & LOUNGE

Aura Restaurant and Lounge is located at 12851 University Ave., Clive — the former home of Trostel's Dish, which closed in April 2020.

Aura offers good vibes

Features tapas, Saturday happy hour, large patio

BY JACKIE WILSON

When a popular restaurant closes and a new one opens in its place, there's bound to be comparisons to the previous location.

Aura Restaurant and Lounge opened in the old Trostel's Dish location in Clive in March 2021. As Trostel's was known for its popular tapas menu, Aura also offers a sharing tapas menu. Yet, there's no need for comparison, as Aura got it right all on its own.

Walking in the strip mall, the classy ambience sets the scene. Music piped in gives it a swanky big-city feel, yet the music is low enough to have a conversation without straining to hear your dinner partner.

The décor includes high-end suede bar stools, large comfortable booths and floral light fixtures. Above the booths are large pieces of burlwood lining the wall. Twinkling lights and ambient bar lighting are reflected on the black bar top, giving it a festive atmosphere. With only two televisions at the bar, it's a refreshing change from a sports bar environment.

Check out the patio in the back of the place. With a large seating area, you've got Iowa weather options, where you can choose from shade, sun or under an umbrella. Sturdy gray patio chairs offer stability, as opposed to those plastic cracked seats you find at some patios.

On your way back from the patio, check out the unique artwork in the hallway. It's art by Aura

Operations Manager Michelle Booth, who says her artwork "ended up by accident" in the hallway.

Aura Owner Jay Wang — of the popular Des Moines-area Wasabi restaurants — was inspired by eateries in Las Vegas, which lends to the sophisticated look and feel of Aura.

On to the food and drink. As I hit happy hour, it was a good deal. From 3 to 5:30 p.m. on weekdays — and even on Saturdays — there are numerous drink choices, many of which are nearly half-price from the regular menu.

A honey vodka Collins includes Revelton honey vodka, lemon and soda for \$6; regularly \$12. A select menu of happy hour drinks includes beer starting at \$3 or well drinks for \$5. Select wine runs from \$5 to \$10.

Happy hour is a chance for you to try some of their tapas for a couple bucks off the regular price. The crispy Brussels sprouts made with honey, lemon vinaigrette and grated Parmesan is a tasty way to get your daily veggie intake. Happy hour price was just \$6. Korean BBQ chicken tacos are a unique combination of pickled onions and crispy wontons.

With 20 different tapas offered, you can easily share with your friends, including a short rib ravioli, tempura shrimp or lamb lollipops. A flat bread-inspired Iowa lavash includes beef tips, arugula, caramelized onion and



Honey Vodka Collins includes Revelton honey vodka, lemon, simple syrup and club soda. Happy hour runs from 3-5:30 p.m., Monday through Saturday.

bacon jam with a crisp cracker crust for \$17. Aura offers a few family-style boards, which serve up to four people. A butcher board includes tri-tip, wild mushroom, red wine demi and roasted garlic. The menu changes frequently, offering new dishes for both the regular and the happy hour menu.

Aura is a relaxing vibe. It's great for leisurely conversations over a bottle — or two — of wine or a hand-crafted cocktail. If you're looking for a date night or an online date meetup, this place offers great food, drink selections and different seating options.

A lighted neon sign at the entrance offers up Aura's motto: "Good Vibes Only." A new place in old digs is right on par — or even better — than the old place. ■

AROUND TOWN

PHOTOS BY PAT CHECKETTS



Bob and Chelsea Anderson



Elaine and Brian Gifford



Jeff and Marcia Schoen



Sara Gallagher and Felecia Hart



Abby and Antonio Ortiz

SUMMER SUNDAZE CONCERT

Jamie Hurd Amphitheater
West Des Moines
July 31, 2022



Ou and Joy Meksay



Local 1990s cover band, The Savage Freds, performed at the concert.



Sean Hilgenberg, Joe Katich and Julie Katich

2022

PATIO

Guide



THE HALL
THE INFLATION VACATION
HAPPY HOUR!

Happy Hour specials
all day, every day!

111 S 11th Street, West Des Moines
(515) 608-4100 • www.thehalldsm.com



The
BEERHOUSE
RESTAURANT & SPORTS PUB

EVERY HOUR IS
HAPPY HOUR

at The Beerhouse!
HAPPY HOUR SPECIALS
ALL DAY, EVERY DAY!

4810 86th Street • Urbandale
(515) 278-1821 • www.beerhouseia.com



LIVE MUSIC!
Fridays 5-8pm

BRUNCH & BANGERS
DJ on the patio!

Saturdays 11am-2pm | Sundays 10am-1pm

Truman's: 400 SE 6th Street, Des Moines
(515) 214-2759 • trumanstavern.com

Rita's Cantina: 401 SE 5th Street, Des Moines
(515) 777-1012 • ritascantinadsm.com



BeerStyles
TAPROOM GASTROPUB

HAPPY HOUR SPECIALS

Tuesday-Friday: 3pm-6pm
\$5 House Wines: White, Rosé or Red
\$5 Traditional Moscow Mules
\$6 Appetizers
+ Monthly Beer Specials!

CHECK OUT OUR CO-LAB!
Open late on Fridays and Saturdays

5513 Mills Civic Pkwy, West Des Moines
(515) 453-2337 • www.beerstyles.com

*Open Five Years in
September!*



EDUCATOR EXODUS

Local schools face staffing shortages and teacher burnout.

By Sofia Legaspi Dickens

As a new school year begins, education personnel remain in short supply, and schools across the nation are taking drastic measures. In Florida, veterans can teach up to five years without a teaching certificate. In Arizona, public schools may begin training teachers without a bachelor's degree. In some districts, five-day school weeks have been shortened to four.

Iowa is no different when it comes to staffing shortages and teacher burnout. When did this problem originate, how are local schools dealing with it, and what needs to change?

Des Moines Public Schools held its largest job fair of the year on July 28 at Roosevelt High School. Photo courtesy of Des Moines Public Schools

A GROWING PROBLEM

Mike Beranek is a third-grade teacher who has taught for the West Des Moines Community School district for 34 years. In that time, he's seen downward shifts in society reflected in classrooms.

"When I first started teaching, I was able to concentrate on the act of educating a child and helping them grow emotionally and socially," he said. "However, as the years progressed, I saw that our schools were being required to do more and more for students."

Currently on leave from his teaching job, Beranek is entering his fifth year as president of the Iowa State Education Association (ISEA), Iowa's largest teacher's union. In his travels across the state, he has witnessed schools working with populations that have greater needs than ever before. On top of education, schools are now tasked with addressing food insecurity, mental health crises and more.

"Education has become a 24-hours-a-day job, seven days a week," said Beranek, deeming the increase in teachers' workloads "exponential."

As social issues bleed into classrooms, so do politics. While issues have been brewing for several years now, Beranek said the COVID pandemic brought many problems to the surface — and left even greater responsibilities at the feet of teachers. After the initial pandemic shutdowns of 2020, folks looked to reopening schools with a "fresh attitude," Beranek said.

"Things were going to be different; everything was going to be positive — and it wasn't."

It's a vicious cycle. Older educators are retiring earlier. Aspiring educators are rethinking their career choices. Current educators are scrambling to fill in the gaps in each school day. And as members of the public witness the increasing stresses placed

on educators — and the subsequent exodus from the profession — fewer want to enter into it.

Earlier this year, survey results from the National Education Association revealed that 55% of responding educators were likely to leave or retire from education sooner than planned. Between the beginning of the pandemic and the end of last school year, the Bureau of Labor Statistics reported around 300,000 public school teachers and staff members leaving the field.

Perhaps the most visible barrier to educator retention is less-than-competitive compensation. In Iowa, the minimum base salary for a teacher is \$33,500, last raised in 2016 from \$28,000. In Des Moines last year, the average full-time teacher's salary hovered around \$58,000, according to a report from the Iowa Department of Education.

"That is not competitive compared to other degreed professions that require the same amount of education," Beranek said.

At press time, upwards of 5,000 staff vacancies were listed on Teach Iowa, a statewide job board provided by the Iowa Department of Education.



Mike Beranek is a third-grade teacher currently serving as president of the Iowa State Education Association. Photo courtesy of ISEA

CITYVIEW BEST
BEST OF DES MOINES

VOTE FOR US IN 2023!

Tasty Tacos DSM, IA
EST. 1961

Vintage + Made Fair
HANDMADE. LIVE MUSIC. VINTAGE. LOCAL EATS.

SATURDAY SEPT 24
9AM - 4PM

DALLAS CO. FAIRGROUNDS
ADEL, IA

ADMISSION \$10
CHILDREN 12 & UNDER ARE FREE

WWW.VINTAGEANDMADEFAIR.COM

Fiesta Jalapeños
Mexican Restaurant

VOTE FOR US
Best Local Mexican Food & Best Local Margarita!

1975 Ankeny Blvd, Ankeny
515-630-1941 • fiestajalapenosia.com

508 N Jefferson Way, Indianola
515-962-9422 • fiestaindianola.com

INCREASING INCENTIVES

As alternative professions with bigger salaries and smaller workloads lure away teachers, schools have been trying to combat the staff exodus with incentives.

In August, Des Moines Public Schools (DMPS) offered a \$50,000 bonus to certain staff members near retirement age if they remained for the 2022-2023 school year. In June, the district announced plans to offer full benefits to part-time employees. Returning staff who committed to staying with the district for the 2022-2023 school year were offered an incentive of \$1,250. Special education teachers received a hiring bonus of \$3,000, and bus drivers up to \$5,000.

The largest district in the metro, DMPS serves a population of about 30,000 students across 38 elementary schools, 11 middle schools, five high schools and 10 special schools and programs. Of the approximately 4,800 employees needed for the district to operate, about 320 resigned or retired at the end of last school year. During the past decade, that annual number typically fell around 200, said district spokesperson Phil Roeder.

School support staff provide vital services outside of the classroom: transportation, meals, student supervision, clerical duties, facility management, school safety, 1:1 student support and more. At press time, the DMPS employment website was still seeking to fill 87 of those positions.

Persisting staff vacancies among Metro Kids Care prompted the district to put its after-school program on hold at three of its elementary schools.

“Otherwise, we’re not planning to change any services such as transportation or meals provided to our kids,” Roeder said.

Among school extracurriculars, openings for supplemental positions — typically taken on by existing school staff — were sitting at 65 openings. Among certified staff, DMPS’ greatest hiring needs have been for middle school classroom teachers and elementary special education teachers. Licensed and certified staff vacancies were



Teachers at Des Moines Public Schools attend orientation on Aug. 11. Photo courtesy of Des Moines Public Schools

sitting at 55 at press time.

During a school year that begins with remaining vacancies, teachers may be reassigned to different buildings and classes, Roeder said. Schools may also handle vacancies through long-term substitute teachers, which maintains consistency for students. The district recently increased the daily pay for long-term substitutes from \$150 to \$180.

“The fallout from COVID and the ‘Great Resignation,’ along with the nation being at near full-employment, has impacted every employer, including education, and it’s no different in Iowa in the challenges in hiring staff,” Roeder said. “We still have work to do to be 100% fully staffed, but the needle has moved in the right direction over the past few weeks.”

VOTE FOR BING'S!

BEST VALLEY JUNCTION STORE
2020, 2021 & 2022

BEST LOCAL GIFT SHOP
2019, 2020, 2021 & 2022

CITYVIEW BEST

Bing's

213 5th Street, Valley Junction
bingdsm.com • 515-279-3141

@bingdesmoines

LIQUOR CABINET

GREAT PRICES

SPIRITS
WINES
CRAFT BEERS
IOWA SECTION

9761 University Ave,
Clive
515-528-2036

\$99⁹⁵

FALL FURNACE SERVICE SPECIAL

- ✓ Increase Lifespan
- ✓ Increase Efficiency
- ✓ Reduce Energy Bill

Call for more information. Not valid with any other offers. Expires 10/31/22.

Amana

MIDWEST COMFORT

HEATING
COOLING

24/7 SERVICE 515-277-6327 MIDWESTCOMFORTIOWA.COM

Honest Service, Quality Work at a Fair Price Family Owned, Family-Oriented



Watch us grow...

adding amenities you won't find anywhere else!

Our \$25 million redevelopment continues, with the first phase nearing completion!

Not only are we refurbishing the stately Chamberlain Mansion — named to the National Register of Historic Places! — but we're adding amenities designed to help you make the second half of life the **best** half.

From a state-of-the-art wellness space (and brand-new pool!) to warm and inviting gathering spaces to outdoor walking paths and entertainment venues, our enhanced campus was planned with you, your loved ones, and the greater community in mind!

We can't wait to welcome you to our beautiful campus.

Reserve your apartment now and prepare to enjoy ALL future amenities at today's rate.



Learn about everything you can look forward to by **scanning the QR code to the left** with your phone's camera. Then, call Amy at (515) 271-6505 to arrange your private tour!



Contact Amy Bassett | (515) 271-6505 | abassett@wesleylife.org

Independent Living | Assisted Living | Memory Support | Short-Term Rehabilitation | Long-Term Care
3520 Grand Avenue | Des Moines, Iowa 50312 | wesleylife.org/wesley-acres

This institution is an equal opportunity provider and employer.   

PUMPING UP THE PIPELINES

Not only are more teachers leaving; fewer are coming. Formerly known as the Iowa State Teachers College, the University of Northern Iowa (UNI) has long been the alma mater of many educators in the state. Yet, enrollment in UNI's College of Education (COE) is down. One decade ago, the number of COE bachelor's degrees granted consistently hovered in the mid-500s. Only 470 such degrees were granted in the 2021-2022 school year. In the fall 2011 semester, UNI's COE saw a total enrollment of 2,367 — 542 of which were new students. Ten years later, those numbers had dwindled to 1,779 total, with 388 new students.

As careers in education have lost their appeal, governments have worked to remove barriers and bolster teacher pipelines. In Iowa, those with as few as 60 college credits may apply to serve as a substitute teacher. Over the summer, Gov. Reynolds announced funding for an apprenticeship program allowing high school students and adult paraeducators to earn teaching credentials while working in a classroom. And the recently passed HF 2081 eliminated the PRAXIS, an exam teachers were formerly required to take between college graduation and certification. ■



Hundreds of Iowa educators graduate from the University of Northern Iowa each year. Photo courtesy of UNI

Buy one 1/4 pound BACON CHEESE DELUXE and medium soft drink and get one 1/4 pound BACON CHEESE DELUXE

Limit one per person. Not valid with any other offer. Expires 9/30/22

855 E. Hickman Road, Waukee WWW.B-BOPS.COM
 6135 Mills Civic Parkway, West Des Moines
 1105 - 73rd Street • 3815 14th Street • 4820 SE 14th Street
 4500 Fleur Drive, Des Moines • 4565 - 86th Street, Urbandale
 2205 SE Delaware Avenue, Ankeny • 3635 - 8th Street SW, Altoona

Thank you for voting us the **BEST Local Swim School!**

A SWIM SCHOOL FOR ALL AGES...

- MS/ALS Water Walking
- HIIT
- BoGa Boot Camp
- Survival Skills Swim Clinic
- Advanced Swimming Skills
- Pre-Competitive Swim Clinic
- In-water Pilates
- Water Yoga
- Chair Yoga
- Yoga & SUP Yoga
- Trauma Informed Yoga
- Pelvic Floor Yoga
- Aquatic Aerobics
- Aqua Meditari®
- Water Safety
- Water Walking
- Lap Swimming
- ASD Swimming Lessons
- Adult Swimming Lessons
- Children's Swimming Lessons

NataviSwim.com
(515) 300-3282
 275 SW Brookside Dr, Grimes

EMAIL, CALL OR STOP BY TO REGISTER.

Planning Your Next Move?

MERITORIOUS MOVERS OF UNMITIGATED MOXIE

ADAMANTINE SPINE MOVING

515-207-2727

- Furniture Moving
- Boxes & Supplies
- Climate-Controlled Storage
- Packing & Unpacking
- Local & Long Distance

info@spinemoving.com
spinemoving.com
 FAMILY/VETERAN-OWNED BUSINESS

Request your **FREE** moving quote now!

HEADLINERS FOR LESS

PLUS:
FALL CLASSES
AVAILABLE
NOW!



Evan Schettler as Sky Masterson
Guys & Dolls, 2022-23 season

Guys & Dolls

Sept. 9-25, 2022

RODGERS + HAMMERSTEIN'S

Cinderella

Dec. 2-18, 2022

AUGUST WILSON'S

The Piano Lesson

Feb. 3-19, 2023

Kinky Boots

Mar. 17-Apr. 2, 2023

Native Gardens

June 2-18, 2023

Little Shop of Horrors

July 14-30, 2023

SEASON TICKETS AVAILABLE NOW!

NEW SUBSCRIBER DISCOUNT!

Use code **HEADLINERS** online, or mention this ad to the ticket office and receive a full season ticket for just \$189!*

*Discount available for new subscribers only. Expires 9/23/2022. Standard price \$222.



831 42nd St | Des Moines | 515.277.6261



Call 515-277-6261

Tuesday-Friday, Noon-6:00 PM



Learn about classes, or
purchase tickets online at:

DMPlayhouse.com

SMALLER DISTRICT, SAME SHORTAGE

FEATURE STORY

Smaller school districts face the same issues as larger districts. However, they possess fewer puzzle pieces to adjust to make insufficient staff numbers work, said Saydel Superintendent Todd Martin.

Last year, Saydel High School closed for a day after 16 staff members were unable to work. District leadership decided there simply wasn't enough staff to safely operate.

Along the same lines as Beranek, Martin said COVID was simply a trigger, illuminating core issues that had built up from years of increased mental health problems and stressors, particularly in at-risk environments.

"In knowing that, we've increased our structures and resources around counseling services, social workers, education surrounding mental health, and are working diligently to continue to grow impactful programs," Martin said. "But we are being outpaced by the need."

Saydel serves about 1,200 students across three schools. When it comes to hiring, Martin emphasized the importance of all districts working together as they vie for limited resources.

"I don't believe schools should compete with one another," he said. "At a certain point — and I've seen this start to happen — are we stealing people or resources, or poaching or luring away contracted teachers after contracts are due? That's a dangerous



Saydel Community School District is led by Superintendent Todd Martin and includes Cornell Elementary, Woodside Middle School and Saydel High School, pictured. Photo submitted

slippery slope. I want to help kids not just in my district, which is my primary focus, but also in other districts.

"There's a fine line in how we create neighborly boundaries to ensure we're not hurting other districts

and, ultimately, kids in that way."

Last school year, six teachers left the Saydel school district mid-year, with a total of 29 teacher vacancies to fill for the 2022-2023 year. At press time, all staff positions had been filled.

NATIONAL SEATING & MOBILITY
MOVE FREELY IN YOUR HOME.

As you get older, new challenges present themselves. Parts of your house that you don't even think about now may become harder to navigate later.

Give us a call at **515-444-5069** to help identify potential trouble spots before they become an issue and prepare accordingly, or learn more at nsm-seating.com/cityview.

LIFTS ELEVATORS RAMPS

SENIOR LIVING SERIES

STRAIGHT TALK
Senior Living Series
NEVER A SALES PITCH... JUST STRAIGHT TALK!

STRAIGHT TALK about RIGHTSIZING YOUR LIFE **FREE SEMINAR**

Thursday | Sept 15, 2022
 10:00 - 11:30 AM
 Johnston Lions Club
 6501 Merle Hay Road

Hosted and Moderated by
MARY EIKENBERRY

RSVP ONLINE OR CALL

RESERVATIONS RECOMMENDED!
 Log onto:
StraightTalkSeniorLivingSeries.com
 OR call 515-321-7059

"Downsizing" or "Rightsizing" have become popular buzzwords in senior circles. The thought of downsizing can draw a positive and/or a negative reaction of what needs accomplished. And the thought of relying on family or friends can be uncomfortable and the thought of doing it yourself can be overwhelming.

We'll explore the many facets of the process, as these topics are addressed:

- Why do people find it so hard to part with their possessions?
- What does a move manager do? How can a move manager help me?
- Is a downsizing move different?
- Can I do this myself or do I need help?
- Is there a "best" plan to follow?

If you're looking for resources, tips and strategies for this process, you'll want to join us on September 15th to learn more.

FORMER TEACHER SPEAKS ON BURNOUT

One of the 29 who left Saydel last year was Casey Jacobson. Following in the footsteps of her grandmother, who taught for five decades, Jacobson said she'd really started to "fall in love with the profession."

After teaching at a Catholic private school for two years, Jacobson came to Saydel in 2019, just in time for the COVID-19 pandemic. By the 2020-2021 year, teachers were not only expected to livestream their classes but also pre-record and upload lessons in advance.

"It was like doing double the work," she said.

With frequent staffing shortages, Jacobson often found herself subbing during her planning periods. On multiple occasions, she integrated an absent teacher's class into her own.

"They would just sit and work on stuff they needed to work on, but let's be real, they would sit and be on their phone or listen to music," she said. "It was just us getting by at that point."

Two months into her fourth year of teaching, Jacobson began to consider leaving the profession. By February, she had made up her mind. Her reasons were numerous, but typical for many teachers: overwork, under-compensation, disrespect and feeling like a "political pawn."

"I feel like the education system just chewed me up and spit me out, as a very self-deprecating person," she said. "I think one of the biggest gripes of teachers is how undermined and micromanaged they feel by administration, by parents, by even kids sometimes."

Jacobson now works as an administrative assistant for an engineering firm and no longer comes home "exhausted" at the day's end. She said the career switch has improved her physical and mental health, as well as her relationships with others. At her teaching job, she estimated working 60 hours per week. Now, she works 40 hours per week and makes an additional \$600 each month, on average.

Will Jacobson ever return to the profession? It's a big question, one she doesn't have an answer for. Many things would have to change before she considered it.

"I feel like we're in this weird spot in education right now where it's all content, content, content," she said. "Learning must be happening at all times, every second of every day of every class."

Of course, it's a given: teachers believe in the importance of learning. But, Jacobson said, it's also important for the school day to allow room for relationships.

"I think that seeing your teacher as a human and seeing your students as humans — it just makes teaching and learning easier."



Casey Jacobson graduated from the University of Northern Iowa and taught for four years, including two years at Saydel High School, before "burning out of the profession." Photo submitted

tandem brick gallery
des moines

- Professional Picture Framing
- Gifts for all personalities
- Friendly Customer Service

*Comfortably located on
Ingersoll for 45 Years*

It's that time of the year again!
Vote at dmcityview.com

2722 ingersoll avenue
tandembrickgallery.com • Instagram @tandembrick
m-f 10am-6pm • sat 10am-4pm

A PRIVATE SCHOOL'S PERSPECTIVE

Teachers, and former teachers like Jacobson, frequently cite a lack of support and an excess of micromanagement as reasons for burnout. Private institutions often offer teachers more flexibility than public schools, according to Cade Lambert, head of school at Des Moines Christian School (DMCS) in Urbandale.

“We put a lot of trust in our employees to work the hours they need to get the job done at a high level, so we don’t really fuss about the contract day or things like that, unless we have to.” Lambert said. “We try to provide our employees with as much choice and professional discernment as possible.”

Lambert spent four years teaching in public school classrooms in Perry and Urbandale before transitioning into the realm of private education. On average, private school teachers make between \$10,000 and \$15,000 less than their public-school counterparts, the National Center for Education Statistics (NCES) found. Even in 2017, well before the pandemic, NCES reported that private schools have higher teacher turnover rates than public schools.

And yet, Lambert said DMCS hasn’t been affected by the high resignation numbers that many other schools have experienced.

One reason for this, Lambert suggested: many,

although not all, private schools are faith-based and mission-focused. Their employees share that mission, and parents and students often do, as well.

Local private schools have certainly not been immune to staffing shortages. Like most schools, DMCS has struggled to find bus drivers and substitute teachers. According to Lambert, employment applications for teachers, coaches and administration positions have decreased in number.

Regarding future educator pipelines, Lambert said he thought private schools had more leverage to innovate teacher training and certification, citing alternatives like on-the-job training or teacher colleges.

“If we can’t find a mechanism to pay them more, we can’t continue to ask them to go and get four years of schooling and take on \$60,000 of debt. Because the math doesn’t work,” he said. ■



Cade Lambert serves as head of school at Des Moines Christian School. Photo submitted

CHANGING THE NARRATIVE

So, what is the first thing that needs to change? Ask most any educator — former or current, superintendent or associate — and you’ll probably receive the same answer. It starts with each individual’s attitude toward education.

“The level of disrespect right now that’s occurring all across Iowa and the country needs to stop,” Beranek said, pointing out the growing minority voice that questions the professionalism and decision-making ability of educators.

“The majority of Iowans need to start to speak up and drown out that voice,” he added. Practically, Beranek suggested speaking to school boards to voice satisfaction in specific teachers, doing the same at civic and other community groups, and, overall, ensuring that educators feel welcome and valued.

“I think we need to reset culturally to understand that the overwhelming majority of teachers are in this profession because they want to impact kids,” Lambert said. “We’ve got to bring some honor back into the profession and respect the work that’s done there. Because it’s really important work. We need both great public schools and great private schools — and in order to have those, we need to keep people that are soft-hearted and in it for the right reasons.” ■

B.A.M.I.
BASEMENTS and MORE
 Thank You for Making us
 CityView's Best Local Foundation Company

- Lifetime Warranties
- Low Rate Financing
- Basement Waterproofing
- Foundation Repair
- Drainage Installation
- Radon Gas Test
- Storm Damage
- Interior & Exterior
- Sub-Floors
- Waterproofing
- Basement Windows
- Basement Finishing
- Basement Egress
- Basement Insulation

CITYVIEW BEST
VOTE NOW!
 Best Local Foundation Company

515-963-0226
 www.BAMBasements.com

BLUE AGAVE
 street tacos & margaritas

NOW OPEN!

Vote for us for best
 Local Mexican Food and
 Best Local Margarita!

9500 SE University
 West Des Moines

515-987-2195
 www.blueagave-iowa.com

Vote for
Dr. Waggoner!
 Best Pediatrician

CITYVIEW BEST

Putting families first for more than 25 years.

Waggoner Pediatrics of Central Iowa

Schedule your child's appointment today! (515) 987-0051
 2555 Berkshire Pkwy, Suite A, Clive • waggonerpediatrics.org

Brian L. Waggoner, M.D.
 Andrea Dettmann-Spurgeon, ARNP, CPNP
 Julie A. Waggoner, ARNP, CPNP
 Samantha K. Schwenneker, ARNP, CPNP



ZIG-ZAG
YOUR WAY TO CASH
\$44,000



MESKWAKI
YOUR MOMENT. YOUR PLACE.

GIFT OF THE MONTH
SEPTEMBER

SUNDAY
SEPT 11 & 25

HOURLY DRAWINGS FROM 2 – 5 PM
CHANCE TO WIN UP TO \$2,500

Entry Activation: 10 am – 4:45 pm

MUST BE 21. MANAGEMENT RESERVES ALL RIGHTS.

TUESDAY, SEPT 6 &
MONDAY, SEPT 12, 19 & 26

8 AM – 11 PM
EARN 200 SLOT POINTS

Swipe your players card at any promotional kiosk by 12 midnight and redeem your voucher at Club Meskwaki while supplies last.

ONE GIFT PER WEEK. DIFFERENT ITEM EVERY WEEK. ITEMS SUBJECT TO CHANGE. MANAGEMENT RESERVES ALL RIGHTS. WHILE SUPPLIES LAST. MUST BE 21.

[f](#) [t](#) [i](#) | MESKWAKI.COM | 800.728.4263 | 1504 305TH STREET • TAMA, IOWA

HW CBD is central Iowa's **LEADER IN CBD EDUCATION**

and offers the largest selection
of products at the best price!

OUR CUSTOMERS SAY IT BEST... ★★★★★

If you're just starting out with CBD, this is the place to go. *The owners are highly knowledgeable* about every product they carry and what dosage you would need. Their own line of products is **OUTSTANDING**, and I don't think you'll find anything else like it.

E. Harris

The products are top tier and the owners have been incredibly thoughtful and helpful. There is a ton of information available to learn about CBD and it's benefits. I appreciate not only the service provided there, but the HW brand CBD is an *incredibly clean superior quality product* and is working well for us.

Kenna C

I've had trouble sleeping naturally for years. I've sought help from my doctor for prescription meds such as Trazadone and melatonin with minimal to no help. *This is a game changer.* Highly recommend. It helps me fall asleep and stay asleep for 5+ hours already.

Sarah C

Cast your vote **TODAY** for HW CBD in Cityview's Best of Des Moines awards - **BEST CBD RETAIL BUSINESS**





HW CBD

PREMIUM + HEALTH + WELLNESS

1821 22nd St, Ste 102, West Des Moines | 515-223-2370

hwcbdiowa.com [f](#) @HWCBD

Locally owned and operated • Over 10 years of industry experience
CBD Certification • Consultation/Education • Online Purchasing Available

SEPTEMBER 2022 | CITYVIEW | 75

Irina's Steak & Seafood

New stuff includes an expanded choice of prime steaks, both wet- and dry-aged — some as long as 60 days.

EAT & DRINK

National chain restaurants are true believers in templates. They don't deviate much from one store to another in menu or floor plan. Des Moines restaurant groups take a different path to expansion. Full Court Press likes to open completely new restaurants from one to another — Hessen Haus, Red Monk, Royal Mile, Fong's, Skol, Lucky Horse, Library, Maria's, Shorty's, Iowa Taproom, Mullet's, etc. So does Orchestrate with Django, Centro, Gateway Market Café, Malo, Zombie Burger. Only Fong's and Zombie Burger were duplicated, and their expansions have retracted.

When other local restaurants expand, they don't duplicate much. St Kilda's has three outlets currently, and all are quite different. The newest, in Clive, closes at 4 p.m. That's radically different from the St. Kilda's Surf & Turf that was ended by COVID. When Jerry Talerico revived his Sam & Gabe's concept, he called it Tally Ho to Go, and he placed it in Merle Hay Mall's food court.

The most distinctive new version of an established restaurant is Irina's Steak & Seafood. When the owners opened on Hickman, they took over a troubled venue that had been a frequent target of Urbandale police. Mold damage to the walls was so bad they had to tear the walls down to the studs. That revealed hidden caches of drugs and cash.

The new Irina's Steak & Seafood moved into a former Bonefish. That is a Bloomin' Brands chain of high-end restaurants with all the trappings of elegance one finds at sister restaurants like Carrabba's, Fleming's and Aussie Grill. To that they added wood, marble, linen curtains, leather and an upscale menu that features 60-day dry-aged prime steaks and South American seafood. The ager is built in the wall with a glass door so one can watch future steaks mature. Romantic lighting, high- and low-top seating, a piano soundtrack and Irina's flair for dramatic presentations make this place an instant rival to Fleming's.

The menu is not too different from the other Irina's. Specialties like wagyu beef stroganoff, squid ink fettucine, goat cheese salad dressings, pork shank ossobuco, Boursin stuffed mushrooms, lamb antichuco in tzatziki, or sea bass sudado with shrimp escabeche and saffron rice are here. So are the decadent burgers and the steak de Burgo that won CITYVIEW's ultimate de Burgo challenge. A few things did not move to West Glen — fried chicken, duck frites, lasagna, banana foster cake, carrot cake, mussels in chardonnay. Chicken Kiev that was earthshakingly good is gone from both places now. Butter is relieved.

New stuff includes an expanded choice of prime steaks, both wet- and dry-aged — some as long as 60 days. Bern's Steakhouse in Tampa used to be the only one in America with 60-day dry-aged prime steaks, according to Vogue food editor Jeff



Irina's award-winning de Burgo

Steingarten. In a practice begun locally by Paul and Troy Trostel, any steak can be ordered with special treatments — de Burgo, Bearnaise, gunpowder crust, Maytag blue cheese, peppercorn, horseradish crust or Cognac sauce.

Some dishes here are new to Irina's. Singapore lobster rolls on challah, tender short rib ravioli, miso halibut in sake/butter, black bean grouper with lobster criolla, and the sweetest tasting scallops I ever tried with truffle risotto and crab sauce. In a tribute to Bonefish, the new Irina's makes bang shrimp, the chain's most famous thing. Irina's version uses a tamarind sauce instead of a mayo and Sriracha sauce. Irina's was served on skewers stuck in lemon half and a bed of cabbage.

The new Irina's bar specializes in cocktails and mules and does not have vodka flights like the Hickman branch. Parking is easy. Bottom line — this is an elegant new edition to West Glen dining, a perfect weekend, private party and special occasions splurge. ■

Jim Duncan is a food writer who has been covering the central Iowa scene for more than five decades.

IRINA'S STEAK AND SEAFOOD

650 S. Prairie View Drive, Unit 100,
West Des Moines
Sunday – Thursday, 3-10 p.m.
Friday – Saturday, 3-10:30 p.m.

D | G DESTINATION GRILLE

D | G DESTINATION GRILLE



THE METRO'S NEWEST HOT SPOT FOR A CASUAL, UPSCALE DINING EXPERIENCE

STEAK, SEAFOOD, PASTA, HANDHELDS, PIZZA

- ✓ ARRIVE Terrace & Bar - rooftop terrace
- ✓ Amazing craft cocktails, local drafts on tap
- ✓ Prime steaks - Iowa Wagyu
- ✓ ARRIVE by Five Happy Hour Monday - Saturday 3-5pm
- ✓ Space to rent for your event for 10-500 people - Corporate boardroom & special occasion



2491 EAST 1ST STREET, GRIMES *East of Hwy 141 next to Menard's* | DESTINATIONGRILLE.COM | 515-355-1153



D | G

LUNCH WITH... BY JIM DUNCAN

Bill Luchsinger and Karen Strohbeen at Zanzibar

Over bagels with cream cheese, cherry pie and coffee, we talked about beans, digital art and nomadic gardening.

EAT & DRINK

Bill Luchsinger and Karen Strohbeen have probably sold more art than any other Iowa artists. They are equally well known for their TV show “The Perennial Gardener with Karen Strohbeen,” which Luchsinger produced and directed. That show played several years on national PBS stations. Since this is the height of garden season in Iowa, we asked the couple from rural Macksburg to lunch. They selected Zanzibar, Julie McGuire’s coffeehouse that predates any coffee chain in Des Moines.

Over bagels with cream cheese, cherry pie and coffee, we talked about beans, beets, digital art, tomatoes and nomadic gardening. The couple brought garlic and flowers for McGuire, and other gardeners stopped by to talk to them. One of them, Diane Pastor, offered bumblebee and orange paruche tomatoes from her three-acre garden by Drake stadium. The latter register 9.7 on the Brix scale, making them one of the sweetest cherry tomatoes.

We talked about “Iowa nice” and how gardening season brings that out. We recalled a Tom Arnold joke from his standup days. In Iowa, you have to lock your car at the mall in the summer. Otherwise, someone will break in and dump bushels of overgrown zucchini on your back seat.

“We grow trombonini Italian squash now. They are a delicious form of zucchini that is vining, so you can watch them grow up a trellis. I like to leave the flowers on when I prepare them,” Karen said.

What is going on with their tomatoes?

“They are doing well this year. We late feed them molasses. It adds a good carb source and makes them sweeter,” added Bill.

When Bill was recovering from a surgery, he had no appetite. Karen said she tried all kinds of new and old foods and finally found success with beets stimulating his appetite. Are they still beet fans?

“Oh, yes, and we eat them raw now. The restaurant at the Rockefeller estate, Stone Barns in the Hudson Valley, prepares beets you eat raw. Dan Barber (famous New York City chef and writer) runs the restaurant there and has amassed a bank of food knowledge. In Des Moines, Jordan (Clasen of Grade A farms) is a good source for organic foods,” the couple said.

“Earlham is amazing. It’s not just Jordan; there is growing going on there that is Holland level. (The

couple spent lots of time in Holland designing art for factories.) The café Beans & Beignets is fabulous. The owner is a former Hubbell family housekeeper. Many houses are English cottage style. Other stores are cool. It’s an amazing small town,” Karen said.

Beans & Beignets is more than a coffeehouse. It serves breakfast, lunch and dinner and offers a full ice cream shop. The beignets (four kinds) come from an old family recipe. The coffee comes from the roasters at century farm Pammel Park Coffee Company in Winterset.

“There is an amazing new house going up in Winterset, just a block south and west of the square; it’s Deco style,” Karen added.

Beans are a new favorite vegetable both in the garden and on the table for the couple. What have they learned about them?

“Here are a couple ideas about beans we’ve discovered in the past few years. Fortex is the bean we like best. We let it get large (7 to 8 inches) but treat it like a fresh green bean. We get the water boiling, pick the beans, cook in boiling water for 6 minutes, drain and eat with salt and butter. Like sweet corn, they are best cooked immediately, sweet and ‘solid/firm’ like a kernel of corn.

“‘Bean on Bean’ is a book by Crystal Dragonwagon. Remarkable recipes. Mention it to your bean expert (Bill Best of Berea College). Bet he knows it. I just put on her Greek beans — olive oil, a head of garlic, blanched fresh beans, tomatoes. It is cooked on the lowest possible flame for 40 minutes to 1 1/2 hours. It results in beans in garlic and tomato jam. She writes, ‘You don’t have to thank me.’ If you like beans, this is amazingly useful. We eat little meat, so these are welcome recipes for delicious food. We started making her mole-type chile with at least 30 ingredients and cannot go back,” the couple explained.

“‘The Third Plate: Field Notes on the Future of Food’ is another good book, by Dan Barber. It talks



about growing and eating more different foods that better support the earth,” Karen added.

The couple splits time now between Madison County and Tarpon Springs, an old community north of Tampa that was a great sponge center when sponge diving was a thing in America. How is the snowbird lifestyle going?

“We like it there. The St. Petersburg organic farmers market has six times the natural organic vendors as Des Moines. You can’t really grow edibles in the summer there, so we converted our property to silver palm trees and tropical ornamentation. We have no more grass.

“We have live oak and long leaf pines, and we put the silver palms in the back yard. Our front yard is all annual flowers, and neighbors love it. We met more than locals who appreciate it, too. During COVID, we started soup-sharing for shut-ins, and now we have weekly potlucks. We bring lots of raw beet salads to those. It’s been good for community building. Tulips and poppies are really hard to grow in Florida, so we plant more tropical flowers. Nomadic farmers must adapt,” they said.

They are active now with The Avenues’ bus shelter art commission.

“Yes, had to learn new software for the vector files. These pieces are 7 by 12 feet and are printed in five colors instead of four. But they are looking good. It’s the most fun I ever saw Karen have,” said Bill.

“We have come a long way technologically. We started making prints out of linoleum and potato blocks,” said Karen. ■

CITYVIEW'S



CHALLENGE

SCAN HERE TO VOTE!



ULTIMATEFOODCHALLENGE.DMCITYVIEW.COM

HURRY!

SECOND ROUND OF VOTING
WILL BE OPEN THROUGH
MONDAY, SEPT. 19!

- Cancun Grill & Cantina
- Coa Cantina
- El Azteca
- El Barco
- El Fogon
- El Guapo's Tequila + Tacos
- El Molcajete
- El Rodeo
- Fiesta Mexican Restaurant
- Flame Cantina
- Flame the Taqueria
- Fuzzy's Taco Shop
- Guadalajara Mexican Restaurant
- Hacienda Vieja
- Henry J's Taco House
- Isla del Pacifico
- La Baja Cocina Mexicana
- La Cabana Mexican Grill
- Lina's Mexican Restaurant
- Los Charros
- Los Laureles Mexican Restaurant
- Malo
- Mojito's Mexican Grill
- Monterrey
- Nick's Bar & Grill
- Nina's Tacos
- Señor Tequila
- Taco Casa
- Tacos La Familia
- Tasty Tacos
- The Beerhouse

VOTE EL FOGON!
FOR CITYVIEW'S **ULTIMATE TACO CHALLENGE!**



ORIGINAL LOCATION
1250 8th Street
515-635-0133

5465 Mills Civic Parkway #101
515-221 7981
SE corner across from Target

NEW!

Vote TASTY TACOS

IN CITYVIEW'S ULTIMATE TACO CHALLENGE

Come see why we've been voted best local Mexican food, best local tacos and best local place for a \$5 lunch



EST. 1961

Tasty Tacos

DSM, IA

Multiple Locations: East DM | Northeast DM | South DM | Ankeny | Urbandale | West Des Moines

ORDER ON DOOR DASH! | TASTYTACOS.COM

Greta Van Fleet

Various rock magazines and music outlets have compared the band's sound to Led Zeppelin.

A rock band formed only 10 years ago has stormed the music scene, creating a positive and lasting impression in the rock and roll world.

Greta Van Fleet's explosion into the rock scene garnered attention when they won a Grammy award in 2019 for the Best Rock Album for the EP, "From the Fires."

Various rock magazines and music outlets have frequently compared Greta Van Fleet's sound to Led Zeppelin.

Their newest album, "The Battle at Garden's Gate," debuted at No. 1 for the Billboard Rock, Hard Rock and Vinyl categories. The band is young: members currently range from ages 23-26. Jake Kiszka, guitarist, told CITYVIEW the Grammy award was a huge achievement.

"It's a reaffirmation of what we're all doing. It was a great honor to receive it, but that doesn't change anything about the band," he said.

Jake and his twin brother, Josh, along with their younger brother, Sam, formed the group after jamming at home. They added friend Danny Wagner as a drummer.

The Kiskzas grew up in Michigan listening to their parents' records. They cite a heavy blues influence to their music.

"We found that our parents' music — Muddy Waters, BB King — that's one of the reasons I picked up a guitar," Jake said. "Once I discovered how a slide guitar sounded, it really adds another element."

They chose the name of their band from a fellow resident in the Kiskzas' hometown. Greta Van Fleet was a "sweet old grandma" and a town elder who gave her blessing for the name. There's no hidden meaning —

they simply liked the sound of the name.

Playing in a band with his brothers wasn't always a given.

"I always wanted to put together a group. I never imagined it would be with my brothers," Jake said. "It's organic — a course of least resistance. Playing like that together just happened."

In their five years of touring, they've witnessed everything from small crowds to fans singing along with "Highway Tune," shouting at the top of their lungs. As

20-somethings, they see people their own age, but mostly all ages at their concerts.

"We see 8 to 80, from all ages, and it's profound to see. The core group of our generation inhabits it — it's like the reinvention of rock and roll," Jake said. "It's an evolution of that type of music and the tradition of it being carried down to the next generation."

During their short tenure, they played with some of their musical heroes. They've joined Metallica in Las Vegas. They performed with Elton John and Bob Seger. Opening for the Foo Fighters in Quebec City was a memorable experience.

"Everyone was chanting our name. With 300,000 people, it was a surreal moment, which really made a big impact," he recalled.



Greta Van Fleet performs in their "Dreams in Gold" tour at Wells Fargo Arena in Des Moines on Sept. 21. Special guests include Houndmouth and Robert Finley.

When asked what musician he would most like to perform with — dead or alive — Jake paused, saying, "There's so many. Jimi Hendrix. I'd like to learn the secrets of the old master. There's a lot of early blues musicians who were very influential."

Performing together side by side with his siblings has resulted in little conflict; the band is continuously energized by their concerts.

"It's a miracle where we're at. It's pretty cohesive — we haven't been worn down by the touring. Every day is exciting. We've gone from nothing to something. It's pretty miraculous."

Jake said he's pumped to return to perform in Iowa. "It's nice to finally see the light of day and have the opportunity to tour again. We love and appreciate people coming around to see us." ■

SOUND ADVICE

BY JACKIE WILSON

The Union Park area is the place to be on Sept. 11 from noon to 5 p.m., during **PorchFest DSM**. The grass-roots movement is a rolling music festival connecting musicians with porches in the Union Park area. A map outlines where musicians perform a 60-minute set. A few musicians include **The High Crest, Sara Routh, Ryan Doughty, Courtney Krause, Scott Eggleston** and other local talent. For a porch map or more information, visit www.porchfestdsm.org.

September in Des Moines might as well be named "Rock-tember" with all the rock concerts this month. Consider purchasing tickets to a trio of the hottest rising rock bands. **Dirty Honey and Dorothy** perform at the Val Air Ballroom on Sept.

14 as part of their "California Dreaming" tour, with opener **Mac Saturn**. And don't forget **Greta Van Fleet**, who plays Wells Fargo Sept. 21. Prefer classic rockers instead? Catch **REO Speedwagon, Styx** and **Loverboy** on Sept. 11 at Wells Fargo Arena. Or check out **Cheap Trick** on Sept. 9 and **The Cult** on Sept. 24, both at Hoyt Sherman Place.

The **Beaverdale Fall Festival** is back after a pandemic hiatus. Several stages offer free live music on the streets. On Sept. 16, **Trio Aceto, Cover That!** and **Kent Brothers Band** perform. On Sept. 17, **Don Jones and Friends, DJ Mollie Get Down** and **The Maytags** perform. ■



NEW
PHANTOM
Fall fest

HALLOWEEN LIKE YOU'VE NEVER SEEN

Adventureland's all-new Phantom Fall Fest features two different Halloween experiences in one thrilling, chilling event. Each weekend this October, enjoy daytime family fun until 6 P.M. Then the fear kicks in gear with haunted houses, scare zones and creepy characters prowling the park. Get FREE admission with select Season Passes.

EACH FRIDAY, SATURDAY & SUNDAY IN OCTOBER

ADVENTURELAND

Restrictions apply. © 2022 Adventureland Resort. All rights reserved.

'Dragon Ball Super: Super Hero'

Longtime fans of DBZ will find "Super Hero" thoroughly entertaining, and new fans will likely leave practicing the Makankosappo rather than Kamehameha.

"Dragon Ball Super: Super Hero" has this awkward name apparently because creator Toriyama actually forgot the series was called "Dragon Ball Super." He intended the title to be "Dragon Ball Super Hero." This is on brand for the Toriyama if the rumor is to be believed. (Whatever happened to Launch?) The movie combines the nostalgia of "Z," the humor of "Abridged," and voice actors giving more personality to the characters than ever before (Christopher Sabat in particular is a ton of green fun as Piccolo).

The story can be summed up easily: Good people are given some bad information, and the expected conflict ensues.

An exceptionally drawn 2D exposition dump of the original Dragon Ball series in updated animation kicks off the movie. This introduction is absolutely beautiful and immediately brings longtime fans back to the IP while offering new fans a means of entering the lore without having to lean over to their buddy and ask, "Who's that? Why are they doing that? Does he know them? Can they do that?"

However, the animation changes after this introduction to computer generated. It's fluid 3D yet styled to evoke the classic lines and angular body shapes of the anime. While hesitation is understandable, if this is why you're on the fence about seeing this movie, hop off and grab a ticket. Whether or not audience members respond favorably to this change is up to personal preference, but it looks great for 3D masquerading as 2D and adds a unique slick quality to the fight scenes.

This time, our favorite Saiyan dads are too busy off training somewhere with literal gods to defend Earth. So, it's down to Piccolo and his protégé to stave off the Red Ribbon Army, who've decided to pick another fight with Capsule Corp, despite how every previous encounter has turned out. Dr. Gero's grandson Dr. Hedo (Android 16's apparent sire) is released from prison and immediately picked up by Magenta (the love child of Red and Violet from the original — I know, bonkers), the new leader of the Red Ribbon Army. Dr. Hedo wants to create the perfect android, but unlike his grandfather, Dr. Hedo is a superhero fanboy. The Gammas are androids built to be caped heroes, and they have a cartoonish demeanor. One's a bit of a boy scout, like Superman, while the other's got a rebellious streak a la Iron Man.

But perhaps the best part about this movie is that it finally puts Gohan and Piccolo in the spotlight. After decades of watching the Dragon Ball Z characters sit in Goku and Vegeta's shadows on the anime series, occasionally helping out or getting a prominent



moment, we see the familial team unleash the potential fans knew they had all along. And the Gammas provide a fun duo that make formidable opponents for Gohan and Piccolo.

Cue many battle sequences consisting of muscly dudes screaming at each other while their hair stands on end, as is tradition.

In many ways, "Super Hero" is a love letter to Gohan and Piccolo that highlights their lasting relationship. They're both family men now, Piccolo training Pan and helping out Bulma and Videl, while Gohan continues on his scientific research (i.e., Super SaiyAnts).

Much as it's great to see Piccolo flex his muscles, and he does that in a big orange way, there's a delightful comedy series to be gleaned from him playing nanny and stepdad as needed. He's come a long way from the wastelands, now living in a home furnished with King Piccolo's throne (or a recreation), a kitty-covered cell phone, and a mountain of plushies. Plus, you'll be treated to one of the most absurd interactions between Piccolo and Bulma that'll leave you just as flabbergasted as the former but likely relating to the latter.

While he gets the lion's share, Piccolo doesn't get all the jokes. Pan is cute and delivers some of the best physical comedy of the movie. Krillin continues to be the DBZ canary in the coal mine. Shenron demonstrates his familiarity with the Z Warriors. Even Beerus shows his loony-tune-inspired lecherous side (apparently, he has a type, and that type is Cheelai).

"Dragon Ball Super: Super Hero" is a compelling exploration of the father-and-son bond between Gohan and Piccolo, who take center stage for once to give the Goku and Vegeta show a rest. It's not taking itself too seriously, and the plot is held together with minced Senzu beans, but for a feature-length fight scene intercut with some hearty chuckles, it's worth fitting into your schedule. ■

"Dragon Ball Super: Super Hero"
PG | 100 minutes
Director: Tetsuro Kodama
Voices: Christopher Sabat, Kyle Hebert, Monika Rial

'The Woman King'

R | 144 minutes

Director: Gina Prince-Bythewood

Stars: Viola Davis, John Boyega, Lashana Lynch

"The Woman King" is the remarkable story of the Agojie, the all-female unit of warriors who protected the African Kingdom of Dahomey in the 1800s with skills and a fierceness unlike anything the world has ever seen. Inspired by true events, "The Woman King" follows the emotionally epic journey of General Nanisca (Viola Davis) as she trains the next generation of recruits and readies them for battle against an enemy determined to destroy their way of life. Some things are worth fighting for.



'Clerks III'

R | 115 minutes

Director/Writer: Kevin Smith

Stars: Ben Affleck, Rosario Dawson, Sarah Michelle Gellar

Following a massive heart attack, Randal came close to death and realized his life has meant nothing, there's nobody to memorialize him, and he has no family. In the recovery — while under fentanyl, having almost died, having worked in a movie store his whole life and watched other people's movies — he tells Dante (Brian O'Halloran), "I think we need to make a movie." So Randal enlists Dante, Elias, Jay and Silent Bob to make a movie immortalizing his life at the convenience store that started it all.



'Barbarian'

R | 102 minutes

Director/Writer: Zach Cregger

Stars: Georgina Campbell, Bill Skarsgård, Justin Long

Some stay for a night. Some stay for a week. Some never leave. In "Barbarian," a young woman (Georgina Campbell) traveling to Detroit for a job interview books a rental home. But when she arrives late at night, she discovers the house is double booked, and a strange man (Bill Skarsgård) is already staying there. Against her better judgement, she decides to spend the evening but soon discovers that there's a lot more to fear than just an unexpected house guest. ■





IOWA CUBS



DARIUS HILL



SEPTEMBER

SUN	MON	TUE	WED	THU	FRI	SAT
				1 5:15 COL	2 6:05 COL	3 6:05 COL
4 12:05 COL	5	6 6:05 JAX	7 6:05 JAX	8 6:05 JAX	9 6:05 JAX	10 5:35 JAX
11 2:05 JAX	12	13 6:38 MEM	14 12:08 MEM	15 6:38 MEM	16 7:08 MEM	17 6:08 MEM
18 1:08 MEM	19	20 6:35 OMA	21 6:35 OMA	22 6:35 OMA	23 6:35 OMA	24 6:35 OMA
25	26 6:38 TOL	27 12:08 TOL	28 12:08 TOL	29	30	

HOME AWAY FIREWORKS

SCAN THE CODE TO BUY SINGLE GAME TICKETS



Have fun this summer?
Be a regular next year with
2023 Season Tickets

- Reserved seat at every game
- Free Parking*
- 10% off at the Team Store

*Select Packages



CHICAGO CUBS
AFFILIATE

VS



St. Louis Cardinals
Affiliate

SEPTEMBER 13-18

See everything we have going on at

IOWACUBS.COM

and Follow Us on social to see all the fun, action
and updates all season long

@iowacubs



IOWACUBS.COM

515.243.6111

Victorian and Romantic ages revisited

The Des Moines Symphony is starting with the greatest guitar music ever written and keeping it right where non-elitists like it.

Olson Larsen's main gallery is closed while a new roof is built on the building. But the shows must go on, and the gallery has been innovative. By press time, they will be hosting a pop-up show at the venerable Jordan House, one of the oldest buildings in Polk County and the oldest in West Des Moines.

Jordan House is a Victorian home in Italianate Gothic style. It is listed on the National Register of Historic Places and is a member of the National Underground Railroad Network to Freedom Program. It was built by one of West Des Moines' first settlers, James C. Jordan. The art show will complement a show of objects from the West Des Moines Historical Society, and the gallery will donate 10% of sales to the society.

Each artist in the show works in subject matter or techniques that were prevalent during the time period in which The Jordan House was built. Michael Banning paints old doors and windows in living quarters in Minneapolis. The windows allow experimentation with the qualities of light. Tim Schiffer is a playful artist who likes to paint still life watercolors of fruit with famous old master paintings. Gary Bowling is a big landscape painter who uses diverse brushstrokes to add textures that enhance the beauty of sunlight and shadow in nature. Joshua Cunningham is another Minnesota artist who works in Plein Air style. Mat Kelly is a Central College professor who works in etching, drawing and book arts.

Randy Richmond is a photographic artist who works in 19th-century techniques. Amy Worthen is a printmaker and engraver whose subject matter flashes back to the early days of Iowa and earlier days in Italy. She is also a master of irony. The exhibition will run through Sept. 30. The JH will host open hours Wednesdays between Aug. 31 and Sept. 28. Arrange an appointment to visit the house outside of those hours by calling or emailing Olson-Larsen Galleries.

Two-way traffic

Coming off the heels of years of social distancing and isolation, the Des Moines Art Center Print Gallery hosts "Hold Me Closer," an exhibition addressing different emotional tones associated with close, interpersonal contact, "from jubilant and saccharine, to bittersweet, melancholic, or unsettling." The show features work from the mid-19th century through to the present by Mary Cassatt, Elizabeth Catlett, Larry Fink,



Tim Schiffer, "Still Life with Watermelon," Watercolor, 15 x 18 inches.

Käthe Kollwitz, Danny Lyon, Robert Mapplethorpe, Edvard Munch, Deana Lawson and many others.

Ironically, protocols were so strange at the DMAC during COVID that visitors could not visit the Print Gallery, which is set immediately where one enters, without first traversing the entire museum. This now lets visitors move in more than one direction, and the show plays through Dec. 11.

The most affordable concerts

The Des Moines Symphony debuts Sept. 24-25 with tickets \$15-70 and students half-priced. After COVID ruined the DMS's 200th birthday party season for the deaf Beethoven, they open the new season featuring a guitar masterpiece by the blind Rodrigo. Sharon Isbin, another Twin Cities artist, will star in DMS's first annual Harriet S. and J. Locke Macomber Concert, an

artistic initiative aimed at presenting "once-in-a-lifetime works and internationally renowned soloists."

The first half of the concert will feature a trio of American composers beginning with the world premiere of Kevin Puts' "Heartland Canons." Isbin performs Christopher Brubeck's "Affinity," written as an homage to his late father, jazz legend Dave Brubeck, and composed specifically for Isbin to perform. Finally, the impressionistic rhapsody of Gershwin's "An American in Paris." After intermission, Isbin performs Rodrigo's dazzling "Fantasia para un Gentilhombre." The Symphony's season debut concludes with more than 100 musicians performing Ravel's "Daphnis et Chloe."

The rest of the season is filled with crowd pleasers like "The Planets," "Firebird" and the "Music of Queen." Think about season tickets this year. DMS is starting with the greatest guitar music ever written and keeping it right where non-elitists like it. ■

IOWA ARTISTS

BY SOFIA LEGASPI DICKENS

Pat Millin

Finding refuge and a platform through oil painting



Pat Millin works on "Monsoon," depicting a 2018 scene at Kutupalong refugee camp in Cox's Bazar, Bangladesh. Kutupalong is the world's largest refugee camp. Photo by Sofia Legaspi Dickens



Millin retired early from her career as a psychologist to paint full-time. Photo submitted

Pat Millin's mother was an artist. So, naturally, when it came time for Millin to choose a career, she pursued psychology.

"I didn't want to compete with her," Millin explained.

After working at a Des Moines hospital for eight years, Millin was hired as the staff psychologist at the Iowa Correctional Institution for Women in Mitchellville.

"A typical day of work was like going to a different movie every day," Millin laughed. In her role, Millin worked with offenders on mental health, medication, sexual trauma and suicide prevention. "It was a very high-stress job, but very gratifying."

To cope with the stress, Millin started painting. It had been about three decades since she had sat at an easel, but, before long, she found herself taking her paintbrushes to the prison every morning, cleaning them after painting long into the night.

"There's a psychological plane to every painting. It's a puzzle. You have to figure it out. That's why I was attracted to working with people in crisis. There's always a way to figure out a problem — and the same thing with the paintings. Art is a reflection of life."

At the prison, Millin helped establish an inmate art program, taught by Des Moines master painter Mary Muller. As she saw the art program benefit the women, Millin decided she wanted to take classes, too, and began learning from Muller on the weekends.

"I just really tapped into the other side of my brain, and it was just, like, 'Oh, I can't go back there,' " she said. "So I retired early to paint full-time."

The career change wasn't intimidating. Even before retiring, Millin had been selling paintings out of the trunk of her car.

"I would paint the neighbors' yards, their flowers or something," she said. "And I'd show it to them, and they'd buy it."

Now, Millin has works scattered across the Des Moines metro: at the Cheese Bar on Ingersoll Avenue, by the bar at the Sixth Avenue Holiday Inn, and in the rehab center at Mercy Hospital.

An early project titled the "Saturday Night Series" highlighted local restaurants around Des Moines. As she worked, Millin met many immigrants and refugees among the kitchen and wait staff. She started listening to their stories and said it opened up "a whole new area" for her. Yearning to travel and provide aid but bound by her age — Millin is 75 — all she could do was paint.

"I believe people are good, and we're conditioned to be afraid of one another by false divisions that are imposed from the top," Millin said. This year, the number of displaced people worldwide surpassed 100 million for the first time. Millin said she hopes her latest series, titled "Finding Refuge," shows that refugees are just like



"Crossing to Safety" is part of Millin's nine-painting series, "Finding Refuge," on display at HoQ Restaurant through Sept. 15, then Zanzibar's Coffee Sept. 17 to Oct. 20. Photo submitted

"you and me." Ultimately, she'd like her work to prompt people to slow down and think, creating a dialogue.

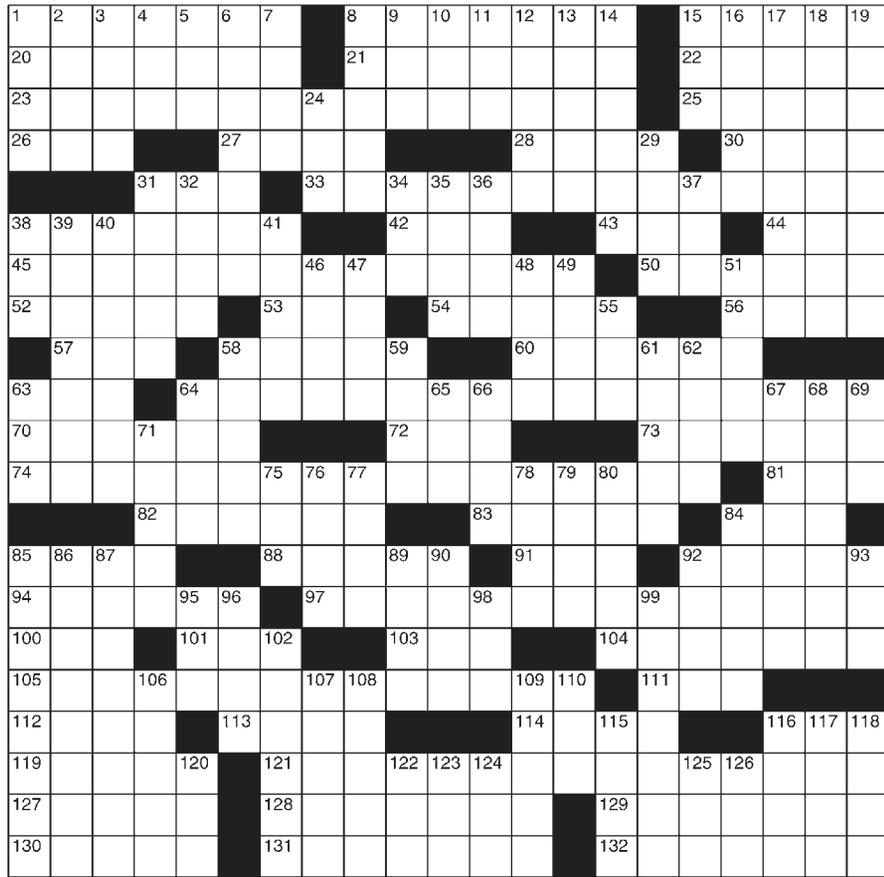
"We're scrolling on our phones all the time. You see all these images of the refugee children, but then it's the next crisis you're scrolling to, and you forget about it," she said. "These [paintings] are permanent images. They bring permanence to this time in history."

"Finding Refuge" will be displayed at HoQ Restaurant, 303 E. Fifth St., through Sept. 15, then Zanzibar's Coffee Adventure, 2723 Ingersoll Ave., from Sept. 17 to Oct. 20. See more of Millin at www.pmillin.com. ■

PUZZLES

Find answers at www.dmcityview.com/the-games

APT CITY SIGHTS



ACROSS

- 1 Inexpensive
8 Nazareth's ancient locale
15 Carbo-loading food
20 Conditionally free prisoner
21 Ram into from behind
22 Voices below mezzos
23 Pooch in a Texas city?
25 Vegas machines
26 Certain snake
27 Employ
28 Margarine, quaintly
30 Eight in front?
31 "That's --- -brainer"
33 Lock opener in an Oklahoma city?
38 Display stand for curios
42 Marked, as on a ballot
43 Toothy tool
44 See 56-Across
45 Young lady in a California city?
50 Song satirist Tom
52 Stroll along
53 Aegean, e.g.
54 "Shrek!" writer William
56 With 44-Across, "In all probability ..."
57 Cake alternative
58 Cake levels
60 Subway in a Duke Ellington title
63 West of film
64 Long seat in a Kansas city?
70 Year-by-year records
72 AFL ---
73 Pooh's mopey pal
74 Band gig in an Arkansas city?
81 Playfully shy
82 Hispanic woman
83 Lines on street maps
84 Plato's "T"
85 "M*A*S*H" co-star
88 Microbe-filled
91 Municipal law: Abbr.
92 -- Carlo
94 "The Far Side" cartoonist Gary
97 Opening for light in a Wisconsin city?
100 Alias letters
101 "-- So Fine" (1963 #1 hit)
103 Singer Yoko
104 Anybody
105 Boxy vehicle in a Virginia city?
111 Scarlet, e.g.
112 Casino game with 80 balls
113 Ruinous end
114 Banks do it
116 Cooked in the style of
119 Maya Angelou's "Still ---"
121 Sluggard in a Florida city?
127 Dr. Watson player Bruce
128 As a help to
129 Sign off on
130 Disney Hall architect Frank
131 Try
132 Arrange in a different way
DOWN
1 Links gp. for women
2 Sculling tools
3 Prepare a gift
4 Cheat
5 Aged
6 Chain of cosmetics stores
7 Actress Garr
8 Rosey of the 1960s Rams
9 -- Lingus (Irish carrier)
10 China's Chou En ---
11 Angry feeling
12 Strung along
13 -- Gay (warplane)
14 Yard tools
15 Fathers
16 Sign off on
17 Actress Channing
18 Walked unsteadily
19 Ore analysts
24 Wall St. opportunist
29 Of speech
31 Light-footed
32 Campbell of "Scream" films
34 Acne care brand
35 Ale barrels
36 Emend
37 Pile up debt
38 That, to Lucia
39 Orchestral drums
40 Surrounding, as sound
41 Cow on milk cartons
46 Lustful look
47 Noble Brit
48 Get, as profit
49 -- fire under (roused)
51 Sweetums
55 Fido's threat
58 Boob tube
59 Large bag
61 "Nine" Tony nominee Karen
62 Cynical reply
63 -- de mer
64 Earthen pot
65 Actor Cage, to pals
66 Entryway
67 "Not possible"
68 Toasted bread cube
69 "Yo!"
71 Map source
75 Highway semi
76 Blood type, for short
77 Vocalist Vikki
78 Net tyro
79 "Fame" singer Irene
80 Singers Arnold and Grant
84 Moderately muscular writer
86 Body of water off Buffalo
87 Get closer, quaintly
89 Kitty's call
90 Yearnings
92 Act silently
93 Fleecy female
95 "Well well!"
96 Dweeby sort
98 11th mo.
99 Vocabulary
102 "Enough!"
106 Tough puzzle
107 Opposite of 104-Across
108 Actresses Stone and Watson
109 Off the ground
110 Omaha loc.
115 Get closer
116 Between the sheets, say
117 Mandolin kin
118 Love god
120 "Tarzan" star Ron
122 Fruit stone
123 Major fuss
124 ---TURN (street sign)
125 ---Magnon man
126 That woman



"Sorry I'm late Mr. Jones, but i couldn't find my _____!"

SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Eat
SIGNET

Honest
ISCREEN

Fix
LINSALT

End
SOCRUEL

TODAY'S WORD

SUDOKU

by Linda Thistle

2				9				7
	1		6			3		
	5	8			7		9	
		1			2		6	3
	3		9			7		
4				3				1
		5	1			8		
	9				3			4

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY: ◆◆◆

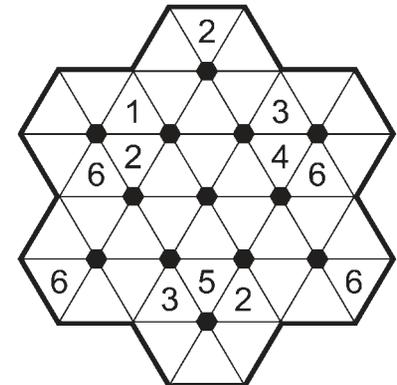
◆ Moderate ◆◆ Challenging
◆◆◆ HOO BOY!

© 2022 King Features Synd., Inc.

SNOWFLAKES

by Japheth Light

There are 13 black hexagons in the puzzle. Place the numbers 1 - 6 around each of them. No number can be repeated in any partial hexagon shape along the border of the puzzle.



DIFFICULTY: ◆◆◆

◆ Easy ◆◆ Medium ◆◆◆ Difficult

© 2022 King Features Synd., Inc.

GO FIGURE! by Linda Thistle

The idea of Go Figure is to arrive at the figures given at the bottom and right-hand columns of the diagram by following the arithmetic signs in the order they are given (that is, from left to right and top to bottom). Use only the numbers below the diagram to complete its blank squares and use each of the nine numbers only once.

	-		×		14
×		×		+	
	×		-		21
-		-		÷	
	×		-		16
12		1		2	

DIFFICULTY: ★★ ★

★ Moderate ★★ Difficult
★★★ GO FIGURE!

1 3 4 5 6 6 7 8 9

©2022 King Features Syndicate, Inc.

WHAT THE...

Think you're funny?

Send us your best caption...

Email to celeste@dmcityview.com — **BE SURE TO INCLUDE YOUR NAME**

Next month's photo:



PHOTO COURTESY OF GRATISOGRAPHY

This month's winner

"Honey, I shrunk Mr. Fixit!"

Pat McCormick



Runners-up

"Jim went all out in finding scissors to match his shirt. It took tickets to seven flea markets, a slide rule that required his bifocals to read, a hygrometer, and an assist from Antman." — Mark Alvord

"Leaving the State Fair's midway, the winner of a finger-puppet is on his way to the chainsaw competition." — Ronda Bennett

"New from Overalls-R-Us! The State Fair Bibs! Comes with assorted survival gear. (Flannel shirt available in Alaska and Minnesota stores only)." — Mary Wedewer

"Mark always tried to be ready for anything... which was evident by his multi-functional wardrobe. He could break out into arts and crafts, attend a movie, even get down with his Evel Kneivel action figure." — Jim McCool

Send your "What The...?" caption and image entries to celeste@dmcityview.com.
BE SURE TO INCLUDE YOUR NAME.

We're proud
to be one of
Des Moines'
BEST



VOTE TODAY!

- Best Local Mortgage Company
- Best Local Bank
- Best Customer Service (overall)

 **Fidelity Bank**

  NMLS #527988

515-221-0022 • fidelity-bank.com

177 S. Jordan Creek Parkway, West Des Moines

REAL ESTATE AUCTION SEPTEMBER 20, 2022



REDEVELOPMENT
OPPORTUNITY

1002 W. WASHINGTON AVE., POLK CITY, IOWA

ONE-STORY 19,803 SQ. FT. COMMERCIAL BUILDING ON 3.41 ACRES

Built in 1976, this currently closing nursing and rehab facility is zoned R-1 (single-family detached residential.) Potential uses include various medical uses, training, senior housing, office, apartments, educational uses, and much more.

Previously Valued Well Above \$2,000,000
Suggested Opening Bid \$350,000

On-site inspections noon to 2pm on August 31,
September 9 and 15, and by appointment.



FOR INFORMATION CONTACT

Rick Levin & Associates, Inc. | since 1991
312.440.2000 | www.ricklevin.com

IN CONJUNCTION WITH HALLBERG AUCTION & REAL ESTATE 800.373.2255

JOE'S NEIGHBORHOOD

BY JOE WEEG

'Butter and love, baby'

"If you don't have that butter, it just isn't going to be the same."

If you are lucky, you will wake up some morning and smell a doughy, cinnamon concoction drifting up the stairs. The smell will slip under your blankets, tickle your chest, and settle on your heart. It promises a lot. Love, certainly. Home, of course. Joy, without a doubt.

My mom made cinnamon rolls when I was young. We eight kids worshipped them. Two pans of cinnamon rolls lasted mere moments after being taken out of the oven. Rarely did she have time to put on frosting unless the horde was beaten back. So we ate them both frosted and unfrosted, caramelized or uncaramelized, brushed with more butter or less butter. Heaven.

As I aged, I discovered the world of hair-netted, white-aproned, older women who baked gigantic, fluffy cinnamon rolls dripping with goo. I fell in love. These women could be found in school cafeterias, in church basements, and in the church tents at Iowa county fairs. My friends would be on the midway screaming as they

were spun around on the Scrambler while I sat in the church tent with a cinnamon roll the size of a plate. I may not have found Jesus in that tent, but I did find salvation.

So when my taxicab driver mentions cinnamon rolls in the same sentence as "butter and love, baby," I am all in.

Lee King is loud and fierce and sassy. Her braided hair sits long on her shoulders. Her smile wide and open. Her eyes clearly say she's up to no good, and, if you're lucky, you might be invited along.

Lee laughs heartily as she steers the car through the construction on Fleur Drive.

"I've been driving a cab for eight months. I was just looking for a side job, but then I started meeting good people. I want people to laugh, to have fun while they're in a cab. That's my goal."

Are you kidding? What about all the angry people



out there? They don't seem up for a fun conversation.

"Hah! Listen, I was driving this guy who was handicapped to the homeless shelter. We talked the whole way. When we got to the shelter his cab fare

SAVORVILLE LAKE MARINA
A COUNTRY RESORT

END OF SEASON FUN IN THE SUN!

25% OFF BOAT RENTALS EVERY DAY!

Use code: **CITYVIEW25**
515-984-6541
Offer excludes September 2 - 5, 2022
Valid through September 1 - September 30, 2022 ONLY

SCAN TO BOOK YOUR RENTAL TODAY!

SUNTEX BOAT RENTAL
SAVORVILLE LAKE MARINA



was \$30. He tipped me \$50. I was shocked. You're at a homeless shelter? Why would a person do that?"

Lee pauses and laughs to herself.

"He said I made his day by just talking to him."

I believe it. Lee could charm a rock. But enough of that, what about cinnamon rolls?

"Well, over two years ago, Cinnabon in Jordan Creek, where we used to go, closed down. So, Ty, my

wife, decided to make cinnamon rolls one night with my daughter. Later, she woke me up and said I had to try one."

And?

"I said, 'Whoa, that is good!' "

And that was it?

"Well, we tested them on various folks, and they loved them. So we just started going around to local barbershops and selling them. And, again, people loved them."

Local barbershops? What about bald people? As I wiped the shine off my bald head.

What happened next?

We called ourselves 'LeeTy Delights,' and my cousin came up with the slogan, 'Love At First Bite.' Can you believe it? We stumbled upon a business, and it blew up. It just blew up. And we've been rolling ever since."

Lee sits back and shakes her head.

"Then Ty decided to try different flavors. Our first different roll was pecan. Everybody loves those. We then went wild with flavors."

What do you mean?

"Well, the banana one. We started doing a crust on the bottom. It is almost like a pie. It's a banana pudding in our dough with a crust. It is our most popular flavor. We invented the cinnamon roll with a crust."

My, lord. Do you ever have doubts about a flavor?

"OK, I was concerned about the white chocolate

raspberry. That flavor is just weird. Who will eat this? Ty told me people will love it. And people LOVE IT! Ty is a mastermind. She is a weird genius flavor person. Man, it's crazy."

Crazy enough for people to buy them?

"We've been to the Downtown Farmer's Market twice and sold out both times. And we sell at Friedrichs Coffee and at the Slow Down Coffee Company."

How do you do all this?

"Our schedules are crazy. I don't know what rest is. We are running our kids to soccer and Isiserettes, baking cinnamon rolls, and driving a cab. I'm exhausted. And I love it."

Of course, you do. Listen, it's just the two of us here. And I won't tell anyone. Promise. What's the secret to your cinnamon rolls?

Lee gives her wide-open smile, and in a deep voice says: "Butter and love, baby. Don't forget that butter. If you don't have that butter, it just isn't going to be the same."

Amen to that. ■

Joe Weeg spent 31 years bumping around this town as a prosecutor for the Polk County Attorney's Office. Now retired, he writes about the frequently overlooked people, places and events in Des Moines on his blog: www.joesneighborhood.com.



ASSISTED LIVING PLUS.

That's what our Residential Care Suites are all about.

- Flat monthly rate - no hidden charges or levels
- RN Manager 5 days per week/nurse on call 24/7
- Caregiving assistance 24/7
- Medication administration 24/7
- Variety of Life Enrichment Activities
- 3 nutritious meals per day
- Scheduled transportation available
- Physician, Dental, Vision, Podiatry, Psychiatry and psychological services available on site
- Housekeeping and laundry services



RAMSEY VILLAGE

Continuing Care Retirement Community

515.344.3507 • 1611 - 27th Street in Des Moines
Located in the historic Drake University neighborhood



SCHEDULE A TOUR TODAY!

BOOK REVIEWS

COURTESY OF BEAVERDALE BOOKS

'Lute'

Americans becoming European aristocrats is not a new trope; it's been done throughout literature in a number of different ways. In this lovely, spooky, beautifully written debut, that common plot is twisted and filled with a delicious foreboding.

Nina is an American who falls in love with a British lord on a cruise and is whisked away to a small, delightful island called Lute, where she is able to make not only a home but a family. The idyllic paradise of the island, however, holds a terrifying secret, as every seven years, seven people are sacrificed. This loss secures guaranteed prosperity for the inhabitants, including Nina's husband for another seven years. The grief and moral conflict of this ritual forms a deep sense of dread throughout the short novel that stuck with me long after I finished the story.

Asking intriguing questions about who we are born to be, who we choose to become, and the terrible prices paid along the way, this was a gripping horror story that made me think. It is perfect for fans of lighter, literary horror. ■ — *Review by Julie Goodrich*



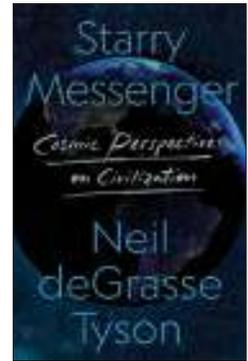
By Jenn Marie Thorne
10/4/22
288 pages
\$26.99
Tor Nightfire

'Starry Messenger: Cosmic Perspectives on Civilization'

I'm a science nerd with a starry-eyed, wistful side — an odd combination to be sure. How incredible is it to find that one of my favorite science personalities has a little of that himself? In this small but vastly-scoped book, Neil deGrasse Tyson takes his cosmic view of the world and applies it to small, more Earth-based problems and concerns. His unique, dazzling perspective makes for a series of essays and interconnected observations that enthralled as much as they made me question so many things I thought I knew.

Tyson touches on a wide array of topics and aspects of humanity from a purely scientific view, while still carrying a thread of the humor and humanity that is his trademark. Interspersed are his own observations and personal stories that illuminate not only the science but also the beauty and tragedy that is the human experience.

This is a book for anyone looking for a trusted guide to some of the thorniest issues facing our society today from justice to climate to politics. There's a place for science and a place for hope, and there's no better guide to that perspective than Neil deGrasse Tyson. ■ — *Review by Julie Goodrich*



By Neil deGrasse Tyson
9/20/22
288 pages
\$28.99
Henry Holt and Co.

THANK YOU FOR VOTING US
**BEST RADIO
STATION!**



FOR **12**
**CONSECUTIVE
YEARS!**

Discover what many CITYVIEW readers already know.

98.9 FM

Please consider voting for KFMG in this year's Cityview Best Of Des Moines Poll, as the "little station that could" shoots for an unprecedented 13 years in a row as your choice for "Des Moines' Best Radio Station"

KFMG is a melodic rock station with soul; a musical melting pot, blending rock and roll with jazz and soul; stirring in some blues and acoustic music, and flavoring with world beat and reggae.

KFMG features musicians who live in our town and our state, and musicians who are coming to our town. We are as musically diverse as our city and our listeners, and we invite you to join us.



SAVE THE DATE



**RACCOON
RIVER RALLY**

08
OCTOBER



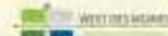
**RACCOON
RIVER PARK**

FREE FUN FOR THE WHOLE FAMILY

**BIKE RIDE 11AM
MAIN EVENT 12PM-6PM**

**BIKES • BEERS • BANDS • BOATS
FEATURING THE NADAS**

#GoWestWDM





WILLIS AUTOMOTIVE

1947 **75** 2022
YEARS

Thank You for voting for us in 2022!

We look forward for your vote for
BEST LOCAL CAR DEALERSHIP and
BEST LOCAL SALESPERSON in 2023!



WILLIS PRE-OWNED



WILLIS ACCESSORIES



WILLIS COLLISION



WILLIS AUTO SPA

(515) 253-9600 | www.WILLISAUTO.com

CLIVE | DES MOINES | GRANGER | WAUKEE | ANKENY | URBANDALE

Western theatrical energy continues to grow tall

Tallgrass Theatre Company strategically built its presence and reputation without overextending itself as their programming was established.

While fall's Iowa landscape is rife with images of harvesting, theatre companies are now planting seeds for successful 2022-2023 seasons. With many an afterglow from a bevy of fine productions from last immersion from the pandemic doldrums, as exhibited by the array of exceptional nominees presented during this year's Cloris Awards event capping the month of August, sights are set on the forthcoming year of continued theatrical excellence in the Greater Des Moines cultural arena.

The producers of live theatre have done an excellent job finding their niches of strength in central Iowa. Beginning with the national power of Broadway touring productions and a complementary array of children's, variety, musical, comedy and other shows, Des Moines Performing Arts anchors each year with its Willis Broadway Series. The Des Moines Community Playhouse, including its signature Kate Goldman Children's Theatre, presents two distinctly enticing programming seasons. Iowa Stage Theatre Company has developed a strong tradition of excellent stage fare, beckoning with "...truthful, relevant and intimate theatre that inspires, enlightens and entertains..." featuring classic plays as well as cutting-edge new shows. Carousel Theatre of Indianola has a rich, multi-decades tradition of stage production, drawing both performers and production volunteers and audiences to their southern destination with an always appealing season mix. As a strong volunteer operation, Ankeny Community Theatre has developed a loyal following and great community participation in its programming, an eclectic mix of comedy, small musicals and drama. With a dedicated attention to developing young thespians in character-building participation, Class Act Productions (CAP Theatre) has a nurturing approach

with its shows. With a more progressive and older youth-oriented engagement, Des Moines Young Artists' Theatre offers carefully selected works that provide students, primarily middle- and high school-aged, in not only engaging, but producing, their shows.

One facet of this exceptional diverse scene has sunk deep roots in West Des Moines. Tallgrass Theatre Company has done an exemplary job of developing its brand and production values since it was founded in 2002. Their milestone celebration 20th anniversary year is being marked by what they do, and not what they say.

Since its founding by a group of dedicated theatre friends at the University of Northern Iowa, Tallgrass Theatre Company (TTC) strategically built its presence and reputation without overextending itself as their programming was established. Working with West Des Moines Schools, TTC found their original home in the Rex Mathes auditorium on Vine Street. This intimate space helped TTC establish its niche in presenting smaller productions in an intimate, appealing environment. TTC would continue gradual development of this space, adapting it to better fit production execution. This space would serve as home until about 2018, when WDM Schools shifted its focus, and non-school relationships would eventually be terminated.

While many companies might have given up, TTC board and staff decided to make this an opportunity. Artistic Director Tom Perrine was not to be daunted and led a quest that was not to be denied. The pandemic may have added an extra hurdle to this transition, but transition they did.

"We moved into the old Skate West building in West Des Moines and remodeled it," shared Lisa Richards, their volunteer marketing director. "We didn't even have toilets that worked, so it's been from the ground up. We're really excited about it now. The sound is so good, but it retains that intimacy." Richards referred to the former Rex Mathes space, which lacked air conditioning.

"We even have air conditioning," added Richards, with a chuckle.

TTC continued its methodically, well-planned growth and added an important new programming element. TTC's Seedlings Children's Theatre education programming was developed in partnership with the



Tallgrass Theatre Company performed "The Revolutionists" in February 2022. Photo courtesy of TTC

West Des Moines Parks and Recreation Department, giving community members an opportunity for their children to benefit from the power of performing arts immersion. The success of this program shows with a premiere production during this upcoming season.

"The first Seedlings Children's Theatre show happens with 'A Very Merry Tallgrass Holiday,'" said Richards. "This original show is written by a local playwright."

The expansion into children's theatre programming, both education and performance, provides signs of a healthy live performing arts environment throughout Greater Des Moines. Such creative contact gives participating students stronger skills for other aspects of life, and TTC's Seedlings programming adds to the list of other children's theatre educational opportunities this region offers, from Des Moines Community Playhouse (recognized as one of the top such programs of its kind in the country) to Des Moines Performing Arts, Des Moines Young Artists' Theatre, CAP Theatre and Iowa Stage Theatre Company. These companies not only build character and confidence in these young participants, they also are building future audiences and patrons.

Cultural adventurism has never had such a wealth of exploration opportunities. Sally forth and savor many shows this upcoming season. ■

John Busbee is a creative project developer, critic, playwright, author, producer and media professional. He has produced his weekly show, The Culture Buzz, on KFMG since 2007.



OVERHEARD IN THE LOBBY

Tallgrass Theatre Company

• Sept. 2-18. "The Sweet Delilah Swim Club"

Des Moines Community Playhouse

• Sept. 9-25. "Guys & Dolls"

Iowa Stage Theatre Company

• Sept. 16-25. "Sweat"

Des Moines Performing Arts

• Sept. 20 - Oct. 2. "Dixie's Tupperware Party"

Ankeny Community Theatre

• Sept. 30 - Oct. 9. "Borrowed Beats"



Homemakers®
FURNITURE, MATTRESSES & ACCESSORIES

For the Entertainer

Hosting parties big or small, get the most out of your entertainment space with our variety and selection.



**DECORATIONS
FOR EVERY OCCASION**



**TABLES WITH SPACE
FOR EVERYONE**



**SOFAS & SECTIONALS
WITH UNMATCHED COMFORT**



Scan to browse [Homemakers.com](https://www.homemakers.com)

10215 Douglas Ave
Urbandale, IA 50322
515.276.2772

DES MOINES FORGOTTEN

BY KRISTIAN DAY

LOOK Magazine

“Radical on the social issues of the 1960s — women’s issues, counterculture, and even a gay couple that were clandestinely married by a renegade minister”



LOOK BUILDING Postcard. Provided by Richard Wells

LOOK Magazine was founded in Des Moines in 1937 by Gardner “Mike” Cowles Jr., along with his brother John, as a publication of The Des Moines Register. Mike held many titles at the newspaper, including president of the Register and Tribune from 1943 to 1971 and chairman of the board from 1971 to 1973. He was intrigued by the idea of publishing a Sunday supplement to the Register that would have an emphasis on photographs and photojournalism, in addition to human interest and lifestyle articles.

LOOK was launched as a monthly publication but became a bi-weekly very quickly. The editorial offices were in Des Moines originally and moved to New York in 1940. Only a short period of its editorial history was in Des Moines, but the printing and circulation remained on 10th Street in two different buildings, both of which stand today. News bureaus were located across the United States with writers based all over the world including Moscow, Paris and elsewhere. At peak circulation in 1969, LOOK had 7.75 million subscribers.

Some folks have said that LOOK magazine was, in many ways, a competitor to LIFE Magazine. In reality, LIFE was quite straightlaced in comparison to LOOK. Some even said LOOK walked the line of bad taste for the era. But alongside the controversial matter, there would be articles much ahead of their time relating to politics, civil rights and foreign policy. LOOK was the first American magazine to address the concerns of the People’s Republic of China in 1955 when it was referred to as “Red China.” The famous photo of Che Guevara with the cigar hanging out of his mouth was taken by Swiss photographer René Burri. Stanley Kubrick’s first job was working as a photographer for LOOK for six years.

“LOOK was more radical on the social issues of the 1960s — women’s issues, counterculture, and even a gay couple that were clandestinely married by a renegade



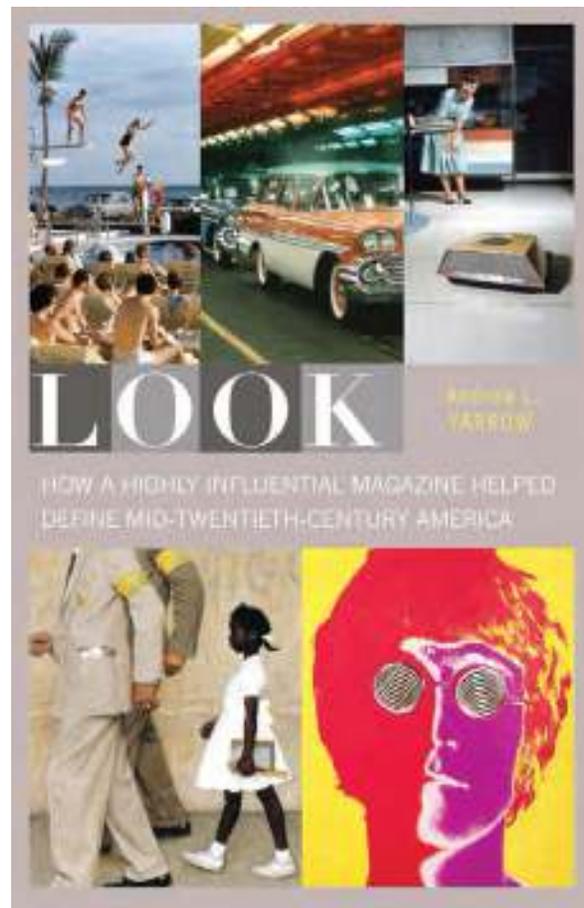
Newspaper man after death of Franklin D. Roosevelt, 1945. Photo by Stanley Kubrick. Provided by Andrew Yarrow

minister from Minneapolis in 1970,” said Andrew Yarrow, a former writer for the New York Times and author of the book “LOOK: How a Highly Influential Magazine Helped Define Mid-Twentieth-Century America.”

“In fact, there was even a sympathetic piece on gay marriage written in 1971. This was radical in its time,” Yarrow said. “There is a quote from Barack Obama that I really like where he says, ‘We have lost our common ground.’ I think a lot of this is because, back then, there were only a few options for news: LIFE, LOOK, local papers, and the three networks. Reliable news, reliable stories.”

During our hour-long phone call, Yarrow told me how LOOK was telling the stories of African-American families including how the first black family moved into Levittown, New York, when there were still codes to keep them out. After Emmet Till’s murder in 1955, his killers were acquitted by an all-white jury in Mississippi, and LOOK was the only publication with the courage to send a reporter to interview them.

After 34 years in print, LOOK folded on Oct. 19, 1971, due to steep declines in advertising revenues and profits. According to a Sept. 17, 1971, story in The Des Moines Register, Cowles placed much of the blame for LOOK’s trouble on television’s lure for advertising,



Cover of Andrew Yarrow’s Book, “LOOK: How a Highly Influential Magazine Helped Define Mid-Twentieth-Century America”

which, he said, “cut deeply into our advertising volume.” The story stated a loss of more than \$10 million in less than three years.

Cowles also said LOOK faced a \$6 million increase in mailing costs if a proposed 142% increase in postal rates was approved. In the same article, he stated that there was no room for both LOOK and LIFE magazines. The following year, in 1972, LIFE magazine folded.

Even so, LOOK lives on in Des Moines, at least in some ways. The LOOK building, located at 111 10th St., is now home to City Lofts. Rich Wells and Deb Madison-Levi founded “Friends of LOOK” as a way to bring focus and attention to LOOK Magazine and its history. And a celebration event called “A LOOK back at LOOK Magazine” will be held Wednesday, Sept. 7 from 7-9 p.m. at the Hotel Fort Des Moines. ■

Kristian Day is a filmmaker, musician and writer based in Des Moines. He also hosts the syndicated Iowa Basement Tapes radio program on 98.9 FM KFMG.





WINNER
Best Appliances 2022

Vote for NFM!

Best Local Flooring Company
and Best Local Appliance Store



Flooring | Appliances | Electronics

15600 Hickman Rd., Clive, IA

515-727-6500

nfm.com

82721 Newell | Clive, IA 50319



Rouge
style company

Our salon provides an environment which allows **passionate, creative freedom** to **express individuality**.

Specializing in cut, color, lightening services, extensions and body waxing.

5525 Mills Civic Parkway #110, WDM
515-329-0113

rougestyleco.com

CAST YOUR VOTE TODAY for Rouge Style Company in CITYVIEW's Best of Des Moines poll



CARS IN THE CITY



Lexus ES 300H hybrid

The Lexus brand has been synonymous with luxury since its debut in 1989, and with good reason.

BY JACKIE WILSON

As vehicle manufacturers clamor for the electric vehicle market, new models are hitting the lots.

The luxury vehicle sector is no exception and includes a Lexus ES 300H. The “H” stands for “hybrid.”

The 2022 model test driven is one of three Lexus hybrid sedans. The sticker price for the ES 300H is \$50,165 — the least expensive of the three. As a hybrid, it’s a combination of two electric motors combined with one 2.5-liter engine. Gas mileage clocks in at about 44 mpg, with up to 50 on the highway.

As the battery aids the gas, total miles before charging or filling up includes a drive time of about 400 to 500 miles. Rather than an eight-speed, this model is considered an ECVT: electronically controlled continuously variable transmission.

Enough with the engine talk. The Lexus brand has been synonymous with luxury since its debut in 1989, and with good reason. Stepping in — or rather melting into — a seat made of aniline leather along with a 10-way power adjustable seat makes driving comfortable. Aniline leather is considered a high-quality, natural leather type. Translation? It’s the most expensive leather available, and this is one vehicle that deserves it.

As the Lexus dealer sat in the passenger seat and explained the features, he said I was good to go. Was the car running? We couldn’t even tell, as there’s virtually no

engine sound with a hybrid. Instead, look for the green “ready” signal on the dash.

This is a speedy model that can go from zero to 60 mph in 8.1 seconds and takes off solidly.

Once on the road, I noticed a lack of noise — and that’s a good thing. Not only was there no engine noise, you could barely hear the road noise from the outside. Was I driving on tires or floating? It was so quiet. Lexus touts their sound-dampening capabilities as one of their signature features.

Lexus standard features on most models include heated and cooled seats and tons of safety features. The steering wheel includes palm cushioning for a natural grip. Admittedly, this did feel good in my hands.

The 12.3-inch touch screen has Bluetooth capabilities, Alexa, Apple CarPlay and all the technological bells and whistles. The touchpad is ergonomically located at the end of your right wrist, near the crook of your elbow. Instead of reaching up to search for an electric charging station on the touch pad, this flick of your wrist is easy.

If you want hands-off capabilities, just use the voice command button. Depress the voice activation button and say, “72 degrees,” and the temperature automatically adjusts. Now is your chance to feel in charge by ordering your car around and showing it who is boss.

The exterior of this Lexus commands attention. The

sleek grill design in the front, coupled with the concealed exhaust in the rear, looks classy. The moonroof takes up a panoramic view, which allows more light throughout the backseat.

I always hop in the back to get a passenger’s perspective. This backseat is roomy for adults. With two USB ports, plus a 120-volt outlet to plug in devices, passengers can ensure they don’t miss a text or tweet because of a dead battery. However, if you’re a parent with teenagers, hope for a dead battery, so, on those long car trips you can give all types of life lessons while the teens are held captive in the car. Try it — it might work for your kids.

Lexus is owned by Toyota, a commanding, leading brand known for its reliability, efficiency and resale value. The Lexus sedan was named the best-selling luxury sedan in 2021. Its hybrid luxury model is sure to top the bestseller charts as well. ■

Retiring doesn't mean retreating

Iris Swanson continues making memories, helping others, staying active in the community.

Most senior citizens pushing a century might prefer to take it easy, but not Iris Swanson. At 91 years old, she's busier than ever before.

"Whatever needs to be done that day, I just get up and thank God I've got the day, and let's get on with it," she said.

A life-long east-sider, Swanson has resided in her Pleasant Hill home since 1973. Each day is eventful when you've got as much family around as she has: 28 relatives within 2 miles, to be exact.

Her son, Marc, lives the closest: right across the street. Her oldest child, Sue, lives down the street, and another daughter, Cindee, lives 2 miles away. Also in Pleasant Hill are two of Iris' three surviving siblings. Next door to one brother is a nephew, across the street a niece, down the street a brother-in-law, north of him, a nephew — and that's not even all of them. In her immediate family, Iris has three children, eight grandchildren and 20 great-grandchildren. The eldest great-grandchild is getting married next year, so a great-great-grandchild could soon be on the way.

But don't be mistaken: Swanson doesn't need any reminders of her greatness.

"I already know that I'm a great grandma," she joked.

The family memories made are countless. On a recent Friday, Iris and her grandchildren gathered around her well-worn dining table — purchased 50 years ago for \$40, according to receipts taped under each furniture item in her home. That evening, they reminisced on their favorite moments together.

"I'd never laughed so hard in my life," Swanson said. "They told things that I know have never been told before!"

One not-so-controversial memory involved Iris laying out on the pavement as grandkids outlined her in chalk: a crime-scene of several great-grandmas, down the sidewalk and up the driveway.

"That was when I could still get up and get down," Swanson said with a laugh. "If I get down now, I'm not going to get up!"

While aging has slowed her to some degree, Swanson hasn't let that stop her from being an active citizen. We first met Swanson back in April, when she called our office wondering why we had stopped publishing another magazine in her community. She assured us she'd bring up the issue at the next city council meeting — she attends every single one. Iris has also faithfully participated in Good Government for Pleasant Hill (she brings the brownies), maintained membership of the American Business Women's Association, supported the local veterans home, and attended school meetings at East High School, where she's a proud 1949 graduate.

Her list of commitments goes on. Swanson attends not one, but two local churches. (She's so bad during the week that she must go twice on Sundays, she teases.)

When organizing an interview, we had quite a time scheduling around various funeral luncheons that Iris coordinates through church. The day we finally met, Swanson was proud to have recruited a recently retired gentleman to help out.

"I decided that this does not have to all be women," she said. "I called him and said, 'I'll give you something to think about.'"

Spunky and energetic as she is, Swanson's children have long urged her to take responsibilities off her plate. But taking care of others is what she does best.

"It's OK," Swanson assured them. "I will die happy if I'm doing something that I like to do."

If Swanson discovers people in need, they'll soon be delivered a dish of her famous



Iris Swanson lives within 2 miles of 28 immediate and extended family members. Pictured is an annual Swanson family reunion, circa 2014. Photo submitted



Swanson is 91 years old and has resided on the east side her entire life. Photo by Sofia Legaspi Dickens

chicken and noodles, mashed potatoes, hot beef sandwiches or vegetable soup. She spends many dollars and hours mailing out cards of encouragement. Her living room is chock-full of crochet needles and yarn; each year, Iris sends more than 200 kitty rugs to the Animal Rescue League, and, together with a friend, makes about 500 scarves distributed among students in Des Moines.

"I think that's why we're here — we have to help each other," Swanson said.

A global pandemic curbed many social engagements on Swanson's busy calendar. Until three years ago, she made sure to keep up with her cousins at frequent family reunions. Iris still keeps up with friends from her 30-year career at Norwest Wells Fargo, where she was one of the first female officers in the operations area. Before COVID (or B.C., as Iris likes to call it), a group of women from church played cards every Sunday afternoon, without fail. They called themselves "The Bitty Bunch" and kept up the tradition for 15 years until a few members passed away.

Death becomes a frequent affair as one ages. Over the years, Swanson has beaten two types of cancer, lost her husband and many loved ones, and, most recently, survived COVID — twice. Through it all, she has remained cheerful as ever.

Her secret?

"You just need to get up every morning and put your feet on the floor and thank God for the night and for the day that you have received," she said. "Everything else will fall into place." ■

Snakes and cats coexist

Mice had better watch out.

As Hades pounces on Shade, he seems mildly annoyed at the kitten's antics. Meanwhile, Dresden avoids the spectacle, as he's had his own tussles with Shade in the past.

Regardless of whether the three cats are getting along, they tend to avoid the other two pets in the home: two ball python snakes, Taneth and Kari.

Pet owner Charlotte Triplett of Waukee had cats since she was young, but she always wanted a snake.

"My cousin had a snake, but my mom always said no," she said.

She finally got two snakes six years ago at a reptile show. The pair are sisters, and each lives in its own terrarium. The top of the cage is covered, and a heating pad ensures a constant temperature.

Triplett takes the snakes out every few days to socialize. They feed every two weeks on medium-sized rats, thawed out after being kept frozen. Occasionally, she'll take Taneth to the pet store or out in public.

"Taneth is better socialized and tends to sit still. She hangs on my neck," she said. "I love the feel of them."

Ball python snakes can grow up to 6 feet long and are called ball snakes because they curl up in a ball to protect themselves. They'll wrap themselves around an object as a defense mechanism by constricting and tightening, so prey can't pull them apart or attack their head. In the wild, their tails wrap on a branch, which allows them to feel safe.

Triplett's arm serves as a "branch," and Taneth continues to coil and wrap her way around it.

"They are constrictors who like to give big huggies," she said.

As friends come to visit, the snakes have admirers, but some folks are petrified.

"Some people are afraid and can't even look at a snake, so we'll cover up the cage. A majority of people will hold snakes. We try to make people as comfortable as possible," she said, later adding: "My 5-and-a-half-



Dresden was found in a live raccoon trap.



Hades was adopted from the Animal Rescue League.



Charlotte Triplett's household includes herself, husband, daughter, three rescue cats and two python snakes. Photos by Jackie Wilson

year-old daughter will help feed the snakes and hold them on her lap."

Triplett likes the feel of the snakes and dispels a myth.

"A lot of people think snakes are slimy. They aren't. They have scales, and you can feel the muscles more. Everyone should like a snake or try petting one."

(Author's note: I hesitantly touched Taneth, which felt like a soft leather purse. One five-second touch was enough for an admitted snake-avoider).

The snakes are not poisonous; however, they may strike if feeding or if they feel threatened. Triplett's husband was feeding a snake a rat when it struck and accidentally hit his hand. The cats typically avoid the snakes.

"Sometimes the cats get interested, because it looks

like a big moving string," Triplett said.

Triplett's three cats are rescues. The family found Shade abandoned as a kitten. Dresden was discovered in a live raccoon trap. The veterinarian thinks Dresden was abandoned because he appears cross-eyed. Hades was adopted from the Animal Rescue League. Her family will take the cats in public, putting Hades on a leash, which makes folks do a double take.

Shade and Hades are both black, a color of cats she loves.

"A lot of black cats are left abandoned because they are void. I wish more people would give black cats a chance," she said.

In the past, the Triplett family has owned fish, rats and other unique pets. The three cats and two snakes are great companions for their family, Triplett said.

"This is enough pets for me — for now." ■

COLLECTIONS & HOBBIES

BY JACKIE WILSON

Stubs of memories

Terry Bentall saves concert tickets dating back to 1968.

A large envelope stuffed with varying sizes of faded paper contains more than 50 years of music memories for Terry Bentall.

Inside the envelope are dozens of half-torn concert ticket stubs, full-size tickets and — her latest — printouts of tickets for concerts she's attended.

One of the first concerts dates back to 1968, a Three Dog Night concert at the old KRNT Theater. She paid \$5.50 for the general admission ticket, writing details on the back of the ticket.

As Bentall picked up each ticket stub, she turned it

over and gazed to the ceiling to invoke her memory of the concert. At Steppenwolf's Chosen Few concert in 1969, she was just 13 years old when she and a friend walked to Veterans Auditorium for the concert.

"I danced on the speakers," she recalled. "I remember go-go dancing as they played 'Get your motor running' as we climbed up on the speakers."

Thirteen may seem like a young age to attend a concert, but it wasn't out of the ordinary.

"My parents didn't seem to mind. We lived close to Vets and could walk straight up there," she explained. "I was known as being responsible."

Bentall, a graduate of Des Moines Technical High School, acknowledged being naive about attending concerts and being fashionable.

"My friend Kim had been to concerts before. She knew what was going on. She wore a leather floppy hat and talked about CCR," she recalls. "I didn't even know who CCR was."

(It stands for Creedence Clearwater Revival, if you're wondering.)

As she circled through her tickets, Bentall reminisced about seeing Paul McCartney, Edgar Winter, Carol King, Jefferson Starship, Bruce Springsteen, James Taylor and the Rolling Stones — twice.

For certain concerts, Bentall spent time in line at People's Music, a record shop that sold concert tickets.

"I never camped out for tickets, but I did stand in some long lines. That was the only way to get tickets at the time."

One of her most surprising concerts was in 1972. John Sebastian was the main act, with Earth Wind & Fire opening. Sebastian canceled, so only Earth, Wind & Fire played.

"They were just getting to be popular," she said. "It was a fabulous concert. It was really cool."

Bentall attended a Pink Floyd concert, complete with a big whimsical psychedelic pink pig. Pink Floyd concerts were notorious for concert-goers sharing a certain green leafy substance.

Bentall was hesitant, but admitted, "People used to smoke pot all around us. My friend and I traded a joint for two cherry cigars. I took my younger sister to concerts, and she was wide-eyed looking at everyone lighting up all around her."

Certain tickets were works of art. Bentall has begun a spreadsheet of concerts she's attended and searches the Internet for exact details. She said she's upset with old Ticketmaster tickets, which began being issued in the early 1980s.

"All of the Ticketmaster tickets' ink has faded. It's disappointing."

One concert she recalled was singer Shawn Phillips.

"He used to have the longest hair. We heard he was in an accident where he got his long hair caught in a boating motor. He didn't have much hair at the concert. I really wanted to see his hair."

She also remembered unpleasant concerts, including The Black Crowes.

"They played one song and disappeared for 20 minutes behind the stage, probably doing drugs. It's disappointing when you pay that money for tickets, and it's a bad show."

She recalled a Foghat concert at Veterans Auditorium, where she and her friends were being shoved together into the stage.

"Oh, that was scary, getting crushed into the stage," she said. "I can relate to the concerts in the news, where people have gotten crushed in the crowd."

As paper tickets give way to electronic tickets, Bentall logs her latest concerts onto a spreadsheet, reminiscing her wonderful concert memories. And even as Bentall has hit retirement age, she continues to attend as many concerts as possible.

"Sometimes we'll be the oldest people at a concert. If you like the music — you like the music. It doesn't matter the age of people who go." ■



Terry Bentall has collected concert ticket stubs — and now ticket printouts — since attending her first concert more than five decades ago.



WALKS OF LIFE

COMPILED FROM THE IOWA LIVING MAGAZINES

Garden harvest

When the home garden's harvest is plentiful, but the mouths to feed in the household are few, where does all that produce go? With these local gardeners, the bounty heads toward a good cause. This season, excesses of tomatoes, peppers, green beans and more are being shared among neighbors, friends and those in need. ■



Jill Ellsworth
GREEN BEAN QUEEN

Jill Ellsworth grew up with gardening in her blood. Her dad farmed, and her mom maintained a huge garden. Now they grow cucumbers, tomatoes and melons, among other things. Ellsworth's main crop is green beans — in fact, her husband calls her the Green Bean Queen.

"It's probably just because that's what we did on the farm as a kid," she says. "We did flowers and things, too, but we grew tons of green beans, and my mom would can them, so I would get them all prepared for canning and that just became my thing. I don't like to run the canner, but I get them all picked and snapped and washed and now my husband cans them."

The green beans can be like therapy. Ellsworth loves being in the garden, picking as many as she can. She takes them to visits with others, and they snap and chat.

"We have an elderly neighbor, Vivian, and she loves visitors, so I will take beans and we snap together and visit," Ellsworth says. "Everyone can snap green beans. Then I leave as many as people want with them. Once things come on, there are oodles and way more than you can eat, so I always share with neighbors and friends."

Source: *Grimes Living Aug. 2022;*
by Ashley Rullestad

Read the full story here:



Mark Marshall
FAITH AND GRACE GARDEN

Mark Marshall is the head gardener, weeder, seed-starter, manure-spreader and produce-picker for the Faith and Grace Garden at St. Timothy's Episcopal Church in West Des Moines. The garden is diverse this year with 800 caged tomato plants, 700 pepper plants, 1,000 cabbage plants, a few fruit trees and hundreds of onions, green beans, cucumbers, asparagus, zucchini, watermelon and more.

In the beginning, Marshall volunteered his time at the garden on nights and weekends after he completed his postal route. He retired several years ago and now puts in 40 to 60 hours a week — a completely unpaid volunteer job.

Last year, the garden produced 20,000 pounds of produce to give to those in need. From July to the first frost, the garden produces about 1,000 pounds of food a week. Recipients include West Des Moines Human Services, DMARC, Trinity and other local food pantries.

Marshall says he feels providing food for others is a calling, a gift he's happy to share and joyfully does.

"I care about people eating right. I don't want people to think that they are forgotten," he says. "It's my way of giving back. I've had a good life."

Source: *Jordan Creek Living Aug. 2022;*
by Jackie Wilson

Read the full story here:



Stuart Spencer and Don Francois
HOW IT'S GROWN

Don Francois has been gardening his entire life. It started small but has grown exponentially, now including 12 raised beds and about 10,000 square feet of garden plots that grow almost everything you can think of.

Francois' neighbor, Stuart Spencer, developed an interest in gardening the day he met Francois and saw the garden. He was drawn into helping, and his wife and triplet boys enjoy spending time in the garden, too.

The pair has also started beekeeping. They are in their fifth season and like the benefit of having bees right at the garden to help with pollination.

When things are producing well, there is always a bounty. Don's door is open to friends, family and neighbors. He and Stuart have canning sessions throughout the season and preserve a couple hundred jars.

When it comes to gardening, Francois advises people to start small and be prepared for some failures. It's all part of the process.

"Keep up with the weeds, use mulch such as grass clippings to keep weeds down and help maintain soil moisture. Learn by doing. Learn from other gardeners. Trial and error will make you better every year. Just have fun."

Source: *Johnston Living Aug. 2022;*
by Ashley Rullestad

Read the full story here:



Linda Pennington
FOOD PANTRY GIVEAWAY

Linda Pennington wants to make sure people don't go hungry. As a delegate for Des Moines Area Religious Council (DMARC) Food Pantry, Linda coordinates the food pantry at the Polk City United Methodist Church. Several years ago, Boy Scout Andrew George created an outdoor blessing box as part of his Eagle Scout project. Called the Comet Cupboard, people can leave or take food at any time.

The Comet Cupboard also offers fresh produce. When the cupboard was overflowing, Linda started a free farmers market during the summer, which includes produce from her own garden.

The farmers market includes donated produce items from the public, which is made available for free during the first and third Wednesdays of the month at the Polk City United Methodist Church. Pennington donates her garden items, consisting of peppers, tomatoes, zucchini and cucumbers. Her extensive flower garden sprouted a few volunteer "bonus" tomato plants.

"You never know if it's your next-door neighbor who needs assistance," she reflects. "It's kind of humbling to ask for help. You might need help someday."

Source: *North Polk Living Aug. 2022;*
by Jackie Wilson

Read the full story here:



get the **JOB**

Helpful tips for your employment search

AN UNHAPPY WORKFORCE CAN COST MONEY

How to turn things around

(StatePoint) Amid the Great Resignation, the pandemic-era phenomenon of employees leaving their jobs, new research studying employees in the United States, the United Kingdom and Ireland are shedding light on how employers can retain their staff and keep them happy.

"Unleashing the Human Element at Work: Transforming Workplaces Through Recognition," a new research report by Gallup and Workhuman, reveals that currently, only about one-third of employees say their employer has a formal recognition program, and 81% of senior leaders say recognition is not a major strategic priority for their organization.

Industry experts define a culture of recognition at its most basic level as one in which gratitude, praise and appreciation are freely given and regularly received in an authentic and equitable way throughout the organization. The data suggests that not embracing this ethos is a missed opportunity. Indeed, Gallup's analysis of the study data shows that an organization of 10,000 people with an already engaged workforce can save up to \$16.1 million in turnover annually when they make recognition an important part of their culture. What's more, employees who feel recognized are more likely to be engaged and

feel loyal to their organization.

"The data clearly shows that, when recognition is genuinely embedded in workplace culture, people feel its full impact — they feel seen, valued and motivated to put in a little extra effort," says Dr. Meisha-Ann Martin, senior director of People Analytics and Research at Workhuman.

Employee recognition doesn't just have an impact on work performance though, it also has an insulating effect that can help shield employees from burnout and support their overall wellbeing. More than 70% of employees who have good recognition experiences at work rate their lives more positively overall and are more likely to be "thriving" in their everyday lives compared to those who are not being fully recognized.

But Dr. Martin advises companies to consider how they go about recognizing their employees. The study found that more than half of employees who say the recognition they receive at work is not authentic or equitable are actively looking or watching for new employment opportunities. Further, two in five employees say they are not receiving enough recognition from leaders at their organization — only a few times a year at most — when the bare minimum for positive impact is at least a few

times a month.

Recognition of employees is not only useful for retention, it can assist with recruitment too, say analysts.

"In today's competitive talent marketplace, the power of employee referrals cannot be understated. Yet, only 28% of employees in this study strongly agree they would recommend their organization as a great place to work. Organizations that acknowledge employees through strong cultures of recognition can boost this figure to 68%," says Ed O'Boyle, Gallup's global practice leader. "When organizations celebrate employees' successes and contributions, those employees pay it forward and become brand ambassadors."

To read the full report and learn more about Workhuman, a leading global provider of technology solutions, analytics, expertise and services to build human-centered workplaces, visit workhuman.com.

"Recognizing employees is a simple way organizations can demonstrate their commitment to their employees and inspire them to feel connected, confident and cared about, and in today's climate, it's no longer a nice-to-have program but rather a business imperative," says Martin. ■



WE ARE HIRING!

Des Moines Public Schools has great job and career opportunities for the 2022-23 school year.

- ✓ **Metro Kids After School Program**
 - 15-20 Hours a Week
 - Monday-Friday: \$13.71-\$15.75/hour
 - Substitutes: \$11.47-\$13.17/hour
- ✓ **Special Education Teachers**
 - Multiple Positions Available
- ✓ **Part-Time Bus Drivers**
 - 20-25 Hours a Week / \$20.93 per hour
 - \$2,000 or \$5,000 Sign-On Bonus
 - CDL Training Provided
 - Single and Family Health Benefits

Visit our web site to find great jobs for you... and the students of Des Moines.

APPLY TODAY AT JOBS.DMSCHOOLS.ORG

EARN EXTRA

CASH \$\$\$

Up to \$200 Weekly
as a **Newspaper Delivery Contractor**

Early morning hours
2 am to 6am

To apply, call
515.284.8209

NATIONAL MARKETPLACE

DISCLAIMER: This publication does not knowingly accept advertising that is deceptive, fraudulent, or which might otherwise violate the law or accepted standards of taste. However, this publication does not warrant or guarantee the accuracy of any advertisement, or the quality of the goods or services advertised. Readers are cautioned to thoroughly investigate all claims made in any advertisement and to use good judgment and reasonable care, particularly when dealing with persons unknown to you who ask for money in advance of delivery of the goods or services advertised.

FOR SALE

2023 MANUFACTURED HOMES, (14x60) 2Br, \$39,999. (14x70) (3Br - 2Ba.) \$49,999. (16x80) (3Br - 2Ba.) \$59,999. NEW (28 x 64) (4Br - 2Ba) \$79,999. Delivered Factory-Direct, E. Of I-35, & North Of I-80, 319-239-1920. (mcn)

IN STOCK NOW! (2) Brand New, (3) Br.- (2) Ba. (16x80), (1200 Sq. Ft.). Loaded With Options & Ready/Immediate Delivery! (Or) Order Factory Std. & Factory Direct Delivered @ \$59,999. (319)-239-1920. Coachlight Homes. (mcn)

WANT TO BUY

WANT TO BUY your manufactured or mobile home 1990 and newer CENTURY HOMES of OSKALOOSA 641-672-2344 (mcn)

ADOPTION

ADOPTION. California family promises baby loving home, secure future, educational opportunities, devoted grandparents. Generous living/relocation expenses paid. Rob and Katrina 1(714)729-3014 or attorney 1(310)663-3467 (mcn)

AUTOMOBILES

CASH FOR CARS! We buy all cars! Junk, high-end, totaled - it doesn't matter! Get free towing and same day cash! NEWER MODELS too! Call 1-866-258-6720. (mcn)

DONATE YOUR CAR TO CHARITY. Receive maximum value of write off for your taxes. Running or not! All conditions accepted. Free pickup. Call for details. 855-752-6680 (mcn)

DONATE YOUR CAR, TRUCK TO HERITAGE FOR THE BLIND. Free 3 Day Vacation, Tax Deductible, Free Towing, All Paperwork Taken Care Of. CALL 1-855-977-7030 (mcn)

SAVE MONEY ON EXPENSIVE AUTO REPAIRS! Our vehicle service program can save you up to 60% off dealer prices and provides you excellent coverage! Call for a free quote: 877-385-3047 (Mon-Fri :9am-4pm PST) (mcn)

CABLE/INTERNET

BEST SATELLITE TV with 2 Year Price Guarantee! \$59.99/mo with 190 channels and 3 months free premium movie channels! Free next day installation! Call 855-824-1258. (mcn)

DirecTV Satellite TV Service Starting at \$74.99/month! Free Installation! 160+ channels available. Call Now to Get the Most Sports & Entertainment on TV! 844-

558-1767 (mcn)

DIRECTV Stream - Carries the Most Local MLB Games! CHOICE Package, \$89.99/mo for 12 months. Stream on 20 devices in your home at once. HBO Max included for 3 mos (w/CHOICE Package or higher.) No annual contract, no hidden fees! Some restrictions apply. Call IVS 1-866-387-0621. (mcn)

Earthlink High Speed Internet. As Low As \$49.95/month (for the first 3 months.) Reliable High Speed Fiber Optic Technology. Stream Videos, Music and More! Call Earthlink Today 1-855-679-7096. (mcn)

DISH Network. \$64.99 for 190 Channels! Blazing Fast Internet, \$19.99/mo. (where available.) Switch & Get a FREE \$100 Visa Gift Card. FREE Voice Remote. FREE HD DVR. FREE Streaming on ALL Devices. Call today! 1-855-434-0020 (mcn)

DIRECTV for \$79.99/mo for 12 months with CHOICE Package. Watch your favorite live sports, news & entertainment anywhere. First 3 months of HBO Max, Cinemax, Showtime, Starz and Epix included! Directv is #1 in Customer Satisfaction (JD Power & Assoc.) Some restrictions apply. Call 1-866-296-1409. (mcn)

EDUCATION

COMPUTER & IT TRAINING PROGRAM! Train ONLINE to get the skills to become a Computer & Help Desk Professional now! Grants and Scholarships available for certain programs for qualified applicants. Call CTI for details! 855-391-1156 (M-F 8am-6pm ET). Computer with internet is required. (mcn)

TRAIN ONLINE TO DO MEDICAL BILLING! Become a Medical Office Professional online at CTI! Get Trained, Certified & ready to work in months! Call 855-493-4066. (M-F 8am-6pm ET). Computer with internet is required. (mcn)

FINANCIAL

The COVID crisis has cost us all something. Many have lost jobs and financial security. Have \$10K In Debt? Credit Cards. Medical Bills. Car Loans. Call NATIONAL DEBT RELIEF! We can help! Get a FREE debt relief quote: Call 1-866-552-0649. (mcn)

HEALTH & MEDICAL

Attention Viagra users: Generic 100 mg blue pills or generic 20 mg yellow pills. Get 45 plus 5 free \$99 + S/H. Call Today 1-877-707-5659. (mcn)

Portable Oxygen Concentrator May Be Covered by Medicare! Reclaim independence and mobility with the compact design and long-lasting battery of Inogen One. Free information kit! Call 844-716-2411.(mcn)

DENTAL INSURANCE from Physicians Mutual Insurance Company. Coverage for 350 plus procedures. Real dental insurance- NOT just a discount plan. Do not wait! Call now! Get your FREE Dental Information Kit with all the details! 1-855-973-9175 www.dental50plus.com/ https://www.dental50plus.com/midwest #6258 (mcn)

Aloe Care Health, medical alert system. The most advanced medical alert product on the market. Voice-activated! No wi-fi needed! Special offer! Call and mention offer code CARE20 to get \$20 off Mobile Companion. Call today! 1-855-654-1926. (mcn)

VIAGRA or CIALIS Users! Save \$500! Viagra On Call! 40 Pills + 10 FREE for only \$99. 100 Percent Guaranteed Pills. #1 Male Enhancement, Discreet Fast Shipping. Money back guarantee! Call Now 1-833-980-1500 or 1-609-447-2228. (mcn)

Don't let the stairs limit your mobility! Discover the ideal solution for anyone who struggles on the stairs, is concerned about a fall or wants to regain access to their entire home. Call AmeriGlide today! 1-877-916-2093. (mcn)

MISCELLANEOUS

LONG DISTANCE MOVING: Call today for a FREE QUOTE from America's Most Trusted Interstate Movers. Let us take the stress out of moving! Speak to a Relocation Specialist, call 877-327-0795. (mcn)

FREE AUTO INSURANCE QUOTES for uninsured and insured drivers. Let us show you how much you can save! Call 855-995-2382 (mcn)

BATHROOM RENOVATIONS. EASY, ONE DAY updates! We specialize in safe bathing. Grab bars, no slip flooring & seated showers. Call for a free in-home consultation: 855-836-2250. (mcn)

NEED NEW FLOORING? Call Empire Today® to schedule a FREE in-home estimate on Carpeting & Flooring. Call Today! 844-785-0305 (mcn)

Never clean your gutters again! Affordable, professionally installed gutter guards protect your gutters and home from debris and leaves forever! For a FREE Quote call: 877-761-1449 (mcn)

The Generac PWRcell, a solar plus battery storage system. SAVE money, reduce your reliance on the grid, prepare for power outages and power your home. Full installation services available. \$0 Down Financing Option. Request a FREE, no obligation, quote today. Call 1-877-381-3059. (mcn)

Prepare for power outages today with a GENERAC home standby generator. \$0 Money Down + Low Monthly Payment Options. Request a FREE Quote. Call now before the next power outage: 1-877-228-5789 (mcn)

Eliminate gutter cleaning forever! LeafFilter, the most advanced debris-blocking gutter protection. Schedule a FREE LeafFilter estimate today. 15% off Entire Purchase. 10% Senior & Military Discounts. Call 1-855-577-1268. Promo Code 285. (mcn)

Safe Step. North America's #1 Walk-In Tub. Comprehensive lifetime warranty. Top-of-the-line installation and service. Now featuring our FREE shower package and \$1600 Off for a limited time! Call today! Financing available. Call Safe Step 1-844-290-5083. (mcn)

PROTECT YOUR HOME from pests safely and affordably. Pest, rodent, termite and mosquito control. Call for a

quote or inspection today 844-949-4528 (mcn)

Vivint. Smart security. Professionally installed. One connected system for total peace of mind. FREE professional installation! Four FREE months of monitoring! Call now to customize your system. 1-855-962-5554(mcn)

Become a Published Author. We want to Read Your Book! Dorrance Publishing-Trusted by Authors Since 1920. Book manuscript submissions currently being reviewed. Comprehensive Services: Consultation, Production, Promotion and Distribution. Call for Your Free Author's Guide 1-877-516-0706 or visit dorranceinfo.com/Midwest (mcn)

PETS/PUPPIES FOR SALE

PUPPIES FOR SALE: Mini Bernedoodles, ready now, nice markings, mostly tri-color, first come first serve \$200 OBO. 8 to choose from. Also, Australian Shepherd females, come take a look. 20870 Sunnydale Road, Platteville, WI 53818. (mcn)

WANT TO BUY

PAYING TOP CASH FOR MEN'S SPORT WATCHES! Rolex, Breitling, Omega, Patek Philippe, Heuer, Daytona, GMT, Submariner, Speedmaster.. Call: 866-314-9742. (mcn)

TOP CASH PAID FOR OLD GUITARS! 1920-1980 Gibson, Martin, Fender, Gretsch, Epiphone, Guild, Mosrite, Rickenbacker, Prairie State, D'Angelico, Stromberg. And Gibson Mandolins / Banjos. 866-470-1643. (mcn)

All Military Items Wanted: WW1, WW2, Korea, Vietnam. Medals, knives, helmets, daggers, uniforms, all items wanted. Single items or collections. Paying cash. 563-581-9568. (mcn)

HEALTH & FITNESS

VIAGRA and CIALIS USERS! 50 Generic Pills SPECIAL \$99.00. 100% guaranteed. 24/7 CALL NOW! 888-445-5928 Hablamos Español (ACP)

Dental insurance - Physicians Mutual Insurance Company. Covers 350 procedures. Real insurance - not a discount plan. Get your free dental info kit! 1-855-526-1060 www.dental50plus.com/ads #6258 (ACP)

Attention oxygen therapy users! Inogen One G4 is capable of full 24/7 oxygen delivery. Only 2.8 pounds. Free info kit. Call 877-929-9587 (ACP)

MISCELLANEOUS

Prepare for power outages today with a GENERAC home standby generator \$0 Down + Low Monthly Pmt Request a free Quote. Call before the next power outage: 1-855-948-6176 (ACP)

Eliminate gutter cleaning forever! LeafFilter, the most advanced debris-blocking gutter protection. Schedule free LeafFilter estimate today. 15% off Entire Purchase. 10% Senior & Military Discounts. Call 1-833-610-1936 (ACP)

AT&T Internet. Starting at \$40/month w/12-mo agmt. 1 TB of data/mo. Ask how to bundle & SAVE! Geo & svc restrictions apply. 1-855-364-3948 (ACP)

BATH & SHOWER UPDATES in as little as ONE DAY! Affordable prices - No payments for 18 months! Lifetime warranty & professional installs. Senior & Military Discounts available. Call: 855-761-1725 (ACP)

Donate Your Car to Veterans Today! Help and Support our Veterans. Fast - FREE pick up. 100% tax deductible. Call 1-800-245-0398 (ACP)

HughesNet - Finally, super-fast internet no matter where you live. 25 Mbps just \$59.99/mo! Unlimited Data is Here. Stream Video. Bundle TV & Internet. Free Installation. Call 866-499-0141 (ACP)

!!OLD GUITARS WANTED!! GIBSON, FENDER, MARTIN, Etc. 1930's to 1980's. TOP DOLLAR PAID. CALL TOLL FREE 1-866-433-8277 (ACP)

Become a published author. We want to read your book! Dorrance Publishing trusted since 1920. Consultation, production, promotion & distribution. Call for free author's guide 1-877-729-4998 or visit dorranceinfo.com/ads (ACP)

Paying top cash for men's sport-watches! Rolex, Breitling, Omega, Patek Philippe, Heuer, Daytona, GMT, Submariner and Speedmaster. Call 833-603-3236 (ACP)

Put on your TV Ears & hear TV w/ unmatched clarity. TV Ears Original - originally \$129.95 - now w/this special offer only \$59.95 w/code MCB59! 1-888-805-0840 (ACP)

Aloe Care Health medical alert system. Most advanced medical alert product on the market. Voice-activated! No wi-fi needed! Special offer w/code CARE20 for \$20 off Mobile Companion. 1-855-341-5862 (ACP)

DISH TV \$64.99 For 190 Channels + \$14.95 High Speed Internet. Free Installation, Smart HD DVR Included, Free Voice Remote. Some restrictions apply. Promo Expires 1/21/23. 1-866-479-1516 (ACP)

The Generac PWRcell solar plus battery storage system. Save money, reduce reliance on grid, prepare for outages & power your home. Full installation services. \$0 down financing option. Request free no obligation quote. 1-877-539-0299 (ACP)

Vivint. Smart security. Professionally installed. One connected system for total peace of mind. Free professional installation! Four free months of monitoring! Call to customize your system. 1-833-841-0737 (ACP)

Safe Step. North America's #1 Walk-in tub. Comprehensive lifetime warranty. Top-of-the-line installation and service. Now featuring our free shower package & \$1600 off - limited time! Financing available. 1-855-417-1306 (ACP)

Protect your home from pests safely and affordably. Pest, rodent, termite and mosquito control. Call for a quote or inspection today 844-394-9278 (ACP)

Discount air travel. Call Flight Services for best pricing on domestic & international flights inside & from the US. Serving United, Delta, American & Southwest & many more. Free quote! Have travel dates ready! 844-951-2014 (ACP)



ima-
ges
un-
bound

DES
MOINES
ART
CENTER

THROUGH SEPTEMBER 25, 2022

MORE INFO: desmoinesartcenter.org

SUPPORT FOR THIS EXHIBITION PROVIDED BY The Harriet S. and J. Locke Macomber Art Center Fund

VOTED BEST LOCAL SENIOR LIVING COMMUNITY

5

STRAIGHT YEARS!

VOTE NOW AND HELP US WIN OUR **SIXTH STRAIGHT.**



A Tradition of Senior Living Excellence in:
**INDEPENDENT LIVING • ASSISTED LIVING
CLOSER CARE • MEMORY CARE**



Jay Mathes
GREEN MEADOWS
6750 Corporate Dr,
Johnston
welcomegm@edencrestliving.com
515-204-7467



Shawn Kinnison
SIENA HILLS | **LEGACY**
451 SW Ankeny Rd, | 2901 Cedar St,
Ankeny | Norwalk
welcomesh@edencrestliving.com
515-313-3814



Nathan Deutmeyer
TUSCANY
1600 8th St SE,
Altoona
welcometuscany@edencrestliving.com
515-305-1390



Susan Babcock
BEAVERDALE | **RIVERWOODS**
3410 Beaver Ave, | 2210 E Park Ave,
Des Moines | Des Moines
welcomebd@edencrestliving.com
515-250-3052



Edencrest™

™ INDEPENDENT, ASSISTED LIVING, CLOSER CARE & MEMORY CARE

**INDEPENDENT LIVING • ASSISTED LIVING
CLOSER CARE • MEMORY CARE**



WWW.EDENCRESTLIVING.COM